



SERV-OR Bulletin October 2024



Reflecting on National Preparedness Month

In this issue

- | 2024 Volunteer Activity
- | Trusted Resources
- News You Can Use
- <u>Training Opportunities Virtual and In-Person</u>
- Volunteer and Job Opportunities

| 2024 Volunteer Activity

Unit	Hours	Deployed Volunteers	Value of Service
State Managed Volunteer Pool	1291	82	\$33,827.35
Medical Reserve Corps	4030.25	927*	182,477.17
Total Oregon	2,583	691*	\$216,304.52

^{*}Contains duplicative counts of some members who deployed multiple times.

Trusted Resources

- Seasonal Climate Forecast | October December 2024
- 8 Ways People with Disabilities Can Become More Disaster Resilient
- OHSU Emergency Preparedness for People With Developmental Disabilities
- Disaster Information for People with Disabilities

- Sign up for Oregon Public Alerts
- OHSU Environmental Exposure page
- Personal Preparedness for Emergencies
- Track Oregon Wildfire Maps, Warnings, and Recovery Resources
- ASPR TRACIE | Healthcare Preparedness Gateway
- Oregon Department of Human Services (ODHS) Resources and Support Services in Oregon
- ODHS Office of Resilience and Emergency Management (OREM) Resources
- Oregon Department of Emergency Management Training Calendar and Resources

News You Can Use

Reflections and Resources from National Preparedness Month

Communities are most resilient when the whole community is included in preparedness activities.

Preparedness means different things to different people. Whatever your situation, or known hazards, you can start preparing by considering what disruptions to daily living and the system and services on which you depend could most affect you and those you care about.

Consider the specific needs of the people and pets in your household. And finally, consider what you can do to help others in your community take the necessary actions towards their own preparedness.

Make a Plan to Prepare

Preparedness Plan for Oregonians

What to take during an evacuation

When Disaster Strikes: What to Put in Your Medication Go Bag (Consumer Reports)

Safe Medication Use After a Natural Disaster (FDA)

Lewis and Clark: Shaking Up Disaster Preparedness with Video Games

Preparedness and People with Disabilities

CDC tools available to help practitioners address social determinants of health (CDC)

At-Risk Individuals with Access and Functional Needs

Pacific ADA Center Emergency Preparedness

Drexel National Resource Ctr. on Advancing Emergency Preparedness for Culturally Diverse

Communities

HHS Cultural and Linguistic Competency

OHSU University Center of Excellence for Developmental Disabilities

Ready.gov: People with Disabilities (FEMA)

ADA.gov: Emergency Planning (U.S. Department of Justice)

Access and Functional Needs Toolkit: (Centers for Disease Control and Prevention)

Emergency Preparedness and Disability Inclusion (CDC Video)

Topic Collection: Access and Functional Needs (ASPR-TRACIE)

emPOWER Map: Medicare At-Risk Populations by Geography

Click here to read more.



Winter Prep - Part 1

In this issue, we are focusing on actions that require significant preparation time and may incur higher costs.

There are many ways to help your community be better prepared for inclement weather and disasters. You can start by getting to know your neighbors. Learn how you might help each other and what you each might need if severe weather or another disaster happens in your neighborhood.

Checklist to prepare your home for winter:

- Insulate walls and attic.
- Caulk and weather-strip doors and windows.
- Install storm windows or cover windows with plastic from the inside.
- Insulate any water lines that run along outer walls (water will be less likely to freeze).
- Service snow-removal equipment.
- Have chimney and flue inspected.
- Install easy-to-read outdoor thermometer.
- Learn where your <u>water shut-off valve</u> is and how to use it so you can respond quickly if your pipes break during cold weather.
- Disconnect hoses from outdoor faucets. Turn off water to outdoor faucets (if you have a separate outdoor shut-off valve) or wrap outside faucets and hose bibs with insulation. Use molded-foam insulating covers (available at most hardware stores) or newspaper or rags covered with plastic wrap.
- Caulk around pipes where they enter the home.
- Close all foundation vents and fill vent openings with wood or foam blocks.
- Insulate pipes in unheated areas, such as attics, crawl spaces, and basements.
- If you leave home for several days, put your furnace on a low setting instead of turning it off. This may not prevent freezing pipes, but it can help.

