Oregon Health Authority HB 2235 Workgroup

August 7, 2024

Meeting #13



Agenda

| START | TIME | END | TOPIC |
|-------|------|------|--|
| 1:00 | 5 | 1:05 | Welcome |
| 1:05 | 5 | 1:10 | Roll Call & Minutes Approval |
| 1:10 | 10 | 1:20 | Public Comment Period |
| 1:20 | 5 | 1:25 | Matters from previous meeting |
| 1:25 | 30 | 1:55 | Diversifying The Workforce Presentation by Dr. Bianca Frogner (University of Washington) |
| 1:55 | 10 | 2:05 | Break |
| 2:05 | 20 | 2:25 | Questions and Discussion with Dr. Bianca Frogner |
| 2:25 | 15 | 2:45 | Charter Updates |
| 2:45 | 5 | 2:50 | Wrap up/Next Steps |



Community Engagement Agreements

- We acknowledge that we bring our Lived experiences into our conversations
- We strive to engage non-judgmentally, with respect, humility and inclusivity
- We try to stay open minded
- We work to make conversations accessible, and Trauma informed

We honor everyone's lived experiences and expertise

- We expect it to get messy at times. When it does we will acknowledge ruptures and focus on repair.
- We show up with humility and a place of vulnerability



Roll Call & Minutes Approval



Cape Mears Lighthouse



Public Comment

- Period is 10 minutes total
- Please keep comment to 2 minutes or less.



Deschutes River



Matters arising from the minutes/previous meeting

- This is a space for members to share thoughts or reactions from previous meetings, constructive criticism, requests for clarification(s) or data, and/or appreciations.
- This is also a time for proposals to be shared
 - OHA will follow up with those who provide proposals for scheduling.



Approaches to Supporting a Diverse Behavioral Health Workforce

Oregon HB2235 Workgroup August 7, 2024

Bianca K. Frogner, PhD

Professor, Department of Family Medicine Director, Center for Health Workforce Studies University of Washington



Funding and Other Disclosures

Some of the studies presented today were supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$705,832 with zero percentage financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government. For more information, please visit www.hrsa.gov.

I am a member of the Washington state Health Care Cost Transparency Board.

I have no relevant financial relationships with a commercial interest to disclose.





















UW Center for Health Workforce Studies



- Conducts health workforce research to inform health workforce planners and policy makers
- With the support of federal grants, state contracts, and other funders, we examine:
 - 1) Career pathway development
 - 2) Policies & programs to support a diverse workforce
 - 3) Effective recruitment & retention efforts









Visit our website at: https://familymedicine.uw.edu/chws/

















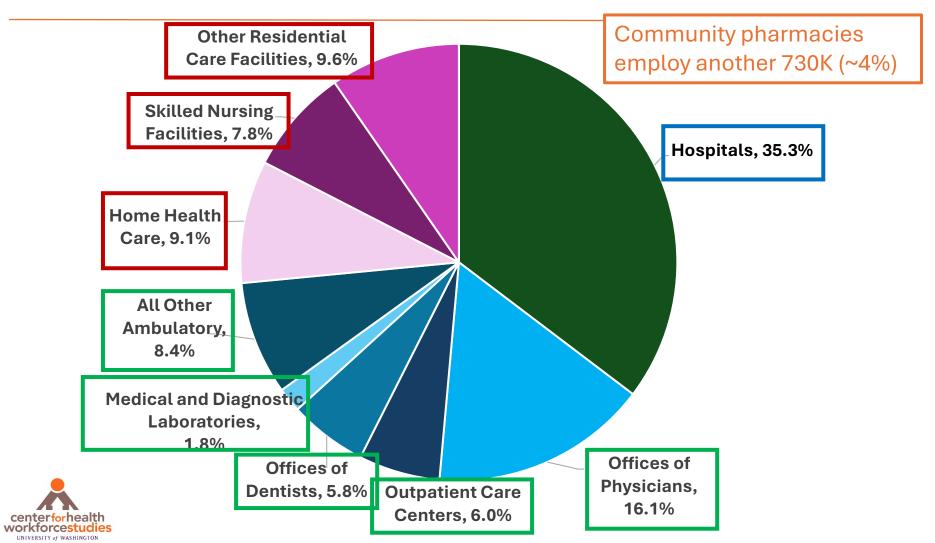
For more on our work and work of other Health Workforce Research Centers:

