

Oregon's 1115 Medicaid Waiver

All Come Webinar

September 11, 2024



Zoom Meeting Tips

This is an **interactive** meeting

If you'd like to ask a question or make a comment:

- Raise your hand
- Add it into the chat

This webinar is being **recorded**

It will be shared on our OHA 1115 Waiver webpage after the presentation

For **live captioning**

- Click on the “cc” button located at the bottom of your screen
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Group Polls

Today's Agenda

- 1** | **1115 Medicaid Waiver Background**
- 2** | **Young Adults with Special Health Care Needs (YSHCN)**
- 3** | **Question and Answer**



1115 Medicaid Waiver Background



What is the Oregon Health Plan?

Medicaid

Medicaid is the nation's public health care program. In Oregon we call it the Oregon Health Plan (OHP).

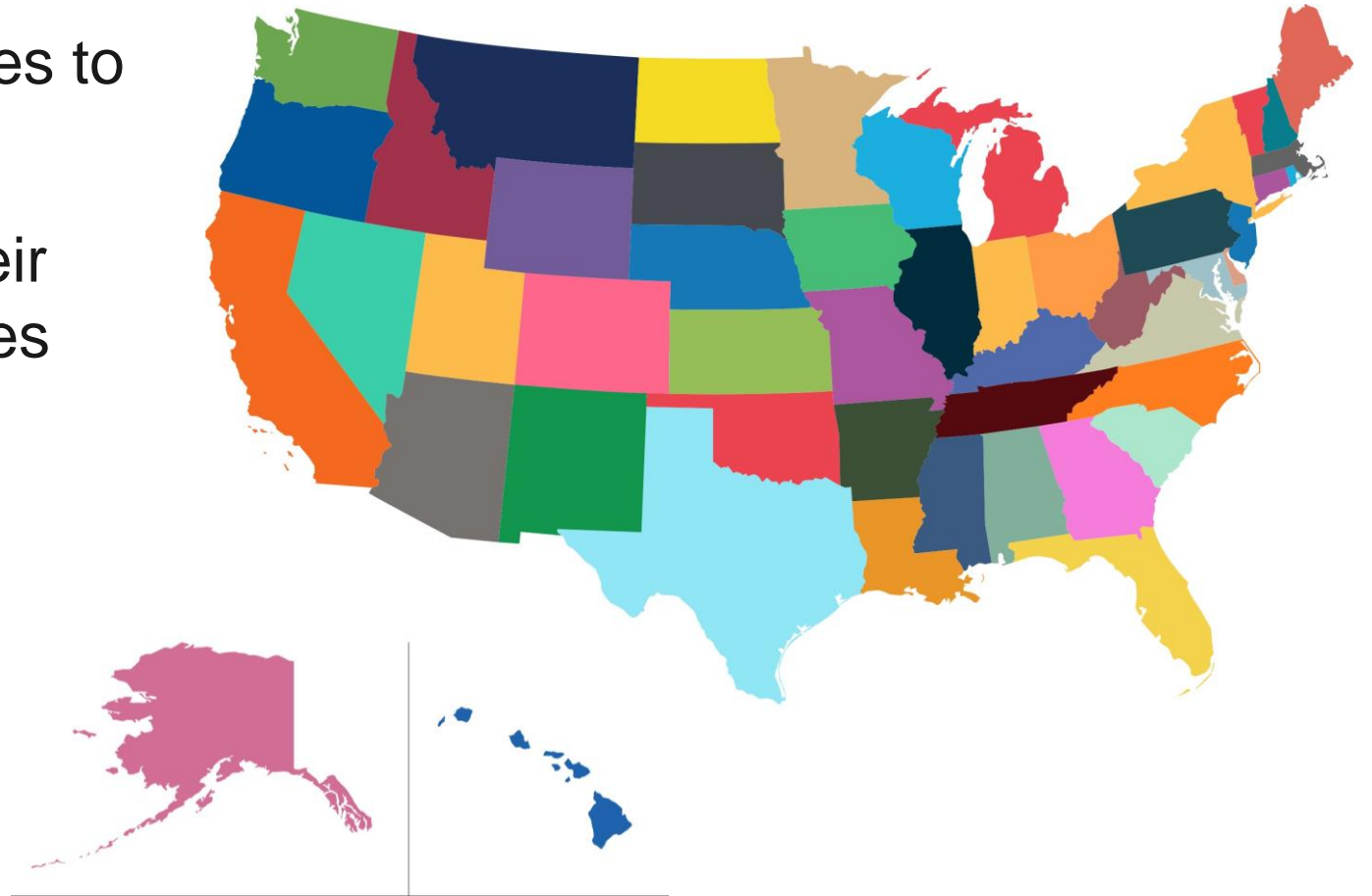
Oregon Health Plan

The Oregon Health Plan (OHP) is free health care coverage for low-income children, teens, and adults who live in Oregon. You can apply for OHP at any time during the year.



