



Practice your home fire escape at least twice

Practice your home fire escape at least twice a year at different times of the day and night.

Anytime a smoke alarm sounds is a good time to practice, even if smoke from the oven or steam from the shower sets off the alarm. Everyone should get used to reacting in the same way whenever they hear those three beeps.

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PREPARE

- Install a smoke alarm on every level of the home including the basement, outside sleeping areas, and in each bedroom.
- Make sure everyone in the home knows the sounds of the alarm and what it means when they hear the three beeps.
- Walk through the home and inspect all possible exits and escape routes. Make sure all doors and windows that lead to the outside open easily.
- Make sure street numbers outside your home can be seen both day and night.
- Create a routine of ensuring that escape routes are clear of tripping hazards or potential obstacles before going to sleep each night.
- Sleeping with the door closed may slow the spread of smoke, heat, and fire.

Fire can spread quickly, leaving as little as two minutes to get out safely once the smoke alarm sounds. Knowing the plan, being prepared, and practicing a home fire escape consistently can save lives in the event of a fire.

CREATE A HOME FIRE ESCAPE PLAN

- Involve all members of the home.
- Draw a map of each level of the home showing all doors and windows.
- When possible, identify two ways out of every room and two ways out of your home.
- Teach children to escape on their own in case an adult cannot get to them. Make sure they can open windows, remove screens, and unlock doors.
- Make a plan for everyone in the home, including those who are unable to exit on their own, including babies and individuals with disabilities.
- Identify an outside meeting place in the front of the home at a safe distance; something permanent, like a tree or mailbox. Make sure everyone knows where the meeting place is and to go there if they hear the smoke alarm.
- Ensure that everyone knows how to call 9-1-1 from a mobile phone or trusted neighbor's phone and that they know the address of the home.

PRACTICE THE HOME FIRE ESCAPE DRILL

- Push the smoke alarm to start the drill.
- Encourage everyone to get low, under smoke, and get out as quickly as possible.
- Try to get everyone out of the home in two minutes or less. Consider having a timer available to see how long it takes to escape.
- Practice using different ways out.
- Remind everyone to close doors behind them as they leave.
- Go to the outside meeting place.
- In the event of an actual fire, remember to get out quickly and stay out. Never go back inside for people, pets, or things.