- Health Workforce Technical Assistance Center
- Consortium for Workforce Research in Public Health at University of Minnesota
- UCSF Health Workforce Research Center on Long-Term Care
- GW Fitzhugh Mullan Institute for Health Workforce Equity
- Carolina Health Workforce Research Center
- Behavioral Health Workforce Research Center at University of North Carolina
- Oral Health Workforce Research Center at University at Albany, SUNY

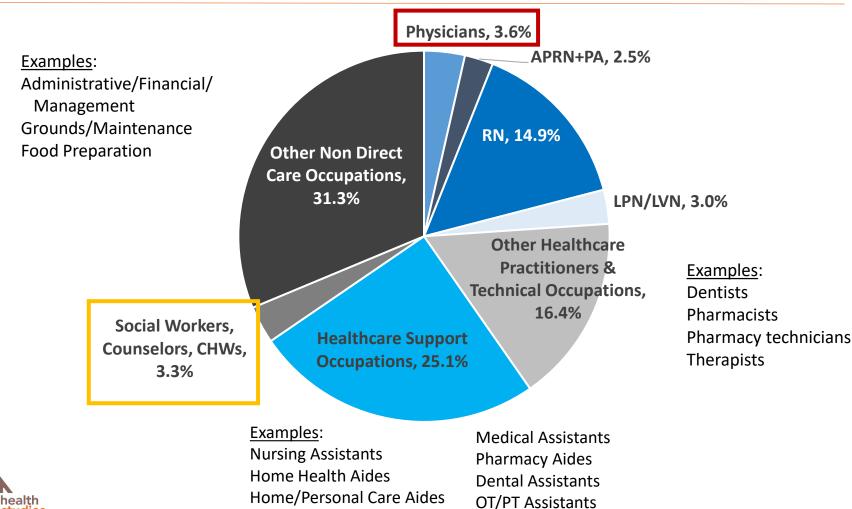
Funded under the <u>National Center for Health Workforce Analysis</u> in the <u>Bureau</u> <u>of Health Workforce</u> at the <u>Health Resources and Services Administration</u> of the U.S. Department of Health and Human Services



~17.7M work in health care industry as of 2023 Behavioral health across many settings



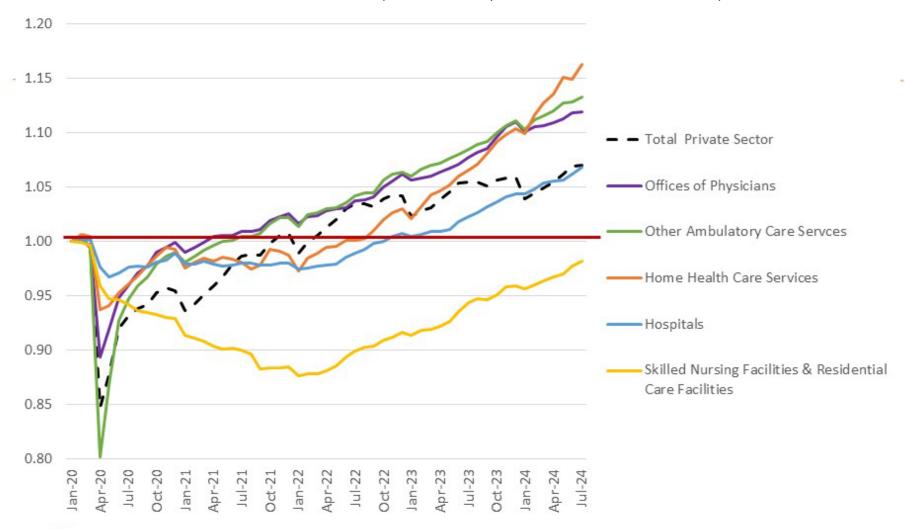
Many occupations within ~17.7M Behavioral health roles span multiple occupations