• Start building your emergency water supply in case your water service is interrupted by frozen or burst pipes. Learn how to store emergency water.

To prepare your car for winter, be sure to check the following:

Click here to read more.

Story of Service:

Introducing the new Planning Chief for Oregon's Health Security, Preparedness and Response (HSPR) Program – Danielle Brown, MPA



Written by Rachell Berry

The Health Security, Preparedness and Response (HSPR) program at the Oregon Health Authority is delighted to welcome Danielle Brown, MPA as the new HSPR Planning Chief. As the Planning Chief for HSPR, Danielle takes on a leading role in state-level planning for hazard mitigation, emergency preparedness, disaster response, and recovery for state and local public health departments, hospitals and health care systems and communities in Oregon. In this work, she will ensure the integration and preparedness of core public health programs such as acute and communicable diseases, state public health laboratory services, drinking water, environmental public health, immunizations, and even wider collaboration with other state agencies. This position oversees the work of OHA's Public Health Preparedness Planning Team, including SERV-OR and the MRC State Program Office. "I'm excited to help remove barriers for staff to get their work done," she shares. "I'm also excited to be in leadership conversations where we talk about problems and identify solutions."

Danielle first joined OHA's HSPR team as an AmeriCorps VISTA member in the 2012-2013 cohort. Her service year supported both Washington and Clackamas Counties to develop and manage their MRC units as the MRC Volunteer Coordinator. After her service year, Danielle attended Portland State University, earning her Master of Public Administration with special focus in health administration. In 2016, Danielle re-joined the HSPR team an Administrative Specialist. However, many partners and colleagues might recognize Danielle from her time as the VISTA Project & Training Coordinator, a role she held from 2016-2022. After six years of growing and strengthening OHA's VISTA program, she accepted the role of Public Health Emergency Preparedness (PHEP) Regional Emergency Coordinator (REC) supporting nine northwest counties in Oregon (Clackamas, Clatsop, Columbia, Marion, Multnomah, Polk, Tillamook, Washington, and Yamhill). In her time with HSPR, Danielle became qualified to staff the agency's role as

a Planning Section Chief during many state-level emergency responses, including the COVID-19 pandemic, the <u>2024 Portland Fentanyl Emergency</u>, <u>2018 Salem cyanotoxins drinking water emergency</u>, and the <u>2019 measles outbreak</u>, among others incidents. Danielle credits these challenging experiences with helping her learn, grow, and prepare for the role of HSPR Planning Chief.

Click here to read more.

Northwest MRCs Collaborate to Support Riders at the 2024 Seattle to Portland Bike Ride

Written by Alex Drungil from contributions by Jessica Kosydar and Nancy Flores-Sanchez

On July 13th and 14th, the Washington and Columbia County Medical Reserve Corps (MRC) units played a crucial role in supporting the Seattle to Portland Bicycle Classic. This year, for the first time, a dedicated first aid tent was stationed at milepost 188, just outside Scappoose, Oregon.

With temperatures soaring into the high 90s, the extreme heat posed a significant challenge for cyclists, spectators, and event personnel. The small and dedicated MRC team, consisting of a paramedic, two registered nurses, and the county's two MRC Unit Coordinators focused on helping cyclists cool down and stay hydrated. In addition to basic first aid, MRC responders provided cooling towels, ice water with electrolytes, and a misting machine to stave off heat injuries.

Over the two days, close to 40 cyclists received direct medical attention because of this effort, and many more were helped through supportive and preventive care. Columbia County provided cooling centers to riders and spectators by using misting fans and cooling vests to help riders recover from the intense conditions.

Two standout cases involved cyclists on the verge of heat exhaustion. A female rider, who suffering from dizziness and an elevated heart rate, recovered after an hour in the cooling center and was able to continue the ride. A male rider with low oxygen levels and an elevated heart rate spent two hours recovering under the team's care, eventually regaining the strength to finish the event.

