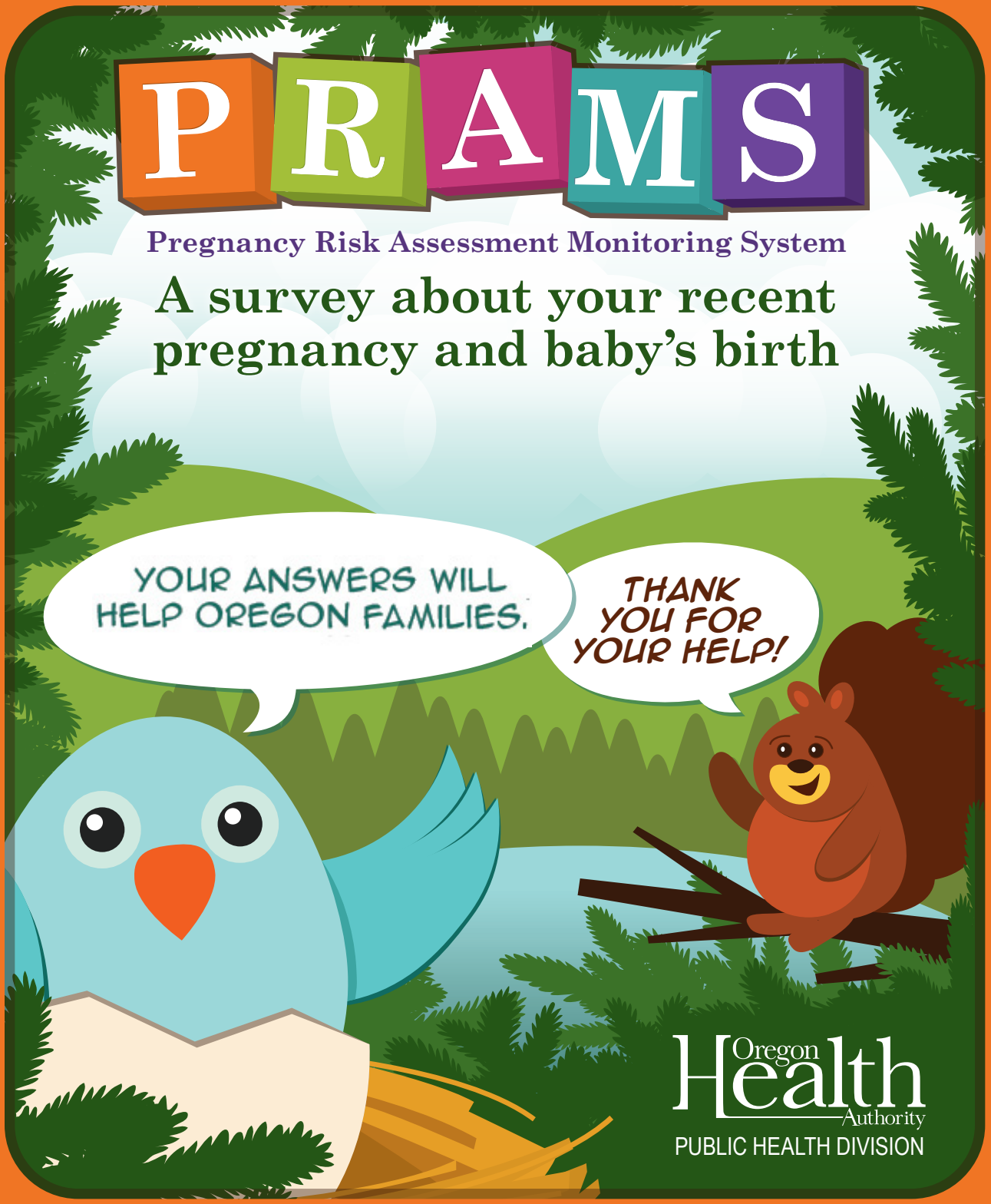
PRAMS

Pregnancy Risk Assessment Monitoring System

A survey about your recent pregnancy and baby's birth



Oregon Health Authority
PUBLIC HEALTH DIVISION

Please check the box next to your answer or follow the directions included with the question. You may be asked to skip some questions that do not apply to you.

BEFORE PREGNANCY

The first questions are about *you*.