COVID Took a Toll on the Health Workforce

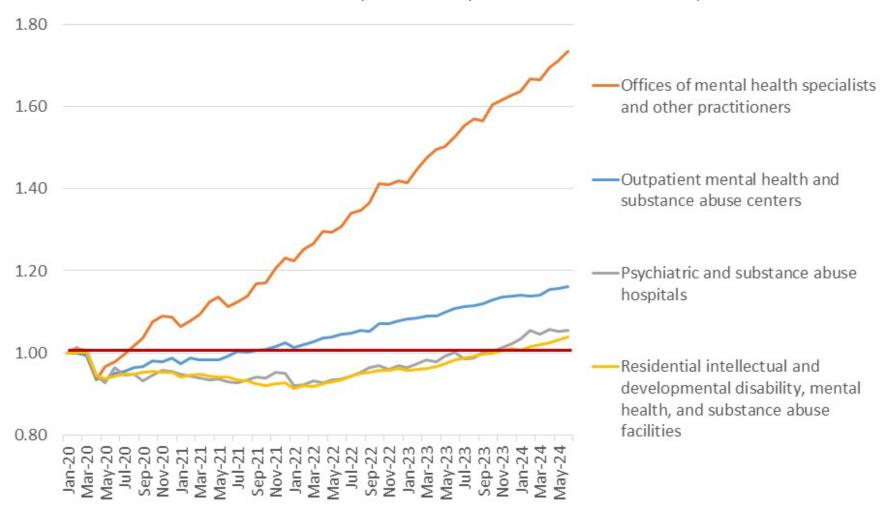
Relative Number of Employees by Healthcare Sector, Jan 2020 to Jul 2024 (Red line represents Jan 2020=1.00)





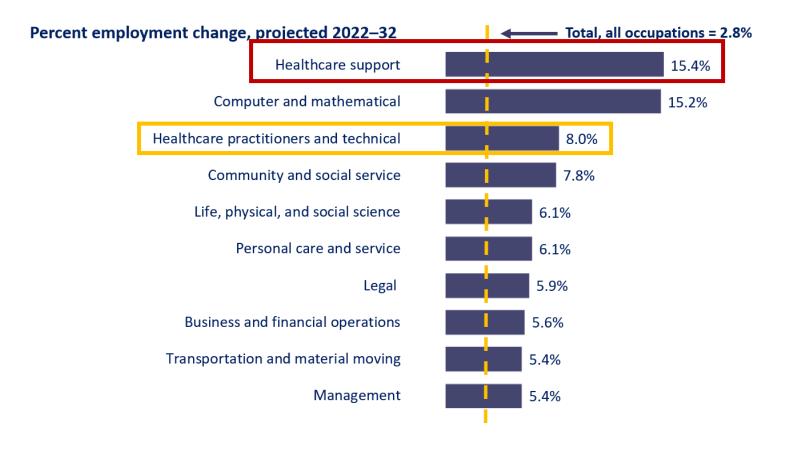
Closer Look at Behavioral Health Services

Relative Number of Employees by Healthcare Sector, Jan 2020 to Jun 2024 (Red line represents Jan 2020=1.00)



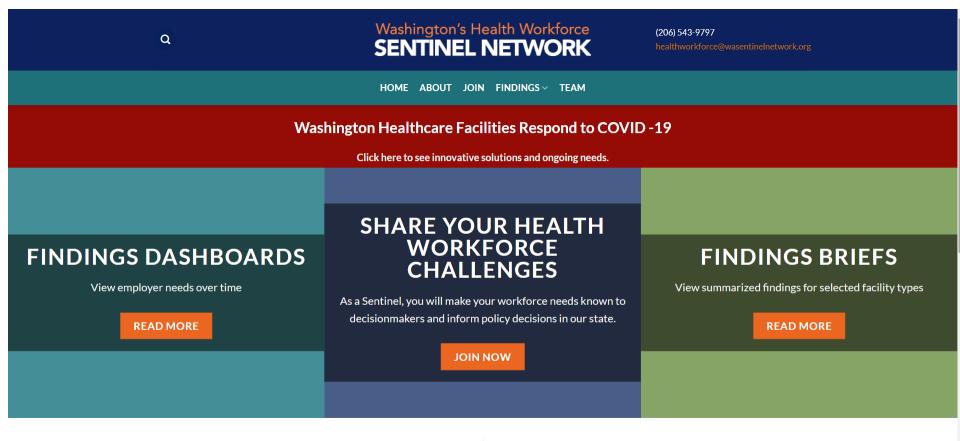


Top 10 Occupational Groups Projected to Grow the Fastest





wa.sentinelnetwork.org



What is the Health Workforce Sentinel Network?

How is the Health Workforce Sentinel Network used?

The Sentinel Network is an initiative of Washington's Health Workforce Council, conducted collaboratively by Washington's Workforce Board and the University of Washington's Center for Health Workforce Studies. Funding to initiate the Sentinel Network came from the Healthier Washington initiative, with ongoing support from Governor Inslee's office and the Washington State Legislature.