What is a Medicaid Waiver?

- States must follow federal rules to get Medicaid funding.
- States can ask **to change** their Medicaid rules. These changes are called a Medicaid waiver.



Oregon 1115 Waiver Key Changes



Extended Oregon Health Plan (OHP) Eligibility and Benefits

The Waiver expands Medicaid coverage:

- Continuous OHP eligibility and enrollment for children up to age six*†
- Two years of continuous enrollment for OHP members ages six and older*†
- Coverage for health-related social needs (HRSN) supports including housing, nutrition and climate supports*
- Coverage for young adults with special health care needs up to age 26*
- Coverage for a limited set of services for people in a carceral setting 90-days prior to release

* Indicates an approved change that is first-in-the-nation

† These benefits are in effect and began in July 2023

Young Adults with Special Health Care Needs (YSHCN)



Expanding Benefits for Young Adults

Starting **January 1, 2025**, OHP will offer more benefits to young adults with qualifying health conditions under a new Medicaid eligibility category:

Young Adults with Special Health Care Needs (YSHCN).



Young Adults with Special Health Care Needs (YSHCN) Eligibility?

- Ages 19-25
- Live with, or are at risk for, ongoing conditions:
 - Physical, intellectual, or developmental disabilities
 - Long-standing medical conditions
 - Mental health conditions, substance use, or neurodevelopmental conditions
- Income up to 305% of Federal Poverty Line (FPL)



Image source: Highmark Blue Shield

Who Qualifies as YSHCN in 2025?



Young adults
19-20

&



Under 305%
Federal Poverty
Level

&



Have a health
care need

Why expand benefits for YSHCN?

- In Oregon, **one in five children** under age 18 has a special health care need.
- YSHCN **need more health and health-related social services** than others of the same age.
- Provides YSHCN **additional time to navigate transitions** from pediatric to adult coverage and care.

YSHCN Changes in 2025

CURRENT ELIGIBILITY & COVERAGE (ages 19 – 25)	YSHCN ELIGIBILITY & COVERAGE (ages 19 – 25)
Up to 138% Federal Poverty Line (FPL)	Up to 305% FPL
EPSDT* and enhanced vision & dental benefits end at age 21	EPSDT* and enhanced vision & dental benefits end at age 26
No existing HRSN benefits	HRSN offered and services covered

EPSDT = Early Periodic Screening, Diagnostic & Treatment: federal benefit that covers all medically necessary and medically appropriate supports or procedures for children and youth

YSHCN = Young Adults with Special Health Care Needs

HRSN = Health-Related Social Needs

Early and Periodic Screening, Diagnostic and Treatment (EPSDT)

- Federally required benefit
- Complete health care services for children and youth under age 21 who are enrolled in Medicaid
- Independent of Prioritized List

EPSDT = Early Periodic Screening, Diagnostic & Treatment: federal benefit that covers all medically necessary and medically appropriate supports or procedures for children and youth

YSHCN = Young Adults with Special Health Care Needs

Early and Periodic Screening, Diagnostic and Treatment (EPSDT)

- Starting in 2025, YSHCN will have EPSDT coverage until their 26th birthday.
- Oregon plans to also cover people ages 21 through 25. Expanding this coverage in future years is subject to funding availability. Oregon is committed to ensuring availability of YSHCN benefits as planned dependent on funding.

EPSDT = Early Periodic Screening, Diagnostic & Treatment: federal benefit that covers all medically necessary and medically appropriate supports or procedures for children and youth

YSHCN = Young Adults with Special Health Care Needs

Early and Periodic Screening, Diagnostic and Treatment (EPSDT)

- Medically **necessary** and **appropriate** services
 - **Medically necessary** means a treatment that is required to prevent, diagnose or treat a condition, or to support growth, development, and participation in school or work.
 - **Medically appropriate** means the treatment is safe and effective
 - Example: In-home Services Nursing services authorized by Children's Intensive

[Oregon.gov/EPSTDT](https://www.oregon.gov/EPSTDT)

EPSDT



Early:
Finding concerns early

EPSDT = Early Periodic Screening, Diagnostic & Treatment: federal benefit that covers all medically necessary and medically appropriate supports or procedures for children and youth

EPSDT



Periodic:

Checking children's health on a scheduled based on
age

EPSDT = Early Periodic Screening, Diagnostic & Treatment: federal benefit that covers all medically necessary and medically appropriate supports or procedures for children and youth

EPSDT

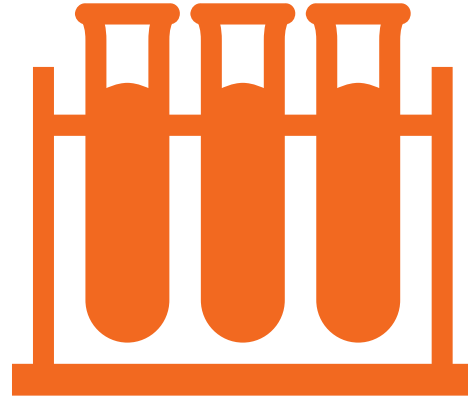


Screening:

