

Met kopwe sinei ren porousen CMV

Met ei CMV?

CMV (cytomegalovirus) nge ew menin fairos a fisita nupwen pwopwo iei aewin afeiengaw mi afisata osukosuken nounou* me terin monukon me semirit ar mamarita, mi pwan pachonong ren pinen sening, nononon mas, me ekoch osukosuken inis. CMV a men mutir an epwe fetan iwe fan ekoch esor esisinen.

Ifa usun an CMV fetan?

- Otuf (chonun awomw)
- Mukus (chonun potumw)
- Chuuchuu (pee)

Pwata e kan sou fis ngenir mi pwopwo?

- Mi fifis ngenir semirit mi pochokun.
- CMV a tongeni torir chon pwopwo nupwen ar tumwunu monukon me semirit.
- Ekewe mi pwopwo ra tongeni wei ngeni nour monukon ewe semwenin CMV ika mi nomw rer nupwen ar pwopwo.



Non Oregon, ukukun 225 monukon ra uputiw me menin CMV iteiten ier.

Ika en mi ourek ika noumw monukon mi weri ei menin CMV ika mi fen pwano me won ekewe esisinen semwen, eisini noumw ewe daktor, chon anounou, ika emon kangof repwe tesini.

Epwe ifa ika nei ewe semirit mi uputiw me menin CMV?

Chomong monukon esapw torir ekewe esisinen ei semwen nupwen ar uputiw epapw poputa ne pwano nupwen ar mamarita.

Ekoch monukon esapw niwin sefan ar tongeni rongorong. A tongeni fisita nupwen ar uputiw ika non ar mamarita.

Ekoch monukon mi pwano ekewe esisinen nupwen ar uputiw, nge fan ekoch a weires ach sipwe esina:

- Ekei monukon a torir watten osukosuken semwen non mokurer, meser me/ika non seninger.
- Ekoch monukon ra kon oukis ika kukun nupwen ar uputiw, ika chamwer a kukun (microcephaly), onuwen ram won kinir (jaundice), kiningawen rash (petechiae), ika watte ar liver ika spleen.

**Ekei osukosuken uputiw fan ekoch sia eita ngenir pwe terin uputiw*

Met kopwe sinei ren epetin, tesin, me sefeien

Ika en mi pwopwi ika ekiekin kopwe pwopwo, fos ngeni noumw ewe doktor, chon anounou, ika kangof. Eisinir ifa angangen omw kopwe epetuk seni ekei menin semwen, aweve ren CMV, me ika epwe murino kopwe angei tes.

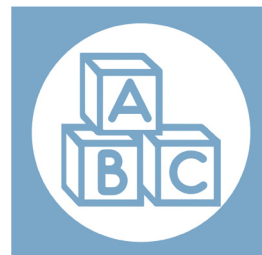
Sia tongeni aninis ren angangen oukano fetanen CMV ren:



Tonu poumw ngeni sopw me konik, naponon ika murin omw siwini ar pampier, tonu potur ika chonun awer, ika atapa ekewe pisek mi wor chonun otuf won.



Ika en mi pwopwo, kopwe chok kissini noumw kewe semirit won chamwer ika nesaper pwun kosapw aia fengen chonun awomw ika otuf.



Tonu me nimetano menin paiking won winikin pisek me toys iteiten.



Kosapw aia fengen mwongo, konik me piros, ika wanong pisekin semirit, straw ika unumer titi non awomw.



Tingor kopwe angei ewe CMV tes ika en mi oureki ika noumw ewe monukon mi weri CMV.

Monukon ra uputiw non Oregon chomong resapw angei tesin CMV. An noumw ewe monukon doktor ika kangof a tongeni chumong ei tes ika en mi oureki semwenin CMV. Ei angangen tes a tongeni fis me mwen 21 ranin nefongun ewe monukon an epwe tongeni angei sefei, ei angang a tongeni epeti ika ekisatiw ekewe osukosuken menin CMV. En mi pwan tongeni tingor ei tes murin 21 ran pwe kopwe tongeni katton ika mi wor met mi ekesiwin non nenenon mesen ika rongorong an noumw ewe semirit.

Ka tongeni kaieo sopwosopwen porous online ren:



www.cdc.gov/cmvi/



www.nationalcmv.org

Kapas eis? Kokori:

Maternal and Child Health

(Tumwunun Manawer Inn me Semirit)

MCHSection.Mailbox@oha.oregon.gov

Desk: 971-673-0252



**OREGON
HEALTH
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PUTAIN PUBLIC HEALTH
Maternal and Child Health
(Tumwunun Manawer Inn me Semirit)
OHA 6578 11/2024 Chuukese

En mei tongeni angei ei taropwe non kapasen ekkoch fenu, founwongun mesen mak, braille ika ewe angang faniten an mei chuun repwe aneani mak ika menni chek ka finata nge ese pwan kamo. Kekeru ewe Maternal and Child Health Section ren MCHSection.Mailbox@odhsoha.oregon.gov or 971-673-0252 (voice/text). Kich mei etiwa meinisin chon kekke.