**Sample Provider Alert**

Influenza activity is rapidly increasing in Oregon. There were \* outbreaks reported during the last week, compared with \* outbreaks reported during the preceding week.

We remind providers of the following:

1. Do no harm! Stick out **your** arm! All health care providers and staff should receive their annual influenza vaccination if they have not already. This protects the providers, staff and patients.
2. Long-term care facilities should follow [CDC Guidance for Influenza Outbreak Management in Long-Term Care and Post-Acute Care Facilities](https://www.cdc.gov/flu/professionals/infectioncontrol/ltc-facility-guidance.htm). Facilities without standing orders for influenza vaccination and antiviral treatment and prophylaxis should establish them. Facilities with standing orders should remind staff of existing orders if they have not done so already this season.
3. Use antiviral medications to treat and prevent influenza as indicated. Additional information is available at [CDC’s Influenza Antiviral Medications](https://www.cdc.gov/flu/professionals/antivirals/index.htm) website.
4. Follow [Advisory Committee on Immunization Practices recommendations](https://www.cdc.gov/flu/professionals/acip/summary/summary-recommendations.htm) for influenza vaccination in all individuals over 6 months of age.

Thank you for helping prevent severe influenza infection!