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PROBLEM SOLVING: SUPPLEMENTATION
LEVEL 3 HANDOUT: SCENARIOS

Use the Handout, "Touchpoints for Breastfeeding Assessment," as you consider next steps in assigning food packages for breastfeeding participants in the following scenarios.

Situation #1

A new mother comes to WIC with her 5-day-old baby. She tells the CPA she is breastfeeding, but she would also like to get formula because her baby does not sleep well and is so fussy. Her mother told her she is starving her baby, and she worries she is not making enough milk.

> *What assessment areas from the handout, "Touchpoints for Breastfeeding Assessment," could be included in the CPA assessment before assigning a food package?*

> *What probing questions could help you determine more information?*

Situation #2

The mother of a 2-month-old baby calls the WIC clinic. She reports she has been exclusively breastfeeding but plans to return to work in another week. She wants to know if it would be possible to change her food package so she can start receiving formula since she knows she will probably have to wean the baby once she is back at work.

> *What assessment areas from the handout, "Touchpoints for Breastfeeding Assessment," could be included in the CPA assessment before assigning a food package?*

> *What probing questions could help you determine more information?*

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Situation #3

A mother of three children comes to WIC with her 1-month-old baby. Her other children were breastfed for around a month each. The mother reports she is breastfeeding and supplementing with an ounce or two of formula after each feeding. She says her healthcare provider told her it was okay to use formula, too, to help the baby gain sufficient weight. She is wondering if she should increase the amount of formula since the baby does not seem satisfied after feedings at the breast.

What assessment areas from the handout, "Touchpoints for Breastfeeding Assessment," could be included in the CPA assessment before assigning a food package?

What probing questions could help you determine more information?