WA Behavioral/Mental Health, Substance Use Disorder (SUD) Clinics and Related Facilities

| | Тор оссі | upations cited | as having exce | eptionally long | vacancies by | date of report | ing | |
|------|---|---|---|--|---|---|--|-----------|
| Rank | Spring 2021 | Fall 2021 | Spring 2022 | Fall 2022 | Spring 2023 | Fall 2023 | Spring 2024 | |
| 1 | Mental health counselor | Mental health counselor | Mental health counselor | Mental health counselor | Mental health counselor | Mental health counselor | Mental health counselor | |
| 2 | Substance use disorder professional | Substance use disorder professional | Substance use disorder professional | SUDP Registered nurse Peer counselor | Substance use disorder professional | Substance use disorder professional | Substance use disorder professional | <u></u> |
| 3 | Psychiatrist Social worker | Social worker (Mental health/SUDP) | Social worker (Mental health/SUDP) | Social worker (Mental health/SUDP) | Registered nurse | Social worker (Mental health/SUDP) | Counselor – Bachelor's prepared | Mostcited |
| 4 | Peer counselor | Peer counselor | Marriage & family therapist | Marriage & family therapist | Marriage & family therapist | | Marriage & family therapist Office personnel | |





WA Community Health Centers

| | | Тор | occi | upations with | n exceptiona | lly long vacar | ncies* | | | | |
|------|---|---|------|---------------------------|--|---|---|---|---|----------------------|---|
| Rank | Spring 2019 | Fall 2019 | * | Fall 2020 | Spring 2021 | Fall 2021 | Spring 2022 | * | * | Fall 2023 | 1 |
| 1 | Medical assistant | Physician/ Surgeon | | Registered nurse | Medical assistant | Registered nurse Medical assistant | Registered nurse Medical assistant | | | Registered nurse | |
| | Physician/ Surgeon | Dental assistant | | Mental health | Registered nurse | Physician/ Surgeon | Physician/ | | | Physician/ | |
| 2 | Dental assistant Registered nurse | Medical assistant Nurse practitioner | | counselor | Physician/ Surgeon | Mental health counselor | Surgeon | | | Surgeon | |
| | | Mental health counselor | | | | Dental assistant Dental | Dental assistant | | | | |
| 3 | Mental health counselor | Physician Assistant | | Physician/ Surgeon | | hygienist Nurse practitioner | Office staff / front desk / scheduler | | | Medical assistant | |
| | Substance use disorder | | | | Multiple occupations cited at same | Substance use disorder | Dental hygienist | | | | |
| 4 | Nurse practitioner | Dentist | | Multiple | frequency | professional Social worker | Mental health counselor | | | Dental assistant | |
| | Dental hygienist | Dental hygienist | | occupations cited at same | | (health care) | Nurse practitioner | | | | |
| 5 | Multiple occupations cited at same frequency | Multiple occupations cited at same frequency | | frequency | | Multiple occupations cited at same frequency | Psychologist, clinical and counseling | | | Dentist | |





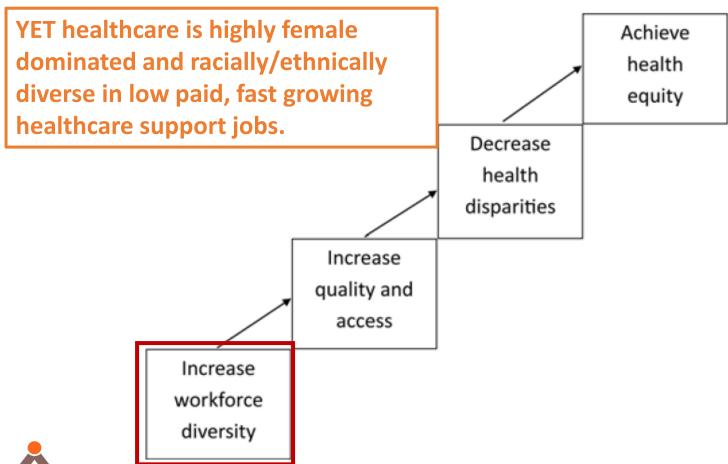
WA K-12 Schools

| | Тор осси | upations with except | tionally long vacancie | es* | |
|------|------------------------------------|--|---------------------------|--|-----------|
| Rank | Spring 2019 | Spring 2022 | Fall 2023 | Spring 2024 | |
| 1 | Registered nurse | Registered nurse | Registered nurse | Registered nurse | |
| 2 | Licensed practical nurse | Licensed practical nurse | School nevehologist | Mental health counselor | |
| 2 | School psychologist | Licensed practical nurse | School psychologist | Licensed practical nurse | <u>_</u> |
| | Dental hygienist | Occupational therapist | | School psychologist | Mostcited |
| 3 | Nurse practitioner | | Mental health counselor | | ited |
| | Speech language therapist | School psychologist | | Speech language therapist | |
| 4 | No additional occupations reported | Multiple occupations cited at the same frequency | Speech language therapist | Multiple occupations cited at the same frequency | |





Workforce diversity is important for health equity, and many say healthcare is not diverse enough...