1. What is *your* date of birth?

____ / ____ / _____

Month Day Year

2. How would you describe your gender?

- ❑ Female
- ❑ Male
- ❑ Transgender
- ❑ Genderqueer or gender nonconforming
- ❑ Prefer to self-describe ⟶ Please tell us:

_____

3. How would you describe your sexual orientation?

- ❑ Heterosexual or "straight"
- ❑ Lesbian or Gay
- ❑ Bisexual
- ❑ Prefer to self-describe ⟶ Please tell us:

_____

4. Before you got pregnant, did you...?
For each one, check **No** or **Yes**.

	No	Yes
a. Have serious difficulty hearing, or are you deaf?	❑	❑
b. Have serious difficulty seeing, even when wearing glasses, or are you blind?	❑	❑
c. Have serious difficulty walking or climbing stairs?	❑	❑
d. Have serious difficulty concentrating, remembering, or making decisions because of a physical, mental, or emotional condition?	❑	❑
e. Have difficulty with dressing or bathing yourself?	❑	❑
f. Have difficulty doing errands alone such as visiting a doctor's office or shopping because of a physical, mental, or emotional condition?	❑	❑

Pregnancy can be a difficult time. The next questions are about things that may have happened *before* and *during* your most recent pregnancy.

33. Did any of the following things happen during the *12 months before* your new baby was born? For each one, check **No** or **Yes**.

		No	Yes
a.	I got separated or divorced	❑	❑
b.	I was evicted or forced to move	❑	❑
c.	I didn't have a regular place to sleep	❑	❑
d.	I was homeless or had to sleep outside, in a car, or in a shelter	❑	❑
e.	My spouse, partner, or I lost a job	❑	❑
f.	My spouse, partner, or I had a cut in work hours or pay	❑	❑
g.	I had problems paying the rent, mortgage, or other bills	❑	❑
h.	My spouse or partner went to jail/prison	❑	❑
i.	I went to jail/prison	❑	❑
j.	Someone close to me had a problem with drinking or drugs	❑	❑
k.	Someone close to me was very sick or died	❑	❑

34. In the *12 months before you got pregnant* with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? For each one, check **No** or **Yes**.

		No	Yes
a.	My spouse or partner	❑	❑
b.	My ex-spouse or ex-partner	❑	❑
c.	Another family member	❑	❑
d.	Someone else	❑	❑

35. *During* your most recent pregnancy, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? For each one, check **No** or **Yes**.

	No	Yes
a. My spouse or partner	❑	❑
b. My ex-spouse or ex-partner	❑	❑
c. Another family member	❑	❑
d. Someone else	❑	❑

36. Did your current, or ex, spouse or partner do any of the following things *during* your most recent pregnancy? For each one, check **No** or **Yes**.

	No	Yes
a. Threatened me or made me feel unsafe in some way	❑	❑
b. Made me afraid for my safety or my family's safety because of their anger or threats	❑	❑
c. Tried to control my daily activities, for example, controlling who I could talk to or where I could go	❑	❑
d. Forced me to take part in touching or any sexual activity when I didn't want to	❑	❑

AFTER PREGNANCY

OTHER EXPERIENCES

The next questions are on a variety of topics.

60. Please tell us how often each of the following happened during the *12 months before* your new baby was born.

a. I worried whether my food would run out before I got money to buy more

❑ Often ❑ Sometimes ❑ Never

b. The food that I bought just didn't last, and I didn't have money to get more

❑ Often ❑ Sometimes ❑ Never

61. During the *12 months before* your new baby was born, did lack of transportation keep you from any of the following?
For each one, check **No** or **Yes**.

	No	Yes
a. Going to medical appointments	❑	❑
b. Going to non-medical appointments, meetings, or work	❑	❑
c. Doing errands	❑	❑

62. *During* your most recent pregnancy, did you feel you *needed* any of the following services?
For each one, check **No** or **Yes**.

	No	Yes
a. SNAP (the Supplemental Nutrition Assistance Program)	❑	❑
b. WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)	❑	❑
c. Counseling for family or personal problems	❑	❑
d. Help to quit smoking	❑	❑
e. Help to reduce violence in my home	❑	❑
f. Help to quit using drugs	❑	❑
g. Assistance with housing or rent	❑	❑
h. Other	❑	❑

Please tell us:

_____

63. *During* your most recent pregnancy, did you *receive* any of the following services? For each one, check **No** or **Yes**.

	No	Yes
a. SNAP (the Supplemental Nutrition Assistance Program)	❑	❑
b. WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)	❑	❑
c. Counseling for family or personal problems	❑	❑
d. Help to quit smoking	❑	❑
e. Help to reduce violence in my home	❑	❑
f. Help to quit using drugs	❑	❑
g. Assistance with housing or rent	❑	❑
h. Other	❑	❑

Please tell us:

_____

64. The following questions are about the people in your life and the support they provided you *while you were pregnant*. For each one, check **No** or **Yes**.