The MRC's efforts were widely appreciated, with many riders even taking to social media to express their gratitude publicly. Looking ahead, the MRC teams aim to prepare even more extensively for next year to ensure cyclists have the support they need to complete the ride safely.







Lane County Receives \$19 million dollars from EPA Climate Resilience Grant!



Written by Rachell Berry in collaboration with Cayetana Gomez de Soler

Lane County has been awarded \$19 million dollars in Community Change Grant Climate funding from the Environmental Protection Agency. These funds will primarily go towards improving existing buildings to create "community resilience hubs" in six disaster-vulnerable areas across the county, the Senior and Activities Center in Florence, the Fern Ridge Service Center in

Veneta, the Fairfield Elementary School Gym in Eugene, the Bob Keefer Center in Springfield, the Willamette Activity Center in Oakridge and the Community Center and Library in Cottage Grove. These new hubs, stocked with emergency supplies, will serve as shelter and clean air spaces for community members during extreme heat or smoke events. Lane County is also partnering with United Way to distribute over \$1 million in a competitive funding opportunity for organizations working on climate resilience initiatives within those same communities. Lane County Public Health will lead several programmatic efforts over three years with this funding. Cayetana Gomez de Soler with Lane County Public Health said, "We will expand the local Public Health Reserve Corps (PHRC) into these 6 resilience hubs and build localized Medical Reserve Corps (MRC) groups that can deploy individually if needed or [communities are] cut off from the rest of the county." The PHRC will focus on providing blue-skies emergency preparedness education to disaster-vulnerable community members as well as engage in active recruitment efforts within these communities to build a robust, diverse volunteer corps that is representative of the communities they are serving.

Since the creation of the local MRC unit, one of the primary objectives has been to establish PHRC groups in areas of the county that are vulnerable to disasters. Due to resource constraints, the volunteer corps has thus far been centralized in Eugene. However, with the support of the Community Change Grant, they are now able to utilize the six resilience hub locations for the recruitment, training, and development of new PHRC volunteers. These hubs will not only function as bases for local PHRC involvement but will also serve as shelter and respite locations that volunteers can support during activations. Gomez de Soler stated, "The funding will enable us to equip each resilience hub with necessary supplies and equipment, ensuring that these areas of the county and the volunteers serving them have continuous access to essential resources."

Congratulations to the Lane County Public Health Department and the Lane County Public Health Reserve Corps!

Additional source: **KLCC News**

Training for the Future in Cannon Beach

Written by Gabriella Korosi, MN, RN, Cannon Beach MRC Member

Cannon Beach Medical
Reserve Corps (CBMRC) has
held many wonderful and
valuable training sessions in the
past few months. Our
leadership team met on August
10th to discuss upcoming
trainings. There was a Tent
and Registration Exercise on
Saturday, August 24th at our
TANGO site where the
following actions were
completed: There was a



practice to set up the tents, registering participants and their pets utilizing a registration form and MRC registration procedures. After completing the registration form, volunteers practiced attaching a wrist band ID number to the person, the client treatment form, registration form, and distributing a pet collar, any supplies. Also invited to the training were members of Community Emergency Response Team (CERT). This volunteer group transported four triaged victims to the respective Red, Yellow and Green treatment areas. The MRC members treated victims and documented them on the Triage and Treatment forms. Finally, using best practices for any emergency exercise, the whole group conducted an After-Action Review. On September 14th there was a Pet Person Table-Top Exercise conducted via a Zoom session to practice multiple scenarios. The intention of these quarterly trainings allow volunteers to discuss health concerns and warning signs to look for in both pet and human patients, develop a treatment plan, to decide if any additional supplies or medications are needed from the MRC cache site, and of course, make note of medical cache shortages that need resupply.

Upcoming training next month: Wilderness Medicine Training on October 26th.