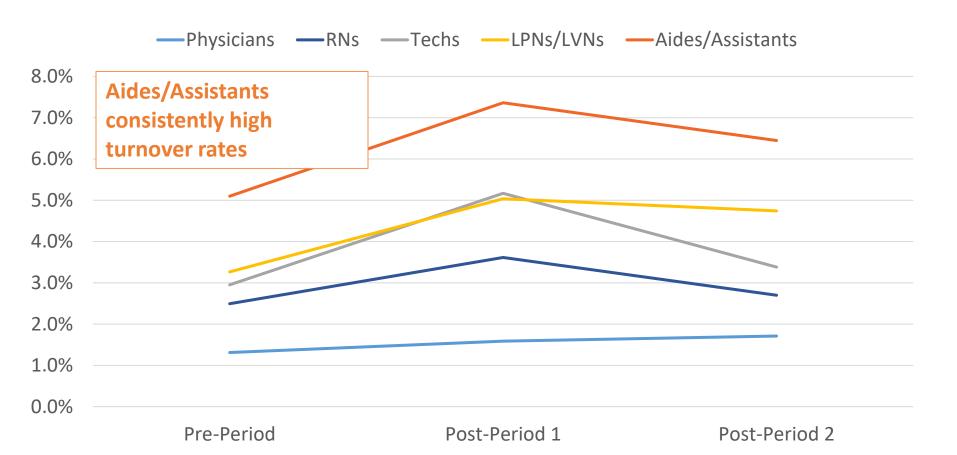
Source: Williams et al, 2014, Public Health Reports

JAMA Health Forum...

Original Investigation

Tracking Turnover Among Health Care Workers During the COVID-19 Pandemic A Cross-sectional Study

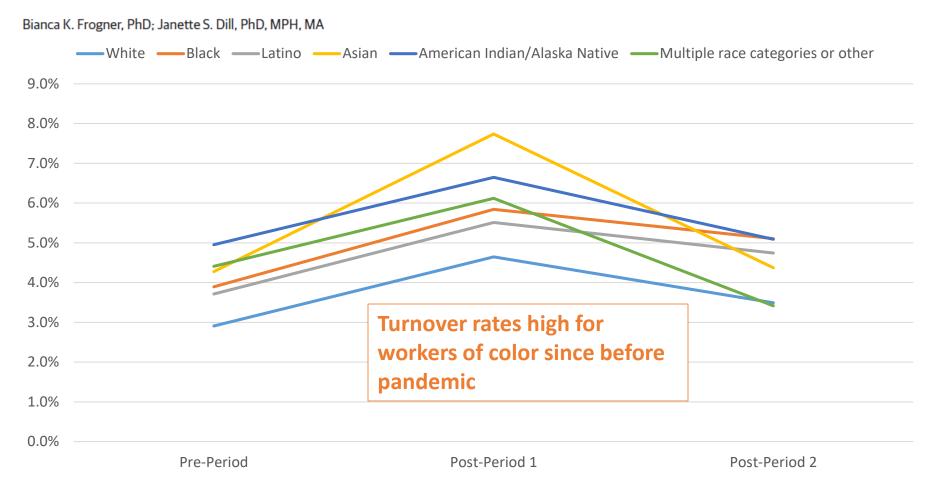
Bianca K. Frogner, PhD; Janette S. Dill, PhD, MPH, MA



JAMA Health Forum...

Original Investigation

Tracking Turnover Among Health Care Workers During the COVID-19 Pandemic A Cross-sectional Study



By Janette Dill and Mignon Duffy

Structural Racism And Black Women's Employment In The US Health Care Sector

DOI: 10.1377/hlthaff.2021.01400
HEALTH AFFAIRS 41,
NO. 2 (2022): 265–272
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Attribution (CC BY 4.0) license.

