



Thank you for joining the Local Agency WIC Nutritionists meeting, we will start shortly

- Please remember to keep your phone, computer on mute unless you are speaking
- As you are able, please type in your name and the names of any others attending with you today
- Diane Arnold is on call to handle any technical issues you might have
- Diane: 971-673-0081 or [Diane.arnold@state.or.us](mailto:Diane.arnold@state.or.us)



# Local Agency WIC Nutritionists (LAWN) quarterly meeting

February 23, 2021



# Local Agency Updates

# Welcome to Oregon WIC

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- Mariel Hensley, Klamath County WIC
- Serena Stearns-Garland, Linn County WIC
- Zednia Linares, Washington County WIC





## Mariel Hensley, MSH, RD, LD Klamath County WIC

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- I grew up in Germany and moved to the states when I was 16. My dad is American and my mom is German.
- Favorite pastimes: Running, photography and baking sourdough bread.
- I have a 4yr old daughter and 6yr old son....being in the same “season of life” as our clients helps me relate.
- I completed my internship and Masters in FL, and only moved to OR about 2.5 years ago.



# Serena Stearns-Garland, RD, Linn County WIC

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- I am a graduate of U of O (General Sciences) and OSU (Nutrition/Dietetics) and did my internship at OHSU. I am also a former physical education and health teacher for elementary age children.
- I have three children and two animal fur babies. We enjoy the outdoors and look for interesting hikes, kayaking and paddle boarding trips.
- I am an avid baker and was planning on opening up a local bakery before getting diagnosed with an autoimmune disease, where I needed to go gluten-free. Now I created a support group and plan my travel trips around the country around gluten-free eateries and bakeries.



# Zednia Linares, MS, RDN

## Washington County WIC

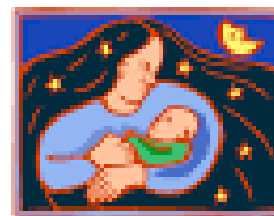
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- Completed Bachelors of Science in Nutrition at Oregon State University 2018.
- Completed my internship at the Oregon Health & Science University 2019, where I also earned a Masters of Science in Human Nutrition 2020.
- Over the last few months, I have been working with OSU Snap-Ed and Food Hero program and I have also been seeing patients for a preceptor I had during the internship providing MNT to women with Gestational Diabetes.
- I enjoy spending time with my family, hiking, gardening, and cooking.

## Nutrition Practice Care Guidelines for Preterm Infants in the Community

- 2021 revision is underway
- Local agency dietitians Ai-Lan Whitson and Monica Dennis are contributing to the revision process
- More information and opportunities for input to come
- Future LAWN topic in 2021-2022

### Nutrition Practice Care Guidelines for Preterm Infants in the Community



Developed by:  
Oregon Pediatric Nutrition Practice Group

Revised 2016



# State Updates

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- State staff news
- Training
- Hot topics
- Formula
- Innovations



# State staff on job rotations:

**Jameela Norton,  
Health Educator-Training**



**Jolene McGee,  
Health Educator-Outreach**



# State staff announcing retirements

**Kim McGee,  
Training Coordinator**



**Vernita Reyna,  
Nutrition Consultant**



**Summer 2021**

# State staff change in status: Robin Stanton

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- Robin has years of experience in WIC, mostly recently 50% WIC and 50% Maternal and Child Health (MCH),
- She is now full time in Maternal and Child Health (MCH) section,
- Continues to advocate and liaison with WIC.



# State staff change in status: Debi Barr

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- Debi has worked in Oregon WIC in various capacities for over 2 decades
- Most recently working on training modules and making the transfer from iLearn platform to WorkDay
- Moving on to new adventures summer 2021





# Training updates

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- Online training modules
  - Delay in receiving the **Hematology** and **Child Nutrition** modules from Arizona
  - Hematology available in iLearn – March 15
  - Child Nutrition available in iLearn – April
  - Updated PCS and PCE available later this year
- Food Package module will be updated with new food package information next week.
- Contact [debi.v.barr@dhsosha.state.or.us](mailto:debi.v.barr@dhsosha.state.or.us)



## Hot topic: Heavy metals in baby foods

- Information was shared in recent Situation Updates
- What have you heard?
- What questions do you have?
- How has this topic fit into staff discussions of the infant fruit/veggie benefit (FVB) in the recent in-service?



# Formula updates

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- Enfacare NeuroPro- can size change from 12.8 oz to 13.6 oz, April 2021
- KetoCal 3:1- slight formulation change in vitamin/minerals and increase in kcal, April 2021
- New Nutricia formula available in the US- Fortini. It is a ready to feed, 30 kcal/oz formula for term infants with increase energy requirements and/or fluid restrictions. We will monitor requests for this formula.



# Innovations: Diabetes Prevention Program & WIC

- Oregon WIC is partnering with Comagine, CDC grantee for providing National Diabetes Prevention Program (NDPP) to rural and underserved areas.
- Methods:
  - Survey WIC RDS
  - Offer 3 WIC RDs the DPP lifestyle coaching training
  - Conduct focus groups with WIC participants
  - Sponsor 50 slots for WIC participants to join online DPP course
  - Engage WIC RDs trained in DPP to provide recommendations to CDC



Other  
updates?

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