Providing physical, mental, developmental, dental, hearing, vision, and other screening tests to help find concerns early

EPSDT = Early Periodic Screening, Diagnostic & Treatment: federal benefit that covers all medically necessary and medically appropriate supports or procedures for children and youth

EPSDT



Diagnostic:

Use appropriate methods to address health needs or areas of concern

EPSDT = Early Periodic Screening, Diagnostic & Treatment: federal benefit that covers all medically necessary and medically appropriate supports or procedures for children and youth

EPSDT



Treatment:

Provide appropriate care when and where it is needed

EPSDT = Early Periodic Screening, Diagnostic & Treatment: federal benefit that covers all medically necessary and medically appropriate supports or procedures for children and youth

YSHCN Engagement Strategy

Engagement Methods:

- Culturally and linguistically appropriate communications
- Targeted outreach to historically underserved communities
- Collaboration with community partners and application assisters
- Provider and staff training on new benefits and care coordination
- Multi-media campaigns (social media, community events, local radio)
- Regular feedback collection from YSHCN members and families

What this Means for Community Members



When can eligible young adults enroll?

- Starting January 1, 2025, 19- and 20-year-olds can enroll.
- Once enrolled, young adults will remain YSHCN-eligible until they are 26 years old*.
 - Eligibility is reassessed every 2 years.

YSHCN = Young Adults with Special Health Care Needs

*YSHCN coverage in future years is subject to available funding. Oregon is committed to ensuring availability of YSHCN benefits as planned.

What this Means for Young Adults (and the folks that care for them)

8,000* young adults will potentially qualify for OHP benefits.

16,000* current OHP members will receive enhanced benefits

2,566* individuals meet the intellectual/developmental disability pathway

24 months YSHCN will remain enrolled in OHP for 24 months before redetermination



It's important for caregivers, community providers, community health workers, etc. to make sure young adults know about this option.

How OHA Identifies YSHCN



Who qualifies as YSHCN in 2025?

In 2025, young adults

- **19 – 20**
- Under 305% FPL
- Have one of the following health needs:

1

One or more **complex chronic medical** conditions

2

A **mental health condition**, substance use disorder, or neurodevelopmental condition

3

An **intellectual or developmental disability**

4

An **“elevated service need”** identified through the YSHCN eligibility screening tool

YSHCN = Young Adults with Special Health Care Needs

FPL = Federal Poverty Line

Active Pathway

4

Have an “elevated service need” identified through the YSHCN screening tool

How does it work?

- All individuals ages 17 – 20 applying for OHP through ONE system will be asked screening questions that will determine YSHCN eligibility.
- This tool may be used by young adults, or their caregivers, including those who may not yet have a diagnosis.

Active Pathway

4

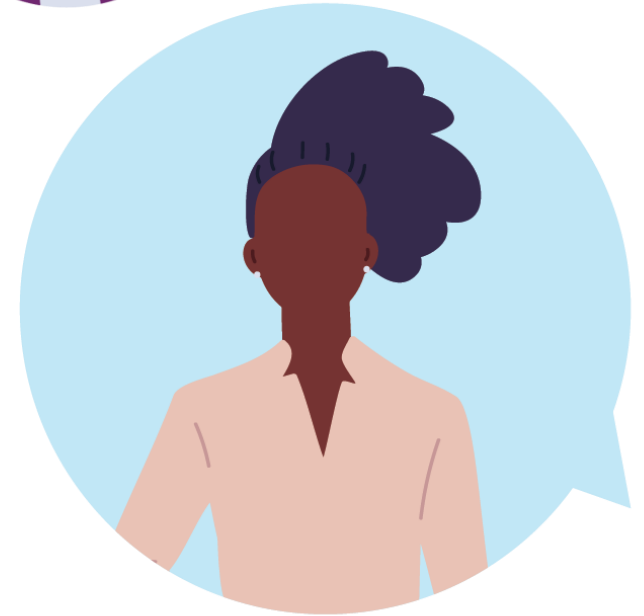
Have an “elevated service need” identified through the YSHCN screening tool

- OHA worked with OHSU’s Oregon Center for Children and Youth with Special Health Needs (OCCYSHN) to develop the tool.
- OCCYSHN coordinated an advisory workgroup to review the tool and conducted testing with users in 6 languages.

Question & Answer



What questions do you have?



Upcoming Sessions

Dates and topics

- ★ **October 9**
HRSN Housing, Outreach & Engagement (O&E) Services
- ★ **November 13**
Benefit Update Project (BUP)



Stay Connected!

For questions related to today's presentation, please contact us:

1115waiver.renewal@odhsoha.oregon.gov

For additional updates and information, check our website:

www.oregon.gov/1115waiverrenewal

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Thank you for your collaboration and ongoing partnership!

