BREASTFEEDING ASSESSMENT: PRENATAL

LEVEL 3 HANDOUT: SOCIAL SUPPORT ASSESSMENT QUESTIONS

Assessment Category	Questions	Purpose
Social Supports	Family Support: ▪ What have your family members told you about breastfeeding? ▪ Who will be supporting you with your new baby? ▪ Tell me about others you know who have breastfed that you can turn to for support. ▪ Who do you think you will turn to most for advice on caring for your baby? ▪ What do your family members tell you about breastfeeding? How important is their support to you?	Identify access to support when needed Understanding the influence of family members and level of support mom will receive and might need
	Community Support: ▪ Where do you get your greatest support in the community? ▪ How much support do you get from social media groups? ▪ Tell me about any plans to return to work or school. What kind of support will you have for breastfeeding at work or school? ▪ What do you know about your breastfeeding rights when you return to work/school?	Identifying sources of support in the community