

Thank you for joining the  
August 2022  
Local Agency WIC  
Nutritionists and  
Breastfeeding  
Coordinators meeting.

We will begin shortly



Local Agency WIC  
Nutritionists  
(LAWN) and  
Breastfeeding  
Coordinators  
annual meeting

August 23, 2022



# TOGETHER WE DO GREAT THINGS

National Breastfeeding Month 2022



# Leading the way

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- Multnomah County WIC co-sponsored a virtual townhall earlier this month

**YOU'RE INVITED**

## **World Breastfeeding Week Town Hall**

**THURSDAY AUGUST 4  
11:30 AM - 1:00 PM**

### **Virtual Townhall**

Get the link at [www.multco.us/health](http://www.multco.us/health)

Join Multnomah County REACH and WIC for a town hall to ignite awareness of the many ways we can all get involved in supporting lactating families in our community.



### **Guest speaker Nekisha Killings, MHP, IBCLC**

Award-winning speaker Nekisha Killings will join us to discuss the role of implicit bias in birth and breastfeeding support. Nekisha is the founder of the Melanated Mammary Atlas, a diagnostic tool to help health professionals recognize breast conditions on brown and black skin. She works to dismantle bias across various sectors and consults organizations on creating and implementing strategies to better support marginalized communities. She is a recent recipient of the U.S. Lactation Consultant Provider of Excellence Award.

# Congratulations Linn County and Washington County WIC BFPC Programs!

WIC Breastfeeding Award of Excellence  
**2022 GOLD AWARDEE**



USDA recognizes exemplary  
Breastfeeding Peer  
Counseling Programs



# Local Agency Updates



# Welcome to Oregon WIC

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- Denise Candelario, RD, Benton County
- Christine Pagano, MS, RD  
Deschutes County WIC  
Supervisor
- Jennifer Hamilton, RD,  
Multnomah County
- Robin Ashton, RD, Salud-  
Woodburn



# Denise Candelario, Benton County WIC RD and Training Coordinator

- I graduated from California State University, Chico and completed my Dietetic Internship at the Department of State Hospitals - Patton in San Bernardino, California.
- After completing my internship, I worked as a Pre-Registered Dietitian and a RD at DSH-Patton.
- I have had a passion for maternal and child nutrition since my academic career; which led to my decision to apply for a WIC RD position.
- During my time with the California WIC program, I took a 9 months Lactation Consultant course. I hope to continue my breastfeeding education and training with the Oregon WIC program.
- I share my partner's daughter, an 11-year-old, who is full of spirit and conviction. As a family, we are often found on trails or on the road looking for adventures.







## Christine Pagano, MS, RD - Deschutes County WIC Supervisor

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- Some of you may know me, formerly Christine Meier. From 2015 – 2019 I was the CT Warm Springs WIC Coordinator and from 2019 until January of this year, I was the WIC Program Manager for the Municipality of Anchorage in Alaska.
- While I was gone from Oregon the last 3 years in Alaska, I finished my online master's degree in nutrition with University of Alabama, got married, and had a kiddo (she is now 2.5 years old).
- For the last 7 months I was working with State of Alaska Division of Public Health as a Project Manager overseeing Public Health's Data Modernization Initiative. This was work not at all related to nutrition, but I gained knowledge about public health information systems and data that will hopefully be valuable serving WIC participants.
- When I am not at work, I am trying to convince my daughter, Penny to love biking, hiking, skiing, and swimming as much as I do. My all-time favorite activities are eating delicious food and riding bikes- mountain biking, road biking, even fat biking in the winter- I love it all.

# Jennifer Hamilton, RD, LD

## Multnomah County WIC

- I graduated from Western Washington University with a BA in sociology/psychology. A decade later I switched career paths and completed my BS in dietetics from San Francisco State University. I moved back to the Portland area 7 years ago for my dietetic internship through Oregon Health & Science University.
- Before joining the team at Multnomah County, I was a WIC RD in Vancouver, WA for 4 years.
- I was born in Portland, Oregon, but have lived up and down the west coast. I have enjoyed hiking out in the Gorge and beyond, trips to the coast, eating delicious food, traveling domestic and abroad, learning about people's experiences, and watching sporting events.





## Robin Ashton, RD, WIC Supervisor Salud WIC & Pacific Pediatrics

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- I graduated from Cal Poly Pomona and completed my dietetic internship at Golden Gate Dietetic Internship program.
- I have worked in School Food Service for the past eight years at several school districts and youth centers. I love working with families and giving them the tools and support they need to enable them to eat nutritiously and thrive.
- In my time off I love baking, eating Italian food and looking for more houseplants to add to my houseplant collection.



Update: Dale Erickson, RD for Union and Hood River WIC

# State Updates



- State staff news
- Breastfeeding
- Formula
- Risk in-service
- Continuing education



- Sara is retiring this fall after 20+ years in WIC
- Thank you for your contributions to WIC
- Sara, your laughter and amazing spirit will stay with us
- May you enjoy your time with family and not having to worry about time sheets

Thank you, Sara Sloan

# Breastfeeding Updates

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- Are you interested in obtaining the IBCLC credential?
- How do I prepare for [IBCLC certification](#)?
  - Health Sciences Education
  - Lactation Specific Education
  - Lactation Specific Clinical Experience
- RDs automatically meet HS Education requirements
- Ask how state WIC can provide financial support

# New FNS Required Breastfeeding Training - Update:

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## **Initial Roll Out**

- Remote training October 4 – November 29
- 7 sessions covering levels 1-3 (not level 4)
- Instructor: Cathy Carothers
- CEs available

## **After Initial Roll Out (Long Term)**

- 4 breastfeeding study modules, 1 for each level
- Level 4 released first
- Levels 2-4 self study followed by remote training with state staff
- More information and timeline coming



# Formula update

- Breaking news: the rebates on non-contract formulas are in place until **December 31, 2022, or 60 days after the expiration of the COVID-19 disaster declaration.**
- Eventually, we will need to remove all of the alternative manufacturers and store brand formulas from our APL.
- What can we do now to help our families with this transition?
  - Encourage all new non-breastfeeding infants who enroll in WIC to use a contract Abbott formula.
  - Start talking with families currently using alternative formulas to transition back to Abbott.
- How do we address mistrust of Abbott formulas?

# Formula warehouse formula supply report

Is the report helpful?

# Risk Update In-Service



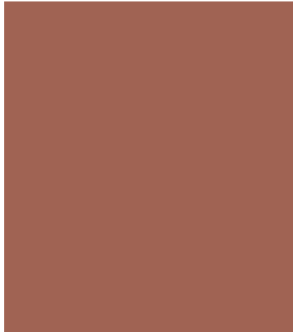
- The 2022 Risk Update In-Service is delayed
- Awaiting further guidance from USDA/FNS
- It will include information about blood lead level (new cutoff from CDC) and nutrition support related to lead poisoning prevention
- We aim to release it as soon as we're able to
- The due date for completion is extended to 12/30/22

Questions?



Coming up next:

The October 2022  
BF/BFPC meeting, and  
the November 2022  
LAWN meeting are  
canceled to allow time  
for WIC staff to attend  
the new BF training.



# BIO BREAK

- W C = Water Closet
  - (Not WIC)
  - Gender-neutral, of course
- Credits: Michelle Aarhus