EXHIBIT 1

Health care industry and occupational distribution in the US, by gender, race, and ethnicity, 2019

| | Women | ı (%) | | | | Men (9 | %) | | | |
|--|--|------------------------|--------------------------------|----------------------------|----------------------|----------------------|------------------------|--------------------------|----------------------|----------------------|
| Categories Full labor force Health care | Black 6.9 13.7 ^a | White 28.3 46.2 | Hispanic 8.1 10.6 | Asian 3.1 5.1 | Other 1.1 1.7 | Black 6.1 3.4 | White 31.8 13.1 | Hispanic 10.1 3.1 | Asian 3.3 2.5 | Other 1.2 0.5 |
| SETTINGS | | | | | | | | | | |
| Hospital Ambulatory care | 12.1 9.6 | 47.2 48.6 | 8.6 11.8 | 6.1 | 1.5 | 3.8 | 13.8 | 3.4 | 3.0 | 0.6 - 0.6 |
| Long-term care | 23.0 ^b | 40.8 | 12.1 | Black v | vome | n are o | overre | present | ed in | 0.4 |
| OCCUPATIONS | | | | sunno | rt occi | ınatio | ns mo | stly in l | ong- | |
| Physicians APs | 3.2 4.2 | 22.9 46.0 | 3.3 | term c | | • | • | ociy iii i | 0118 | 1.3 0.7 |
| RNs | 10.2 | 61.3ª | 6.6 | /./ ^a | 1./ | 1.5 | /.b | 1.4 | 1.9 | 0.3 |
| Therapists | 8.1 | 56.1 | 8.5 | 3.1 | 1.6 | 2.6 | 14.1 | 2.9 | 2.6 | 0.5 |
| Techs | 9.4 | 54.6 | 9.4 | 6.3ª | 1.3 | 2.6 | 9.6 | 2.8 | 3.4 | 0.6 |
| LPNs/aides Community/ behavioral ^c | 24.9 ^b | 39.8 48.3 | 16.5° 8.9 | 4.7 3.0 | 1.9 1.9 | 3.4 4.4 | 4.8 16.4 | 2.4 | 1.3 1.6 | 0.4 |
| Deliavioral | 11.0 | -10.5 | 0.5 | 5.0 | 1.5 | 7.7 | 10.4 | ٥.८ | 1.0 | 0.5 |

By Indira Ghandi Islas, Erin Brantley, Maria Portela Martinez, Edward Salsberg, Finn Dobkin, and Bianca K. Frogner

DATAWATCH

Documenting Latino Representation In The US Health Workforce

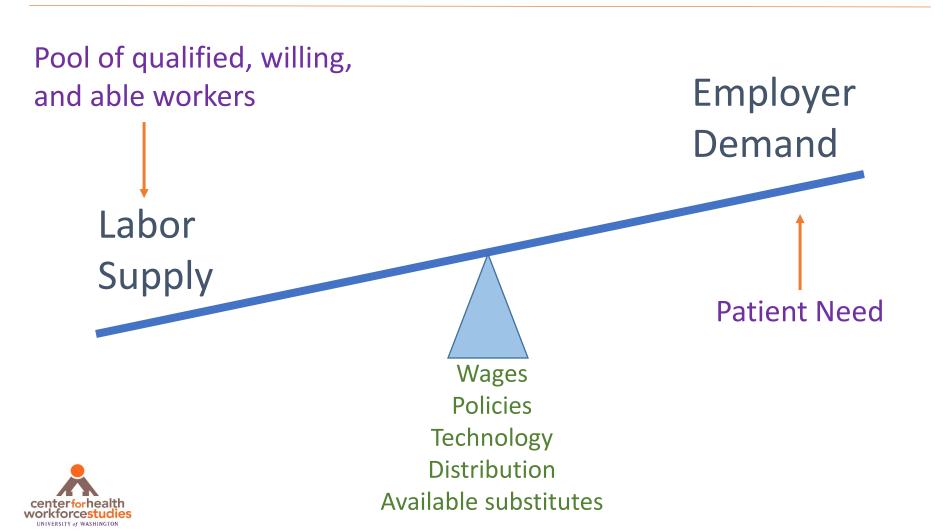
DOI: 10.1377/hlthaff.2022.01348 HEALTH AFFAIRS 42, NO. 7 (2023): 997-1001 © 2023 Project HOPE— The People-to-People Health Foundation. Inc.

EXHIBIT 2

Representation of Latino subpopulation groups in the US health professions workforce, 2016-20

