

BREASTFEEDING ASSESSMENT: PRENATAL

LEVEL 3 HANDOUT: KNOWLEDGE ASSESSMENT QUESTIONS

Assessment Category	Questions	Purpose
Knowledge about Breastfeeding	<ul style="list-style-type: none"> ▪ What have you heard about breastfeeding? ▪ What has your healthcare provider told you about breastfeeding? ▪ Tell me about any classes or information you have read about feeding your baby. ▪ What have you learned about how to get breastfeeding off to a great start? ▪ What more do you want to know about breastfeeding? 	Identify what the mother already knows and her level of preparation
Intention to Breastfeed	<ul style="list-style-type: none"> ▪ What are your mom/partner/friends telling you about how to feed your baby? ▪ Tell me about others you have seen breastfeed before. What did you think about what you saw? ▪ What has your healthcare provider mentioned about your health concerns and breastfeeding? ▪ What are you looking forward to most about being a mom? ▪ What are some of your goals for your baby? ▪ What thoughts do you have about breastfeeding? 	Identify sources of influence in the mother's infant feeding decisions
Prior Breastfeeding Experience	<ul style="list-style-type: none"> ▪ Tell me more about your experiences breastfeeding. How did it go? ▪ Why did you decide to breastfeed before? ▪ What did you like best? What was challenging? ▪ What would you need to be successful breastfeeding this baby? 	Understand how prior experiences have shaped the mother's intentions to breastfeed