

OCAC Annual Planning Retreat - June 18, 2024

Summary of Results

Attendance In-Person: Nick Chaiyachakorn, Marquita Corely, Molly Griggs, Rose Kuhnau, JD Holt, Rhea Wolf, Isaiah Mitchell, Tammi Paul, Steve Sanden

Attendance by Zoom: Drake Ewbank, Debbi Barreras, Luke Walters, Laura Rose Misaras, Willita Ross, Peter Starkey

ORR/OHA Staff: Beau Rappaport, Ebony Clark, Israa Haiani, Walter Bailey, John Parsons, Sharmalee Nadarajah

Opening Statements were provided by outgoing Chair, Drake Ewbank

The combined achievements of each of the committees during the previous year were celebrated in a PowerPoint presentation, with the key accomplishments of each committee as follows:

PEER SUPPORT COMMITTEE

- The Peer Support Committee is responsible for the Town Hall Meetings about PS Certification and training needs in Oregon.
- The PSC generated the OCAC Letter about the THW in May.
- This resulted in meetings designed to create open dialogue with the THW Commission about peer workforce needs!

TRAUMA INFORMED SYSTEMS COMMITTEE

Our priority this year was learning about and working on issues related to the Psychiatric Security Review Board (PSRB).

We invited people working with forensic peer services and/or PSRB issues to present to our group:

- Meghan Apsaha from Disability Rights Oregon
- Megan Harper and Ben Teese, who work at the OHA on the programs and funding of PSRB to facilitate better options and outcomes for conditional release
- Haven Taylor and Manzie Butler of New Narrative who are working on new programs related to forensic peer support
- Alison Bort, Executive Director of PSRB (June 2024 meeting)

Collaborated to **create a survey** to distribute to people with lived experience of being under the jurisdiction of the PSRB

Created a brief document to explain what the PSRB is

Plan for distribution and collection of the surveys to amplify the voices of those who have lived experience of the PSRB system

Plan to request ARPA funds for the survey, incentives for participation, and in-person meetings or follow-up for this project

Other topics discussed or presentations include:

- Trauma-informed Coordinator position with OHA
- Trauma-informed Oregon presentation on current projects
- Institutional Betrayal and Systems Re-traumatization
- Luke and Rhea met with Alison Bort in May 2024 to present the work we have been doing and prepare for her presentation in June

DEVELOPMENT COMMITTEE

- Established the ARPA Funding Subcommittee
- Looked at and discussed past Mentorship documentation and ideas
- Had outside of Development Meeting going over application
- Application editing and revision

ARPA FUNDS SUBCOMMITTEE (Subcommittee of Development Committee)

Ideas under consideration:

- IPS Training with FolkTime
- Peer Leadership Network
- OCAC Branding and Outreach
- Transponder Retreat (already approved – need date/location)
- OCAC Member Mentorship
- Funds for extra work carried out by committee members such as project coordination & mentorship

LEGISLATION, BENEFITS & HUMAN RIGHTS COMMITTEE

* Recommendation to the Division, State Representatives, and Congressional Delegation to Adopt the Social Security Modernization Act

* Legislative recommendation to have the committee stipends not be treated as wages by the state

* Bylaws subcommittee created and the cooperative creation of a charter and bylaws framework for the Council to fill in areas not articulated by the rules

* Engagement with the TTAC Committee to provide Council's legislative intent for regulating the THW to require peers to certify and conduct trainings

Focus on the Coming Year

In reviewing goals for the entire council for the coming year, our focus was on the development and work of creating an **entire council that truly represents Diversity, Inclusion, Equity and Belonging**. Marquita Corley provided a powerful presentation that inspired the group for this work to come.