Recruiting Leaders Statewide for the SERV-OR Advanced Team



In 2022, the SERV-OR's State
Managed Volunteer Pool (SMVP)
launched the first ever pilot of the
Advanced Team (A-Team). This group,
formerly known as the Volunteer
Incident Command Corps, spearheaded
the pilot in pursuit of developing
volunteer leadership units across the
state. Our pilot launched in Southwest
Oregon counties, also known as
Regions 3 & 5 of Oregon's Hospital
Preparedness Regions. The purpose of

the SERV-OR Advanced Team is to de-centralize volunteer coordination of SMVP deployments by developing local leader-type volunteers, using Incident Command System (ICS) principals, who can provide on-the-ground leadership, volunteer coordination, mission wrap-around support, situational awareness, and to generally improve Oregon Health Authority's (OHA) ability to serve community and deployed personnel. The vision for the Advanced Team is to be a network of well-coordinated, regionally appointed cadres of trained volunteer leaders who are capable of sustaining the program's growth, integrating into the OHA's local and regional response structure, and providing direct leadership to

deployed medical volunteers during emergency response. The leadership units are designed to improve OHA's span of control and situational awareness during emergencies as well as bolster and maintain member engagement outside of emergency response.

Are you interested in getting involved with the Advanced Team pilot in your area? Fill out the Advanced Team Interest Form today!

One of the original Advanced Team members, Nancie Bogardus, RN, had this to stay about her experience, "I was excited to learn about the opportunity to join [SERV-OR] when I first moved to Roseburg a few years ago. I had been very active as an RN in one of the Idaho Medical Reserve Corps (MRC) units. When I moved to Oregon, I signed up to be a SERV-OR member. That's how I learned about the pilot project. Douglas County does not have an MRC and I thought this pilot project would be a good way to get involved and give back to my community. I fit the criteria of being in a health-related profession with an active license. I'm confident that this project will be a great resource to the Oregon Health Authority when it becomes a statewide program."

Another volunteer, Dr. Frances C. Munkenbeck, MD, says, "This year during the January ice storm while volunteering for a warming shelter I realized we as a state are not prepared yet for various emergencies. I feel the A-Team will help reach that goal."

After a careful and cautious roll out of the Advanced Team in SW Oregon, we are very excited to announce the statewide launch and recruitment effort! We are ready to take our program to Phase 2 of our pilot and engage more SMVP volunteers to develop regional A-Team Units in each of the hospital preparedness regions across Oregon. This is a wonderful opportunity for healthcare professionals to get involved in their community, engage with other public health, healthcare, and preparedness professionals in your area and throughout the state. We hope to dedicate time and resources to train and develop A-Team individuals develop or enhance leadership skills, build partnerships with local response organizations, and to rapidly activate for state and local emergencies. If you are a healthcare professional interested in getting more involved with this emerging team, LET US KNOW!

Complete this short form to receive an invitation to an upcoming information session SERV-OR Advanced Team Interest Form!



Pictured: Southwest Oregon Pilot Program Team Members (June 2023)

Training Opportunities - Virtual and In-Person

Interactive Web Based Courses

Oct. 7 - 18: Introduction to Social Security disability benefit programs with the National Training and Data Center. The National Training and Data Center (NTDC) is offering a free Introductory web course to provide a basic introduction to the Social Security disability benefit programs (SSI and

SSDI) and their associated work incentives as an overview of work incentives planning. The target audience includes community partners who provide employment services. This two-week course consists of six one-hour lessons. Visit the calendar to see other dates the course will be offered.

Register for Intro to Social Security Disability Benefits

ODHS - VR - Job Placement Services Contract Training (JPSCT) Contract Overview: Provides information on applying the contract and the required forms or procedures. Required for service providers who work in contract administration and job developers. Upcoming sessions: Oct. 8 and 22, Nov 13 and 19 and Dec. 10 and 17

<u>ODHS - VR - Job Placement Services Contract Training (JPSCT) Direct Services</u>: This course provides skill development for job developers and job coaches. Required for service providers who work directly with participants, job coaches and job developers. Upcoming sessions: Oct. 10 and 24, Nov. 14 and 21, and Dec. 12 and 19

Oct. 16 | 12 noon to 1:30 p.m. Navigating Challenging Conversations (Part 2)

Join presenters from Cornell University in this second of a two-part series on engaging in conversations with colleagues, partners and employers around challenging topics that can come up throughout the vocational rehabilitation and employment process, such as differing values and political views, microaggressions, and power differentials.

