



Local Agency WIC Nutritionist Meeting

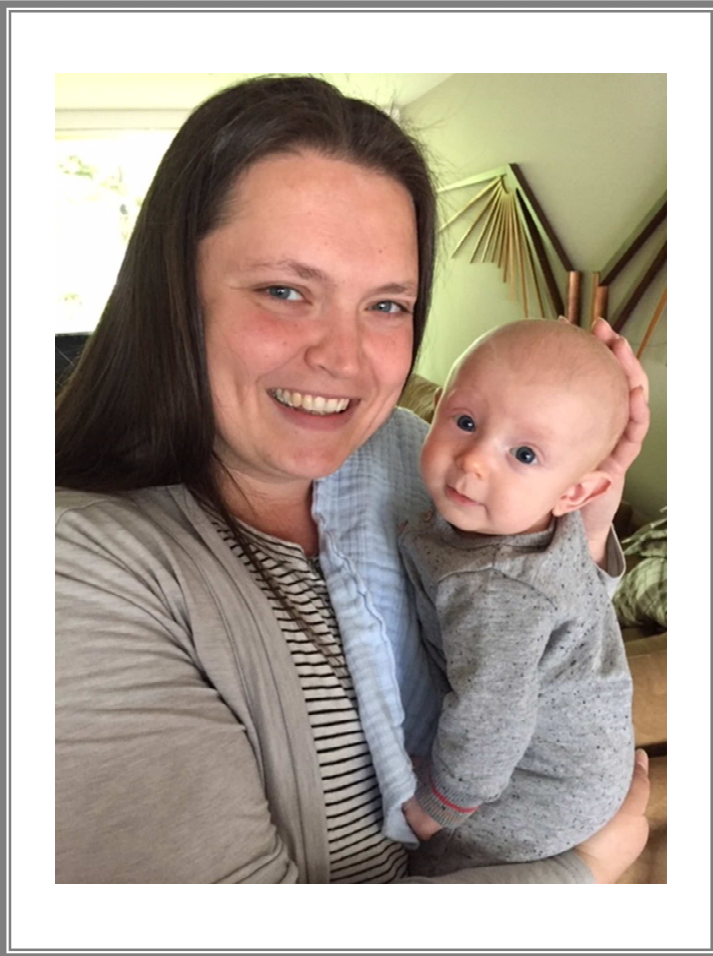
February 26, 2019

Thank you
for joining
the
February
LAWN
meeting—
we will
start
shortly

- Please remember to keep your phone, computer on mute unless you are speaking
- As you are able, please type in your name and the names of any others attending with you today
- Diane Arnold is on call to handle any technical issues you might have
- Diane: 971-673-0081 or Diane.arnold@state.or.us

Local Agency updates

- What's New?
- Staffing
- News
- Innovations
- Training



Erica Johnson, MPH, RD, LD Tillamook County WIC

- Proud aunt of an amazing nephew
- New position is 20% WIC, 80% integrated into primary care
- Past experiences in mental and digestive health
- Passionate about creating accepting, safe spaces in healthcare
- Loves being in nature, hiking and exploring



PATIENT INFORMATION | HEALTH SERVICES | ADMINISTRATION | ABOUT | NEWS & EVENTS



Welcome to Oregon WIC

- Dusty Dressler,
Confederated Tribes
of Umatilla

- Note: open positions
for WIC dietitians in
CT Warm Springs
and Lincoln County

WIC expands locations in Deschutes County and adds online application

Deschutes County's Women, Infants and Children (WIC) program is making it easier for local families to apply for and access services. The program, which serves 3,400 clients in Deschutes County, provides health and growth screenings, nutrition and breastfeeding support and education, referrals, and food benefits to qualifying families.

WIC has added new community-based locations and a new online application form for families who are looking to receive WIC services.

"Our new locations will make it easier for more families, especially those who are unable to access traditional clinic sites, to receive WIC services," said WIC Supervisor Laura Spaulding. "Clients tell us that getting to appointments can be challenging. With these new locations, we can meet them where they are already at."

WIC services are now available at the following community locations:

- Ariel Glen Apartments Community Room (By appointment)
- Healy Heights Apartments Community Room (By appointment)
- Mountain Star Family Relief Nursery Parent Nights (Walk-ins welcome)
- Head Start Parent Nights (Walk-ins welcome)

WIC services are also offered at the Deschutes County Health Services Building in Bend, the Becky Johnson Community Center in Redmond and the La Pine Community Campus in La Pine.