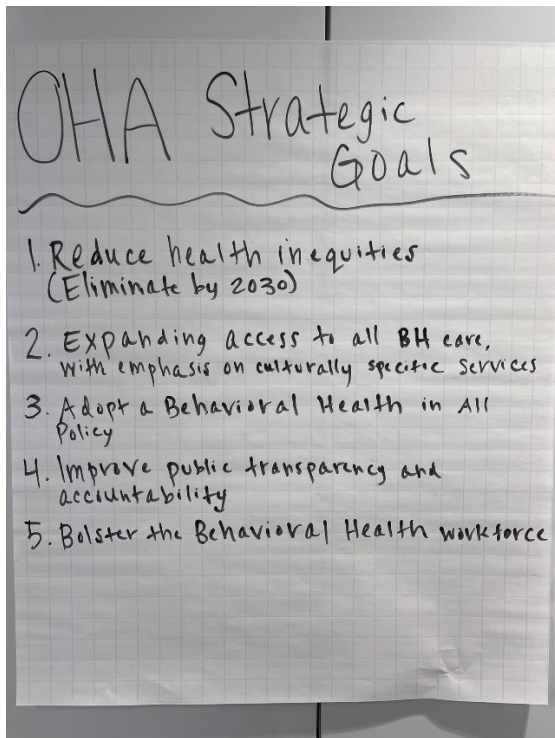
After enjoying a lunch break, the Council began our focused work to identify and clarify the priorities for each committee.

Members of each committee, as well as any interested Council Member, worked in small groups to identify possible goals to work on over the coming year. After completing the list during, leaders of each committee worked together to refine the list of priorities so that they were ready for a vote.

Each Council Member was provided with 10 stars to mark their selection of the most important goals for the coming year. We also gathered priorities from our members who attending via Zoom. Results that identified the Top Three Priorities for each Committee were identified and reviewed.

Participants left with a sense of satisfaction that they had achieved the purpose of their meeting retreat, and even shared some laughs along the way.

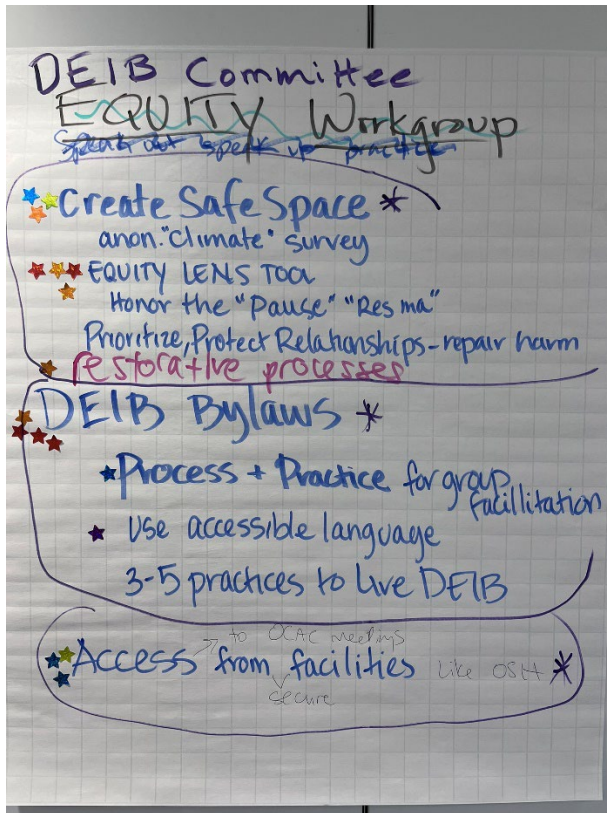
Please note: before the final priorities were determined for each OCAC Committee, Beau shared a quick review of the Health Authority's top 5 priorities for the coming year.



OHA Strategic Goals

1. Reduce health inequities (Eliminate by 2030)
2. Expanding access to all BH care, with emphasis on culturally specific service
3. Adopt a Behavioral Health in All Policy
4. Improve public transparency and accountability
5. Bolster the Behavioral Health Workforce

The results of the deliberate group process are as follows:



