# **State Health Assessment (SHA) Steering Committee**

May 13, 2024 1:00 pm - 3:00 pm

**Attendees:** Ailiah Schafer, Alisha Overstreet, Annie Valtierra-Sanchez, Carrie Brogoitti, Elijah Penner, Joy Alise Davis, Julia Brown, Kathryn Hart, Krystal Perkins, Liberty Avila, Sadie Siders, Mica Contreras, Cristy Munoz, TJ Foltz, Emily Mosites,

**OHA and MetGroup Staff:** Jameela Norton, Debra Clark, Kirsten Gunst, Matt Baer, Sara Beaudrault, Dean Sidelinger, Rose Harding, William Blackford, Kristin Gimbel

### Welcome and agenda review

- Meeting started with quick overview of meeting purpose and agenda review.
- Key agenda items were:
  - Group charter overview
  - Discussion of charter objectives
  - Jamboard activity: Mission, vision, and values

# **Group Agreements**

- Group agreements were shared.
- These group agreements are:
  - Lean forward and lean back: Share space allowing room for differing opinions.
  - Be open to continuous learning.
  - Explain and unpack jargon and acronyms.
  - o Be present, be authentic: Show up as fully as you can.
  - Honor all experiences and expertise.
  - Extend grace to each other and to ourselves: Always assume the best intentions.

# **Relationship Building Activity**

- Participants shared how they remind themselves of their values in personal and professional life.
- Practices included meditation, walking, volunteering, spending time with family, and practicing empathy.

#### **Charter Overview**

- The charter defines the purpose of the steering committee: developing mission, vision, and values, determining priorities, conducting the state health assessment, and creating the state health improvement plan.
- Roles and responsibilities were outlined for the steering committee, Oregon Health Authority, and overlapping tasks.
- The charter serves as a container for our shared understanding and purpose.
- Data for the state health assessment includes routine data collected by Oregon Health Authority, supplemented by community perspectives.
- The steering committee will help identify gaps and provide context for the assessment.
- Participants were encouraged to provide feedback on the charter.
- The focus will be on priorities, strategies, and addressing opportunities.

# **Mission, Vision and Values**

- Mission: What we do and for whom.
- Vision: Where we hope to be in the future.
- Values: What we stand for. Guiding beliefs and principles that inform decisionmaking and behavior.
- These elements provide an anchor for the work ahead and help distinguish the collective work of developing the state health improvement plan from other local initiatives.

- Values ensure the process centers on the needs of those most impacted by health inequities.
- Some values identified were:
  - Equity and Justice
  - Transparency and Open Communication
  - Compassion and Empathy
  - Community and Collaboration

### **Jamboard Activity: Mission, Vision and Values**

- Participants were asked to draft a mission and vision statement in their respective groups.
- After drafting individual mission statements, participants were asked to discuss and refine one mission and one vision for the group
- After refinement, the groups were asked to share out their mission and vision.

### Group 1:

- Mission Statement: "Lead by community voices, we advocate for a health and all policies approach so our communities can thrive in all life stages."
- Vision Statement: "All community members can access the resources they need to ensure needs are met and people can thrive."

### • **Group 2:**

- Explored the term "equitable" and its different interpretations.
- o Focused on well-being, personal restoration, and community restoration.
- Acknowledged the importance of listening to community voices.

#### • **Group 3:**

- Emphasized well-being, upstream health factors, and community restoration.
- Discussed the challenge of defining "equitable."
- Highlighted the need to move away from preconceived notions and listen empathetically.

#### • **Group 4:**

- Mission Statement: "To foster thriving interconnected communities where every individual is empowered and provided with equitable access to essential resources and opportunities for holistic well-being."
- Vision Statement: "Oregon is a state where health equity is achieved, and all community members reach their highest health potential."
- Some reflections that were made after the activity were:
  - o Resonance around health equity and community-led approaches.
  - Grappling with language and definitions.
  - Acknowledgment of systemic barriers and inclusion of diverse perspectives.

# **Next Steps Identified**

- Consolidate and refine mission and vision statements.
- Gather broader feedback from the steering committee.
- Continue shaping the vision for Oregon's health.

## **Closing Remarks**

- Dr. Sidelinger introduced himself to the committee and gave some closing remarks.
- He expressed gratitude and acknowledged the importance of health equity and community voices in shaping Oregon's future health initiatives.
- The meeting concluded with a commitment to collaborative efforts and ongoing refinement of the mission and vision statements.

## **Meeting Adjourned**