

Waalidiinta, ha u oggolaanina in ilmahiina laga tago!

Sanad Dugsiyeedka 2025-2026



Sharciga Oregon ayaa u baahan irbadaha/tallaalada soo socda ee loogu talagalay dugsiya iyo qayb qaadashada daryeelka carruurta*

Ilme da'diisu tahay 2-17 oo gelaya
Daryeelka Carruurta ama
Waxbarashada Hore
baahi u qaba*

Kala xiriir barmaamijka ilmahaaga ama daryeel caafimaad bixiyahaaga tallaalada loo baahan yahay

Ilme da'diisu tahay 18 ama ka weyn oo gelaya **Dugsiya hortii,**
Daryeelka Carruurta, ama
Head Start baahi u qaba*

4 Diphtheria/Tetanus/Pertussis (DTaP)
3 Dabaysha 'Polio'
1 Varicella (busbuska)
1 Jadeecada/Qaamo-qashiirka/Jadeeco Jarmalka 'Rubella' (MMR)
3 Cagaarshowga B
2 Cagaarshowga A
3 ama 4 Hib

Ardayga gelaya
Kindergarten ama
Fasallada 1-6 baahi u qaba*

5 Diphtheria/Tetanus/Pertussis (DTaP)
4 Dabaysha 'Polio'
1 Varicella (busbuska)
2 MMR ama 2 Jadeecada 1 Qaamo-qashiirka, 1 /Jadeeco Jarmalka 'Rubella'
3 Cagaarshowga B
2 Cagaarshowga A

Ardayga gelaya
Fasallada 7-12 baahi u qaba*

5 Diphtheria/Tetanus/Pertussis (DTaP)
1 Tdap
4 Dabaysha 'Polio'
1 Varicella (busbuska)
2 MMR ama 2 Jadeecada 1 Qaamo-qashiirka, 1 /Jadeeco Jarmalka 'Rubella'
3 Cagaarshowga B
2 Cagaarshowga A

*Da' kasta iyo heerarka fasal oo dhan, tirada qiyaasta daawadu 'doses' way kala duwan tahay marka la eego da'da ilmaha iyo muddada hore la isku soo tallaalay. Tallaalo kale ayaa la iskula talin karaa. Iska reebitaan/dhaafitaan ayaa sidoo kale la helayaa. Kala xiriir dugsiya ilmahaaga, daryeelka carruurta ama daryeel caafimaad bixiyaha wixii faahfaahinta.