Diversity, Equity, Inclusion & Belonging Committee

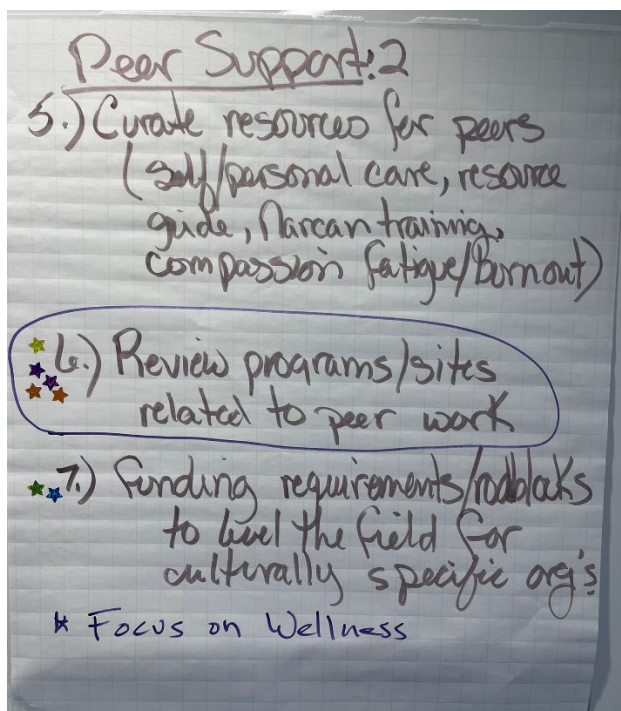
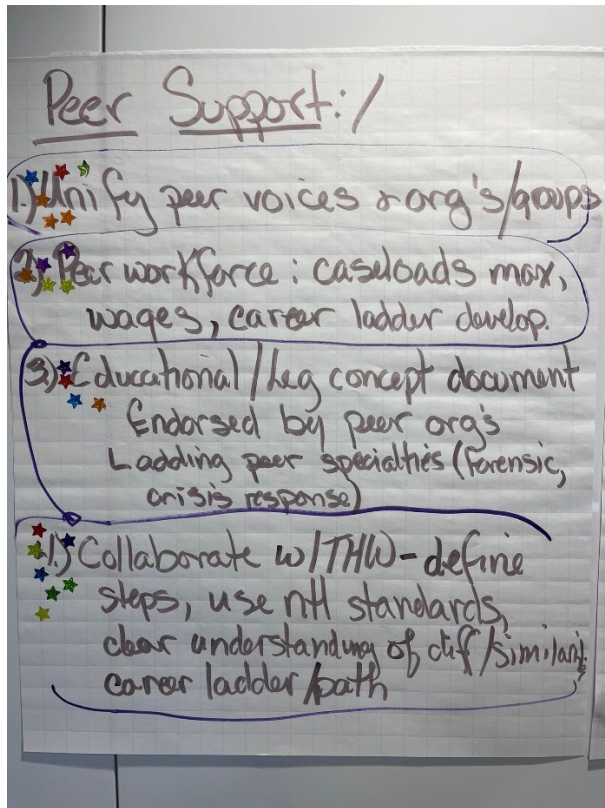
(Formerly the Equity Workgroup)

1. Create Safe Space, including EQUITY LENS TOOL (8 stars)
Honor the "Pause" "Res ma"
Prioritize & Protect Relationships – repair harm
Restorative processes
2. DEIB Bylaws (6 stars) Process & Practice for group facilitation
Use accessible language
3 – 5 practices to live DEIB
3. Access to OCAC Meetings from secure facilities like OSH (3 stars)

The work of the DEIB Committee involves all members of the OCAC Council.

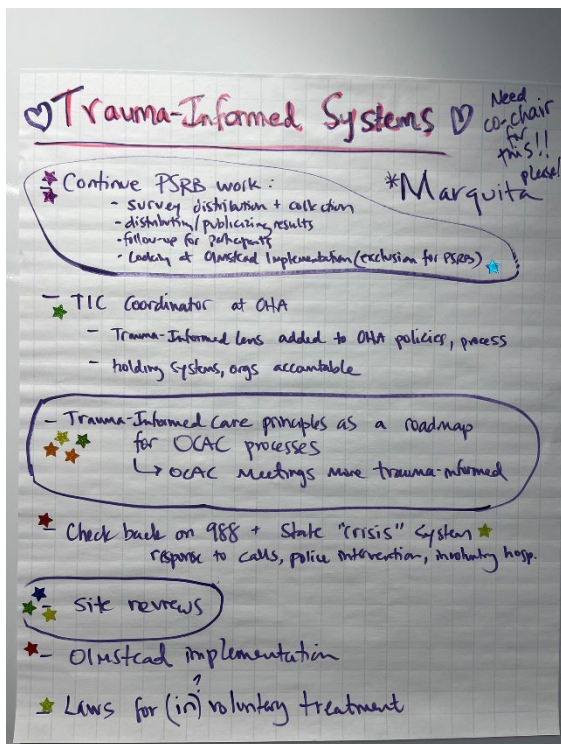
“Diversity, Equity, and Inclusion (DEI) are essential components that help to promote a sense of belonging. They focus on representation, fair treatment, and integration of individuals from diverse backgrounds. DEI lays a strong foundation to build an environment where everyone feels like they belong.”

