

3rd Annual Older Adult, Veteran and Problem Gambling Summit

Tuesday, September 17, 2024

**Valley River Inn
1000 Valley River Way, Eugene, Oregon**



Hosted by: Oregon Health Authority's Older Adult Initiative, Veterans, Service Members and Families and Problem Gambling Services

This summit is specifically for those who are working with individuals or programs serving older adults, service members, veterans and their families and individuals impacted by problematic gambling behaviors or prevention of problematic gambling behaviors.

Featured Speakers:

- Kimberly Van Orden, PhD from the University of Rochester Medical Center, with a focus on prevention of late life suicide
- Douglas Gomez, PhD from the Center on Brain Injury Research and Training (CBIRT) at the University of Oregon

FREE Training with NASW and MHACBO CEUs provided
Lunch is on your own

Register for the in-person training at: <https://www.surveymonkey.com/r/W9XW958>

Register for the hybrid online training at:

<https://www.zoomgov.com/meeting/register/vJIsc2gqzwtGXauqbNume-7de6t9UfIxMY>

Note: Please only register for one of the above.

For reservations, call the hotel directly at and request the Oregon Health Authority group block. There is a discounted rate double queen/1 king size bed while rooms last.

Questions or if you need this document in an alternate format or special accommodations at this event, please email pgs.support@odhsoha.oregon.gov



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Tuesday, September 17, 2024
Valley River Inn, Eugene

Agenda:

- 7:30 - 8:30 Check in/Registration
- 8:30 - 8:45 Opening Remarks
- 8:45 – 10:15 Title: Aging and Engaging: Promoting Social connection To Prevent Late-Life Suicide
Presenter: Kim Von Orden, PhD, University of Rochester, NY
- 10:15 – 10:30 Break
- 10:30 – 11:00 The Risk of Gambling as an Older adult or Veteran
Presenter: Brandie Lyday, LMFT, CGACII, CADCI, Oregon Health Authority
- 11:00-11:15 Room transfer and set up
- 11:15 – 12:15 Establishing the Connections: A Facilitated Dialogue
Breakout Room #1: Facilitated by Susan Davis, LPC, CADC I, OHA and Brandie Lyday, LMFT, CGACII, CADCI, OHA
Breakout Room #2: Facilitated by David Corse, LPC, CGACII, CADCI, OHA and Nirmala Dhar, LCSW, OHA
- 12:15 – 1:30 Lunch (on your own)
- 1:30 – 3:00 Title: Intersections of Military Service and Brain Injury
Presenters: Douglas Gomez, PhD from The Center on Brain Injury Research and Training (CBIRT) at the University of Oregon
- 3:00 – 3:15 Break and Room Transfer
- 3:15 – 4:15 Brain Science to Practice: A Facilitated Dialogue
Breakout Room #1: Facilitated by Susan Davis, LPC, CADC I, OHA and Brandie Lyday, LMFT, CGACII, CADCI, OHA
Breakout Room #2: Facilitated by David Corse, LPC, CGACII, CADCI, OHA and Nirmala Dhar, LCSW, OHA
- 4:15 – 4:30 Wrapping Up and Resources to Stay Connected

Training Summaries, Objectives and Bios:

Title of presentation: **Aging and Engaging: Promoting Social Connection to Prevent Late-Life Suicide**

Social disconnection increases risk for *all ten leading causes of death* including suicide in the U.S. yet healthcare has not capitalized on social connection as preventive medicine: it is not routinely assessed and there are no clear evidence-based interventions. This presentation will discuss evidence-informed strategies to assess and intervene upon social connection as a transdiagnostic factor to promote health & well-being in older adults. Special attention will be paid to the role of social connection in late-life suicide prevention and the role of cognitive aging. Programs with evidence of efficacy will be described, as well as resources for addressing social disconnection and suicide in older adults.

At the conclusion of this presentation participants will be able to:

1. Describe three aspects of social relationships that are associated with better health,
2. Identify at least three evidence-informed strategies for promoting social connection, and
3. Select at least one community resource to share with older patients to promote connection.



