

Thank you for joining
the Local Agency WIC
Nutritionists meeting,
we will start shortly

- Please remember to keep your phone, computer on mute unless you are speaking
- As you are able, please type in your name and the names of any others attending with you today
- Diane Arnold is on call to handle any technical issues you might have
- Diane: 971-673-0081 or Diane.arnold@state.or.us



Local Agency WIC
Nutritionists
(LAWN) quarterly
meeting

May 25, 2021



A photograph of a clear glass vase filled with water, containing several stems of pink flowers. The flowers are small and numerous, arranged in dense, rounded clusters. The background is a solid, light blue color. A dark rectangular box with a white border is overlaid on the center of the image, containing the text "Local Agency Updates" in white font.

Local Agency Updates

Welcome to Oregon WIC

- Rocio Montes, Multnomah County WIC
- Lisa Hublitz, Benton County WIC



Rocio Montes, Multnomah County

- I am a newlywed Mexican American from Oakland, CA (Bay Area)
- I love to cook and bake foods with influences from all over the world
- I will complete my first year as a RD and my 4th year working with WIC families in July
- I have a strong interest in the topics of breastfeeding and infant feeding



Lisa Hublitz, Benton County

- I was employed many years in acute care including pediatrics and neonatal ICU
- I was certified in pediatric nutrition (CSP) from 2010 to 2016
- I have 2 daughters and 2 grandsons
- I have many hobbies; love creative outlets and outdoor activities. Enjoy gardening and making my own canned salsa and pesto every summer.





State Updates

- State staff news
- Training
- Pilot involving Dietitians:
Diabetes Prevention Program
- Future meetings





State staff updates: Joan Medlen, MED, RDN, LD, Training Coordinator

- Joan is a dietitian with years of experience in adult education, training and expertise in human centered design and equity
- She has been working for the state since 2013, most recently with the Office of Training, Investigation and Support (formerly the Office of Adult Abuse Prevention and Investigation)
- You might remember her from our November 2020 LAWN presentation!



State staff updates:
Cenaida Valdivia,
Outreach Coordinator

- Cenaida has over 16 years of experience working for Washington County WIC
- Cenaida is joining the State Agency while Jolene McGee is on a job rotation

State staff updates: Heather Allen

- Heather has joined our Nutrition and Local Services Team (NSLT) to help us with module development
- Heather has 20+ years in training and development and is co-founder of a small non-profit providing service animals for disabled veterans





Jessica Lee, IBCLC

- Jessica Lee has joined our team to help with the Breastfeeding Restructuring Project. She started this adventure as a WIC mom who became a Breastfeeding Peer Counselor for Berkeley WIC in 2004 and became an IBCLC 2009
- She has 17 years' experience working in public health including local WIC agencies, county and private hospitals as well as nonprofit organizations

Training updates



Workday Learning opens June 16th

- Contact joan.e.medlen@dhsoha.state.or.us



Innovations: Diabetes Prevention Program & WIC

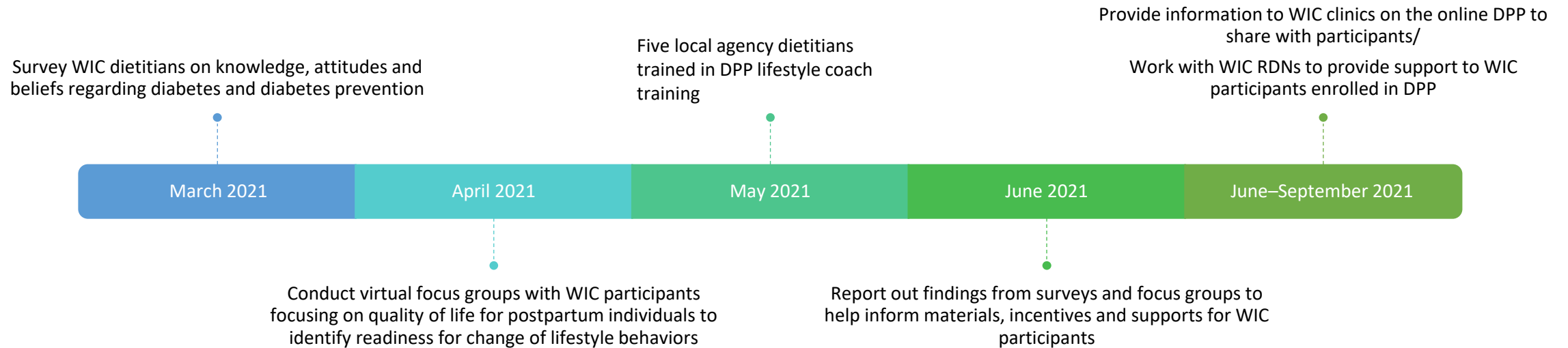
- Oregon WIC is partnering with Comagine, CDC grantee for providing National Diabetes Prevention Program (NDPP) to rural and underserved areas.
- Methods:
 - Survey WIC RDNS
 - Offer 5 WIC RDNs the DPP lifestyle coaching training
 - Conduct focus groups with WIC participants
 - Sponsor 50 slots for WIC participants to join online DPP course
 - Engage WIC RDNs trained in DPP to provide recommendations to CDC

Local agency dietitians complete DPP lifestyle coach training

- Lisa Beck, Multnomah County
- Monica Dennis, Deschutes County
- Mandy Peterson, Baker County
- Serena Stearns-Garland, Linn County
- Sherri Tobin, Josephine County



Pilot timeline





Looking ahead:

date change for our August meeting-August 31st 2-4pm

Joint meeting of dietitians and breastfeeding coordinators

Topic: Addressing feeding issues associated with tongue tie