| | Mexicar America | | Puerto Ricans | | Cuban Americans | | Other Latino | s |
|---|--|------------|------------------|---------|--------------------|--------|-----------------|--|
| | % | DI | % | DI | % | DI | % | DI |
| Health diagnosing and treating professions Physicians Dentists Pharmacists Therapists (PT, OT, speech-language) Advanced practice registered nurses Physician assistants Registered nurses Respiratory therapists | 1.77 2.16 1.56 2.65 2.36 3.89 3.85 6.78 | 0.0 | | _ | | | | 0.62 0.59 0.26 0.43 0.30 0.53 xed w |
| Health care support and personal care and services professions | | | | | _ | _ | | , with |
| Medical assistants | 17.85 | 1.6 | /lexica | an An | nerica | ins do | mina | nt in |
| Dental assistants Licensed practical nurses | 16.58 7.94 | 1.5 0.7 | uppo | rt role | es. | | | |
| Phlebotomists | 10.92 | 1.02 | 2.34 | 1.45 | 1.41 | 1.86 | 4.17 | 0.87 |
| Nursing assistants | 7.08 | 0.66 | 1.86 | 1.16 | 0.71 | 0.93 | 3.92 | 0.82 |
| Home health aides | 13.61 | 1.27 | 1.68 | 1.04 | 0.53 | 0.70 | 5.03 | 1.05 |
| Personal care aides | 8.91 | 0.83 | 2.74 | 1.70 | 0.94 | 1.24 | 9.97 | 2.09 |

Very Basic Workforce Shortage Framework



Contributors to Low Labor Supply and Potential Policy Solutions

Pool not available to work because:

- Directly affected by COVID illness → paid sick leave
- Childcare and other caregiving responsibilities → childcare/dependent benefits

Pool not willing to work:

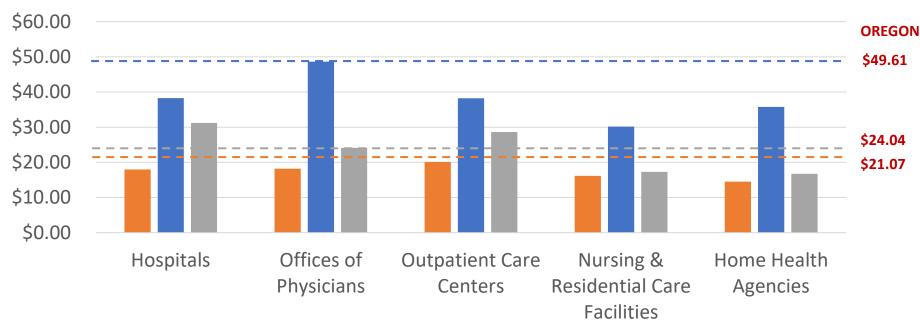
- Burnout/moral distress/moral injury → address workplace culture
- Safety concerns → adequate PPE, vaccine education/availability

Lack of qualified applicants

- Training unavailable, slow and expensive to complete → invest in education/training programs
- Restrictive practice policies → relax training requirements, scope of practice regulations

Value Services Provided by Support Workers

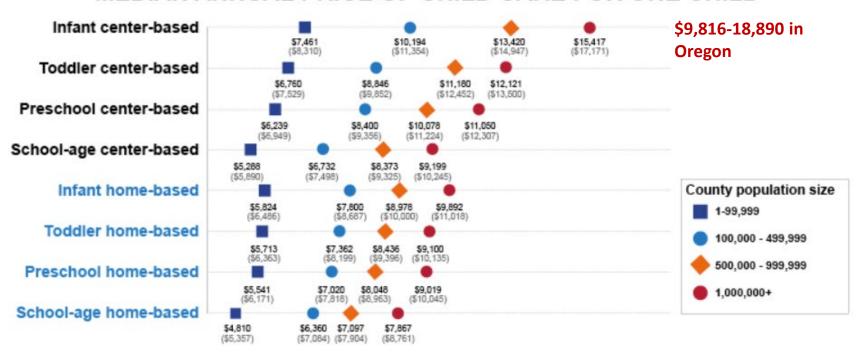






Provide Affordable and Accessible Childcare

MEDIAN ANNUAL PRICE OF CHILD CARE FOR ONE CHILD



Source: National Database of Childcare Prices 2018 (U.S. Department of Labor Women's Bureau) and American Community Survey 2014-2018 (U.S. Census Bureau)

Note: Childcare prices are presented in 2018 and 2022 real dollars. Estimates for 2022 are in parentheses.



Provide Affordable Housing Near Work

Commercial Real Estate



Seattle-area developers turn Anacortes motel into workforce housing





Hospital buys duplexes for employee housing



Nantucket Cottage Hospital this week bought a pair of duplexes at 39 and 41 Beach Grass Road for employee housing.



Invest in Career Development



ABOUT

GISTERED APPRENTICESHIPS

EDUCATION ASSOCIATION

CENTER FOR EQUIT

H-CAP ACADEMY





500 WORKERS

(dietary aide, housekeepers, etc., and other community members) who are ready to take the step toward a nursing career

EARN AND LEARN Participants are hired as apprentices in a nursing aide position and earn wages while they train and prepare for the state certification exam. They also get paid for their hours in the classroom.