Dr. Van Orden is a clinical psychologist and Associate Professor in the Department of Psychiatry at the University of Rochester Medical Center. She co-directs the Center for the Study and Prevention of Suicide (CSPS) at the University of Rochester Medical Center (URMC) and the T32 postdoctoral fellowship in suicide prevention fellowship at URMC. She is the Principal Investigator of the HOPE Lab (Helping Older People Engage); her lab conducts clinical trials of suicide prevention interventions to promote social engagement and healthy aging. She is Co-Director of the Rochester Roybal Center for Social Ties and Aging, which studies behavioral interventions to promote social well-being in dementia family caregivers. Her research has been funded by the National Institute of Mental Health, the National Institute on Aging, and the Centers for Disease Control and Prevention. Kim mentors students and fellows, provides training and consultation in suicide risk assessment and intervention, and maintains an active clinical practice providing evidence-based psychotherapy to older adults.



Title: Establishing the Connections: A Facilitated Dialogue

Learning objectives

1. Key highlights from Aging and Engaging: Promoting Social connection To Prevent Late-Life Suicide presentation (touch on isolation, loneliness and older adult/veterans and problem gambling)
2. Common issues and intersections among older adults/veterans and problem gambling (touch on trauma, suicide, distress, stigma)
3. Building capacity for participants to better serve age specific populations
4. Exploring Oregon resources for clients, staff, community, and participants



Title of Presentation: Intersections of Military Service and Brain Injury, Older Adults and TBI and Increased risk for Problematic Gambling Behavior

We will provide a description of types of brain injury along with typical symptoms and causes. Presentation will also include examples of increased risk of brain injury for Veterans and older adults and the different ways that brain injury screening can be beneficial for Veterans and older adults and how symptoms may present in relationship to gambling and why this would be important to gambling behavior? Presentation will conclude by providing some examples of typical accommodations for brain injury.

At the conclusion of this presentation participants will be able to better understand:

1. Acquired brain injury vs. traumatic brain injury and what terminology is most inclusive,
2. Mechanisms and symptoms of brain injury, and
3. The importance of brain injury screening and providing accommodations.



Douglas Gomez, PhD. Doug is currently an Assistant Research Professor working at the Center on Brain Injury Research & Training (CBIRT). His interests primarily focus on methods of qualitative analysis, particularly in the service of benefiting traditionally underserved populations. At CBIRT, Doug currently consults on multiple studies with qualitative components with the goal of reaching a better understanding about how parents, educators, coaches, and medical professionals can help facilitate improved services for individuals who have sustained a TBI. He was also trained as a counseling psychologist with experience working clinically in state hospital and correctional settings, which instilled in him a firm belief in the importance of research informing practice, and practice informing research.

Title of Presentation: The risk of gambling as an older adult or Veteran

Objectives:

1. Explore how the lack of social connection and the easy access and cultural acceptability of gambling creates increased risk, especially among older adults and Veteran populations.
2. Identify risks of gambling and warning signs of developing gambling problems for those experiencing cognitive decline among older adults and TBI/PTSD among Veterans.
3. Identify harm reduction techniques and tools for family and caregivers of older adults and Veterans with gambling problems



Brandie Lyday (she/her), LMFT, CGACII, CADCI, AAMFT Approved Supervisor, is the Problem Gambling Treatment Program Development Analyst for the Oregon Health Authority. She provides family therapy supervision and consultation to multiple problem gambling programs across Oregon. She is an adjunct faculty member at Lewis & Clark Graduate School of Education & Counseling where she supervises students in their final stages of internship. Brandie has a decade of clinical experience in private practice and county-level community behavioral health treatment with those involved in the criminal legal system. She is a supervisor, clinician, educator, group practice owner, and trainer of all things disordered gambling and family therapy.



Title: Brain Science to Practice: A Facilitated Dialogue

Learning Objectives:

1. Key highlights from Intersections of Military Service and Brain Injury presentation
2. Common issues and intersections among older adults/veterans and problem gambling (touch on brain injury, cognitive effects, falls and cognitive compromise)
3. Building capacity for participants to better serve age specific populations
4. Exploring Oregon resources for clients, staff, community, and participants