	No	Yes
a. Did you have someone you could go to if you felt lonely?	❑	❑
b. Did you have someone you could talk with about things that were important to you or how you were feeling?	❑	❑
c. Did you have someone you could count on to listen to your problems, worries, and fears?	❑	❑
d. Did you have someone who showed you love and affection?	❑	❑
e. Did you have someone who did things with you to relax or have fun?	❑	❑
f. Did you have someone you could count on to loan you money for things like food or bills?	❑	❑
g. Did you have someone who could take care of your children if you needed help?	❑	❑
h. Did you have someone who could help with daily chores if you were sick?	❑	❑
i. Did you have someone who could take you to the clinic or doctor's office if you needed a ride?	❑	❑

66. *While getting healthcare* during your pregnancy, at delivery, or at postpartum care, did you experience discrimination or were you prevented from doing something, hassled, or made to feel inferior?
For each one, check **No** if you did not experience discrimination because of it or **Yes** if you did.

		No	Yes
a.	My race, ethnicity, or skin color	❑	❑
b.	My disability status	❑	❑
c.	My immigration status	❑	❑
d.	My age	❑	❑
e.	My weight	❑	❑
f.	My income	❑	❑
g.	My sex or gender	❑	❑
h.	My sexual orientation	❑	❑
i.	My religion	❑	❑
j.	My language or accent	❑	❑
k.	My type or lack of health insurance	❑	❑
l.	My use of substances (alcohol, tobacco, or other drugs)	❑	❑
m.	My involvement with the justice system (jail or prison)	❑	❑
n.	Another reason Please tell us:	❑	❑

_____

67. Have you ever experienced discrimination or were prevented from doing something, hassled, or made to feel inferior because of the things listed below?
For each one, check **No** if you did not experience discrimination because of it or **Yes** if you did.

		No	Yes
a.	My race, ethnicity, or skin color	❑	❑
b.	My disability status	❑	❑
c.	My immigration status	❑	❑
d.	My age	❑	❑
e.	My weight	❑	❑
f.	My income	❑	❑
g.	My sex or gender	❑	❑
h.	My sexual orientation	❑	❑
i.	My religion	❑	❑
j.	My language or accent	❑	❑
k.	My type or lack of health insurance	❑	❑
l.	My use of substances (alcohol, tobacco, or other drugs)	❑	❑
m.	My involvement with the justice system (jail or prison)	❑	❑
n.	Another reason Please tell us:	❑	❑

_____

68. *During your life until now*, how often have you been discriminated against, prevented from doing something, hassled, or made to feel inferior because of your race, ethnicity, or skin color?

- ❑ Very often
- ❑ Somewhat often
- ❑ Not very often
- ❑ Never

69. Have you *ever* been treated unfairly due to your race, ethnicity, or skin color in any of the following situations?
For each one, check **No** or **Yes**.

		No	Yes
a.	Job (hiring, promotion, firing)	❑	❑
b.	Housing (renting, buying, mortgage)	❑	❑
c.	Police (stopped, searched, threatened)	❑	❑
d.	In the courts	❑	❑
e.	At school or my child's school	❑	❑
f.	Getting medical care	❑	❑

70. What is your living situation <u>today</u>?

Check ONE answer

- ❑ I have a steady place to live
- ❑ I have a place to live today, but I'm worried about losing it in the future
- ❑ I don't have a steady place to live (I'm temporarily staying with others, in a hotel, in a shelter, living outside on the street, on a beach, in a car, abandoned building, bus or train station, or in a park)

The next questions are about the time during the *12 months before* your new baby was born.

71. During the *12 months before* your new baby was born, what was your yearly total household income before taxes? Include your income, your spouse or partner's income, and any other income you may have received. *All information will be kept private* and will not affect any services you are getting now.

- ❑ $0 to $18,000
- ❑ $18,001 to $23,000
- ❑ $23,001 to $27,000
- ❑ $27,001 to $32,000
- ❑ $32,001 to $37,000
- ❑ $37,001 to $42,000
- ❑ $42,001 to $48,000
- ❑ $48,001 to $60,000
- ❑ $60,001 to $85,000
- ❑ $85,001 or more

72. During the *12 months before* your new baby was born, how many people, *including yourself*, depended on this income?

Number of people ____

73. What is today's date?

____ / ____ / ____

Month Day Year