Register for Navigating Challenging Conversations - Part 2

Oct. 21-25: MGT-323 Instructor Development Workshop (Virtual). Click here to register.

Oct. 23: Webinar: Health Equity in Emergency Preparedness and Response. Register in advance

Nov. 19 | 9 to 10 a.m. — Provider Matters with VR (Vocational Rehabilitation) and OCB (Oregon Commission for the Blind). This event is a Community of Practice (CoP) specifically for contracted providers of VR and OCB. This virtual, drop-in style collaboration is to connect you with the workforce teams of VR and OCB in your area. Let's meet, share successes, discuss business engagement strategies, and build community. No registration required. Follow this CoP meeting link that works for all CoP meetings.

ICS- 100: Introduction to the Incident Command System (Click Here)

This training provides an overview of the Incident Command System and provides the foundation for high level ICS training. This course describes the history, features and principles, and organizational structure of the Incident Command System. It also explains the relationship between ICS and the National Incident Management System (NIMS)

ICS-700: Intermediate ICS for Expanding Incidents (Click here) Online, self-paced!

This training provides overview of the National Incident Management System (NIMS). The National Incident Management System defines the comprehensive approach guiding the whole community – all levels of government, nongovernmental organizations (NGO, and private sector- to work together seamlessly to prevent, protect against, mitigate, respond to, and recover from the effects of incidents. The course provides learners with a basic understanding of NIMS concepts, principles, and components

In-Person Training

IMMEDIATE POST-DISASTER EMOTIONAL ASSISTANCE (IDEA)

Coos County - Coos Bay. Lunch provided!

Link to register: https://forms.office.com/g/fJff2HjHeS Standard Course: Tuesday, October 15, 8:00 - 5:00 pm Train-the-Trainer: Thursday, October 17, 8:00 - 5:00 pm

Linn County - Albany. Lunch provided!

Link to register: https://forms.office.com/g/Z2GVa5GjX1

Standard Course: Tuesday, **November 5**, 8:00 - 5:00 pm Train-the-Trainer: Thursday, **November 7**, 8:00 - 5:00 pm

ICS 400: Advanced ICS Command and General Staff- Complex Incidents (Click here)

October 15-16, 2024 from 8am-5pm in Wilsonville, OR (Sign up here)

Wilderness First Aid for the Layperson. Click here to register.

Portland State Office Building. Doors at 8am Friday, **October 25** · 8:30am - 12:30pm

November 12-14 | PER-275: Law Enforcement Active Shooter Emergency Response (Astoria, OR) Click here to register (Access Code: NCBRT275).

November 19-21 | ICS 300, Eugene Springfield Fire (\$75 registration fee). Click here to register.

For more training opportunities, visit these

OHA's Health Security Training Calendar

Oregon Department of Emergency Management Training Page

<u>SERV-OR Training page</u> for the foundational training series for Disaster Medicine and Public Health Core Competencies

| Volunteer and Job Opportunities

October is National Disability Employment Awareness Month (NDEAM).

A series of virtual webinars are from 12 noon to 1 p.m. Pacific Time Tuesdays in October. Session dates and topics are:

- Oct. 15 Stop and Learn for Business: Going beyond bias to achieve good jobs for all
- Oct. 22 Beyond the classroom: Career paths for students with disabilities
- Oct 29 Good jobs for all with Vocational Rehabilitation, presented by AbleNet

You do not need to register to attend. Click on this Zoom link for event dates.

Volunteer as a Moulage Artist with Cascadia Moulage!

Are you interested in learning skills in moulage artistry for emergency healthcare trainings and exercises? Cascadia Moulage is training new volunteers email Cascadia.moulage@gmail.com to get involved in upcoming training and events in October and November.

