

EN MI FORI WATTE METOCH

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wfC AA TONGENI PWE ANISUK!

WIC ew prokram ren an epwe anisi famini non Oregon ren pekin apochokunen inis me mongon apochokun. Ika pwe kese eochun neuneu SNAP ika ewe Oregon Health Plan (OHP), nge en mi tongeni kopwe neuneu WIC. Teta cheki healthoregon.org/wic.

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REN ANINIS MI KAWOR:

- Ren aninisin mi pwopwo & me ekkewe mi oupwu nour
- Mongo mi apochokuna inisich
- Ewe pekin ar repwe aituk mongon apochokun
- Chekin inisum
- Pwan ekkoch aninis an epwe tongeni anisuk

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WIC aa kawor faniten monukon, semirit, me famini. Ika pwe en mi pwopwo, ika oupwu noun, ika fen or noun 5 ierir ika feitiw, iwe WIC mi fiich ngonuk!

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