RECOGNIZED CREDENTIAL Apprentices gain a nationally recognized credential from the U.S. Department of Labor

NO COST Tuition and all out-of-pocket expenses paid

STIPENDS Participants receive stipends to cover costs of childcare, groceries, and transportation

MENTORING Wrap-around services include mentoring from experienced CNAs and LVNs

RETENTION BONUS Up to \$300



WA Specific Behavioral Health Workforce Barriers and Solutions

Washington State's Behavioral Health Workforce: Examination of Education and Training Needs and Priorities for Future Assessment

CONTENTS

July 2022 Susan M Skillman, MS, Ben Dunlap, MPH

KEY FINDINGS

- New grads tend to be more prepared for private practice than community settings.
- Case management important skill, but often not well developed in new grads.
- Supervision, mentorship and general staff support needed.
- Pathways into different behavioral health roles need greater clarity.
- New education approaches and occupations are generally welcome, if financially viable.

Washington's
Behavioral Health Workforce:
Barriers and Solutions







Phase II Report and Recommendations

- Reimbursement and incentives for supervision of interns and trainees.
- Supervision requirements.
- Competency-based training.
- Licensing reciprocity or the feasibility of an interstate licensing compact, or both.
- Background checks, including barriers to work related to an applicant's criminal history or substance use disorder



Key Takeaways

- Behavioral health roles span multiple settings and occupations, some of which are hard to track with existing data.
- Healthcare is diverse but mostly in low-paid jobs and often filled by women and marginalized populations.
- High turnover requires attention on retention efforts
 - Multi-pronged approach needed, prioritizing both socioeconomic, education/training, and workplace needs
 - Policy solutions require partnerships and should target local, state, and national levels







Thank You!

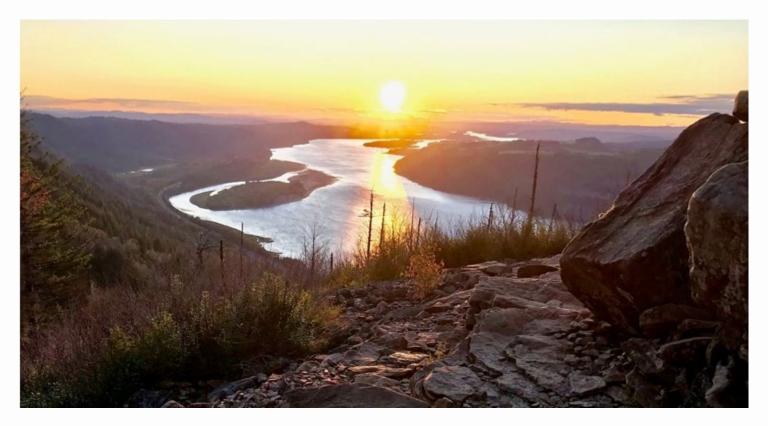
Bianca Frogner, PhD

bfrogner@uw.edu

@biancafrogner

@uwchws

10 Minute Break



Angel's Rest Trailhead



Questions and Discussion with Dr. Bianca Frogner

20 minutes



Charter Updates

identify progress of recommendations or take inventory of barriers to completing work.

Absence:

Attendance is crucial. The expectation is that all members will attend every meeting, however if a member cannot attend a meeting, they can provide input via email or by talking with an OHA staff person. Any member who misses more than three consecutive meetings without notice or more than six excused absences is subject to replacement. Any member who misses a meeting is expected to review the recording of the meeting (recordings can be found here) as well as the meeting minutes so they can participate in the voting to approve minutes and other matters that require a vote. OHA staff will do everything they can to accommodate members so they can fully participate in all workgroup meetings.

Members can send proxies to participate in meetings on their behalf. Members should consider an individual's expertise and intentions when selecting a proxy. **Proxies cannot participate in decision making/voting.**

Decision-Making Process

The HB 2235 Workgroup agrees to make any decisions through a majority-based decision-making process whenever possible. Topics requiring decisions will be presented and discussed. Decisions must be made only when a quorum is present.

Decisions will be voted on by roll call where each member will vote yes/for, no/against, or abstain.

Last Updated: 8/5/20247/30/20247/25/2024

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Level 3 - Restricted

Wrap up/Next Steps

- Next Meeting:
 - August 21, 2024 1pm-3pm
 - Member presentation by Shyra Merila
 - Member presentation by Kelli Bosak
- Report Writer:
 - August 12 Vendor Review