- OHA Board and Commission Member Opportunities (multiple listed)
- Become an **American Red Cross** Mental Health Volunteer <u>here</u>
- All Healthcare News Job postings here
- New job postings from **Healthcare News**
 - o Physical Therapist, Astoria, OR
 - o Occupational Therapist, Astoria, OR
 - o Family Practice Physician (MD/DO/NP/PA), Bend, OR
 - o Therapist Forensics/Outreach, Grants Pass, OR
 - o Occupational Therapist Children's Resource Team, Grants Pass, OR
 - o Clinic Medical Director, Redmond, OR
 - o Hospice Aide (CNA), Salem, OR
 - o Clinical Supervisor Forensic Services, Grants Pass, OR

- o RN Hospice Case Manager, Salem, OR
- State and County Job Opportunities
 - Medical Surge and Wildfire Planner (Operations Policy Analyst 3), Oregon Health Authority
 - o Risk Management Analyst II, Washington County
 - o <u>Emergency Management Program Coordinator 1, Marion County</u>
 - o Oregon Dept. of Human Services Volunteer (General)
 - Oregon Dept. of Human Services Inern (General)
 - Clinical positions now recruiting at Oregon Health Authority, Oregon Dept. of Corrections, and Oregon Youth Authority
 - o Public Hralth Nurse 2 Clinical Preventative Services, Marion County
 - o Traditional Health Worker, Tillamook County Public Health Clinic
 - o Health Services Operation Strategist, Polk County Health Services
 - Community Health Chief Financial Officer, Tillamook County Health and Human Svcs.
 - o Dental Hygienist (multiple Openings), Clackamas County
 - o Nurse Practitioner Jail Clinic, Josephine County
 - o Clinic/School Based Therapist, Yamhill County
 - <u>Licensed Practical Nurse, Lane County</u>
 - o Licensed Practical Nurse Bilingual, Lane County
 - o <u>Licensed Practical Nurse, Lane County</u>
 - o Medical Director Dental, Lane County
 - o Physician, Lincoln County
 - o Child Psychiatrist, Lane County
 - o Psychiatrist, Lane County
 - o Communications Officer, Crook County
 - o Public Health Nurse Program Manager Health and Human Services, Marion County
 - o Bilingual Mental Health Skills Trainer Temporary Relief/On-call, Marion County
 - o Bilingual Crisis Clinician 2 (underfill) Part-time (2 positions), Marion County
 - o Wildfire Coordinator, Wasco County
 - o Adjunct Instructor for Registered Nursing Program (Part-Time), Klamath County
 - o Public Health Nurse- Maternal Child Health, Linn County
 - Mental Health Specialist 1 CSS ENCC Exceptional Need Care Coordinator, Linn
 County
 - o Asset Management Coordinator, Clackamas County
 - Human Resources & Risk Management Director, Tillamook County

Thank you to these individuals for their contributions to this issue: Rachell Berry, Danielle Brown, Alex Drungil, Nancy Flores-Sanchez, Cayetana Gomez de Soler, Paul Kaplan, Gabriella Korosi, Jessica Kosydar, Sophie Miller-DeSart, Jeff Rubin, Karissa Rue, Stuart C Vaughters, and Mary Ellen Winterhalter.

Creating this newsletter is definitely a team effort. Grateful for this team for all their time and talents!



Mission

The mission of the State Emergency Registry of Volunteers in Oregon (SERV-OR) and Oregon's Medical Reserve Corps (MRC) network is to ensure health and well-being, educate, and protect all people in Oregon.

We will accomplish this through recruiting, registering, training, exercising, and deploying licensed volunteer health professionals to support public health initiatives, health and medical needs during public health crises, and by improving access to preparedness education and resources for all individuals and communities.

Contact Us

Badge Request | Click here to request an updated State Managed Volunteer Pool badge.

Do you have a *Story of Service*? We desire to hear it! Email your story to <u>SERV.OR@odhsoha.oregon.gov</u> so your story can be recognized and published in a future newsletter!

General questions? Email SERV.OR@odhsoha.oregon.gov