Potential clients can begin the application process online at www.deschutes.org/WIC. Once an applicant fills out the online form, a staff member from WIC will call to discuss next steps.

For more information, please call Deschutes County WIC at (541) 322-7400 or visit www.deschutes.org/WIC.

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Innovative Referrals

- Deschutes created an online referral form
- <https://www.deschutes.org/health/page/wic-expands-locations-deschutes-county-and-adds-online-application>

Innovative Referrals

- Clackamas created an online appointment form
- <https://www.surveymonkey.com/r/WICappointment>



State WIC Updates

- Module updates coming in March 2019:
 - Updated nutrition risk module includes a searchable risk table
 - Certifier guide
 - Revised food package (includes addition of new foods)
- Policy 661
- Formula
- Health care provider outreach
- Trainings

Nutrition risk search function

Nutrition Risk List:

- Search by risk number or words in risk name.

| diabetes |  | Sort ▾ |
|-------------|---|--|
| Risk Number |  | Risk Name |
| 302 | | Gestational Diabetes |
| 303 | | History of Gestational Diabe |
| 343 | | Diabetes Mellitus |
| 363 | | Pre-Diabetes |

Showing 4 out of 4 items (filtered from 104 total items)

- <https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/modules.aspx>

Policy update: 661

- High risk counseling
 - Need for guidelines for when participants are needing more immediate high risk follow up (e.g. within 1, 2, 3 months)
 - Requires procedure for dietitian oversight of high risk participants
 - Strengthens elements of the high risk care plan

Formula updates

- **Liquigen (Nutricia)**- emulsified MCT oil, is now available in TWIST and through the formula warehouse
- **Similac for Spit Up (Abbott)**- RTF form is no longer available
- **Reminder....**We do not provide Pediasure 1.5, if you need a higher calorie formula we offer Boost Kid Essentials 1.5



Formula Updates

- **Availability of Alimentum Ready To Feed (RTF):**
 - The 32 oz bottle is available in TWIST
 - Data shows that it has been purchased in several stores throughout the state
 - Formula warehouse only carries the 8 oz bottles

Formula updates

Coming late summer or early fall 2019:

- **19 Calorie formulas (Abbott)**- going back to 20 kcal/oz!
 - Similac Sensitive
 - Total Comfort
 - Spit Up

Health Care Provider outreach

- Informational interview was held with 3 pediatricians from OHSU and Randall Children's
- Themes:
 - Resident training
 - Communication, care coordination
 - Marketing WIC as feeding and nutrition program
 - Promoting NE materials, feeding recommendations
 - Referrals

National Diabetes Prevention Program reimbursement for OHP members

- As of January 1, 2019 Oregon Health Authority will reimburse for National Diabetes Prevention Program for individuals with prediabetes or previous gestational diabetes
- Opportunity to promote dietitians
- State WIC is working with Health Promotion and Chronic Disease Prevention (HPCDP) to identify resources, tools, opportunities

We want to hear from you!

- As part of the discovery process for workforce development, we want to hear from dietitians and IBCLCs
- A survey will be coming out this spring to get your input
- Desired outcome will be to support healthcare professionals working in WIC to be part of health systems transformation

Training opportunity: Timeliness of Postpartum Care webinar series sponsored by OHA Transformation Center

- Each session is held 12-1pm
- **Session 1** (March 21): Introduction to the Timeliness of Postpartum Care CCO incentive metric **Register here:** <https://attendee.gotowebinar.com/register/4279318343517899523>
- **Session 2** (April 4): Why postpartum care matters: Implications for health systems, clinics and patients. **Register here:** <https://attendee.gotowebinar.com/register/9068986707179915779>
- **Session 3** (April 18): Understanding and addressing barriers to postpartum care: Systems- and clinic-level strategies. **Register here:** <https://attendee.gotowebinar.com/register/6120776019670693123>
- **Sessions 4+:** Will feature innovative strategies and program models from across Oregon.
- Further information can be found here: <https://www.oregon.gov/oha/HPA/dsi-tc/Pages/Timeliness-Postpartum-Care.aspx>