- Presentation by Marquita Corely



Peer Support Committee

1. Collaborate with the THW Commission – define steps, use national standards, clear understanding of differences & similarities
Career ladder/path (7 stars)
2. Unify peer voices and organizations/groups (6)
3. Review Programs/sites related to peer work (5) AND Peer workforce: caseload maximum, wages, career ladder development (5)
Additional goals:
4. Educational/Legislative concept document endorsed by peer organizations – adding peer specialties (such as forensic and crisis response) (4)
5. Funding requirements/roadblocks to level the field for culturally specific organizations (2)
6. Curate resources for peers (self/personal care, resource guide, Narcan training, compassion fatigue/Burnout
 - Focus on Wellness (overall)



Trauma-Informed Systems

*New Co-Chair needed: Marquita volunteered

1. Trauma-Informed Care Principles as a roadmap for OCAC processes
Make OCAC Meetings more trauma-informed (4 stars)
2. Site Reviews – with a trauma-informed lens (3)
3. Continue PSRB work:

3. continued....PSRB work to include:

- Survey distribution and collection
- Distributing/publicizing results
- Follow-up for Participants
- Looking at Olmstead Implementation (exclusion for PSRBs)

Additional Goals:

4. Check back on 988 and State “Crisis” System: (2 stars)

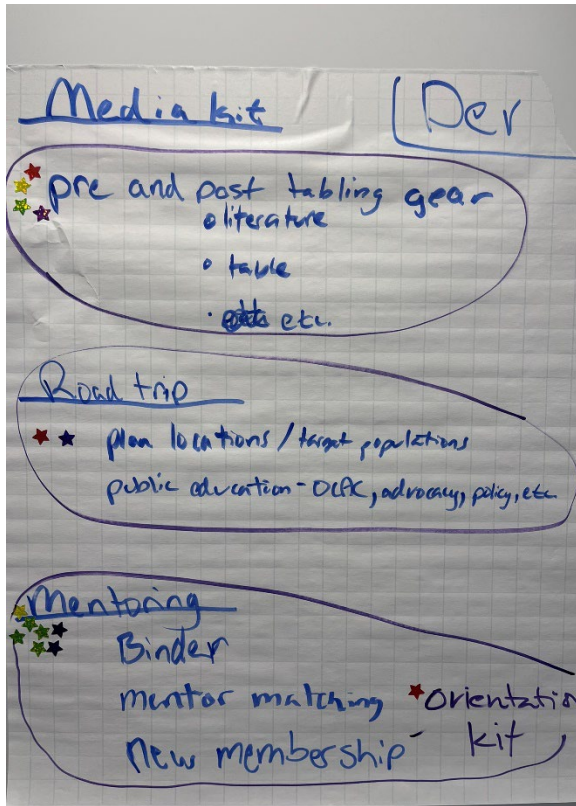
- Response to calls, police intervention, involuntary hospitalizations

5. TIC Coordinator at OHA (1 star)

- Trauma-Informed lens added to OHA policies & processes
- Holding systems and organizations accountable

