January 2025 Pediatric Emergency Care Coordinator Newsletter



The Shift That Never Ended: Stories of Resilience

<u>The Shift That Never Ended: Stories of Resilience</u> is a 50-minute documentary film produced by the FBI that sheds light on the importance of wellness and resiliency among responders in the aftermath of a critical incident.

The film delves into the emotional and psychological struggles faced by law enforcement, fire and emergency medical services personnel, dispatchers, and victim specialists who risk their well-being to save others. Through personal stories and insights, the documentary explores the impact of cumulative trauma, post-traumatic stress disorder, and compassion fatigue on responders and their need for peer support, mental health resources, and organizational support. Note: Video contains explicit language.

Get support: https://www.samhsa.gov/find-help/disasters

Prehospital Critical Care Trauma Education Series

Education sessions are free, virtual, and scheduled monthly through the end of 2025. Sessions occur on third Thursdays starting at 1900. Registration is required and links will be posted: <u>Here</u>

Post-Crash Care for Children Infographic

The National Highway Traffic Safety Administration (NHTSA) has published a new <u>Post-Crash Care for Children</u> infographic. It communicates the problem of death and serious injury on our streets and highways, as well as specific countermeasures EMS and highway safety professionals can use as they work together to reduce these numbers.

For more information, visit NHTSA's Office of EMS: https://www.ems.gov/issues/ems-highway-safety-and-post-crash-care/

EMS Resources

- <u>2021 National EMS Education</u> <u>Standards</u>
- 2021 National Guidelines for Field
 Triage of Injured Patients
- EMSC Website: Prehospital PECC Resources | Free Training & Equipment
- EMS Resource Toolkit: Training, funding, equipment, recruitment, etc.
- Manage Stress: <u>Training</u> & <u>Guide</u>

- Master Your Medics webinars
- National Association of EMS Educators webinars
- Oregon EMS Psychomotor Skills Lab Manual
- Pediatric Prehospital Care podcasts
- Prehospital Emergency Care
 Coordinator Resources: Right Call
 Cards
- Responding to Children in Crisis

Available Upon Request

Pediatric Patient Care Resource Sheets: heavy-duty laminated resource sheets with resuscitation, burn, vital signs, GCS, APGAR, and SpO₂ patient care information. Includes Velcro strips so have the option to attach to interior of emergency vehicles. Contact the EMSC Program, rachel.l.ford@oha.oregon.gov