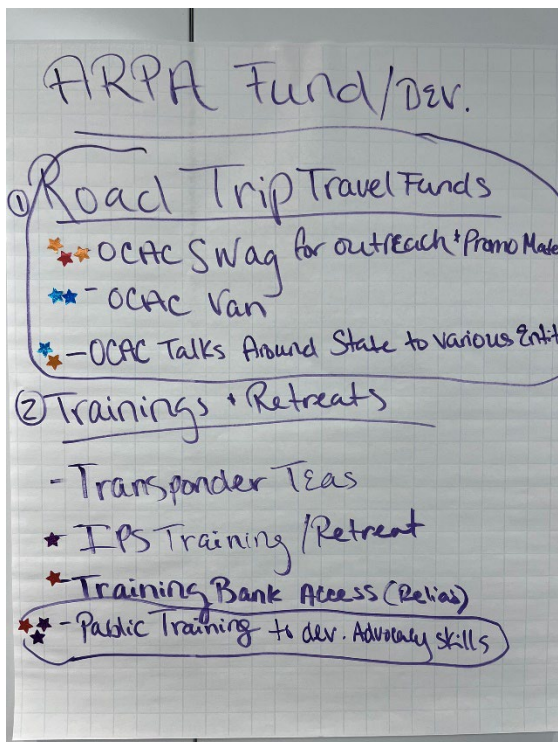
Laws for involuntary treatment

Olmstead Implementation



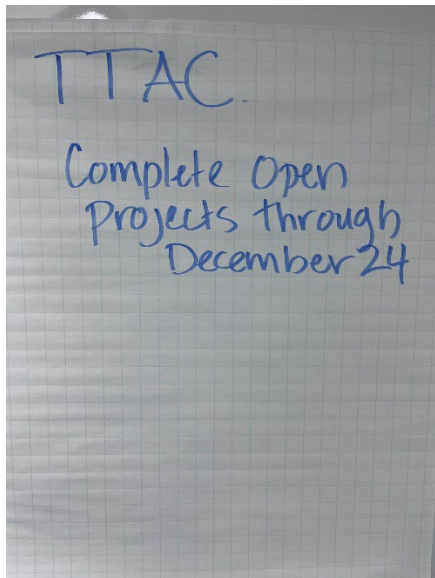
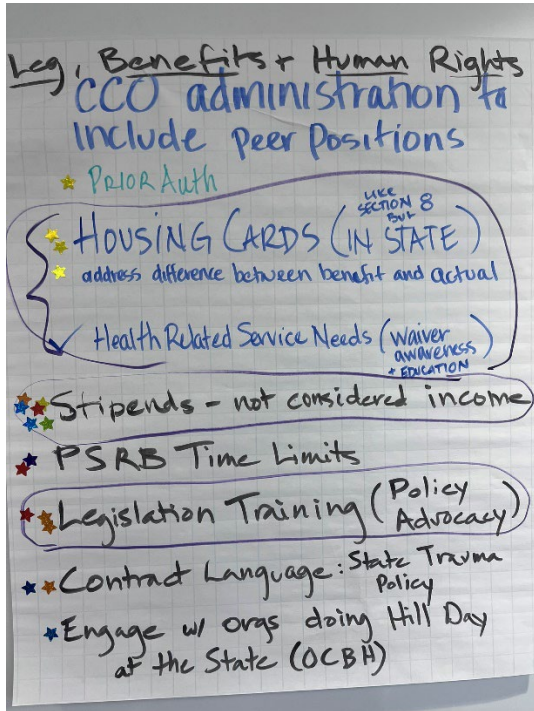
Development Committee/ Media Kit

1. Mentoring (7 stars)
 - Orientation Kit
 - New Membership
 - Binder
 - Mentor Matching
2. Pre & Post Tabling Gear (4 stars)
 - Literature
 - Table, etc.
3. Road Trip (2 stars)
 - Plan locations/ target populations
 - Public Education – OCAC, advocacy, policy, etc.



ARPA Funds

1. Road Trip Travel Funds (7 stars)
 - OCAC Swag
 - OCAC Van
 - OCAC Talks Around the State to various Entities
2. Public Training to develop Advocacy Skills (3 stars)
3. Trainings & Retreats (2 stars)
 - IPS Training Retreat
 - Training Bank Access (Relias)
 - Transponder Teas



Legislation, Benefits & Human Rights

1. Stipends not to be considered income (6 stars)
2. Legislation Training (Policy & Advocacy) (3) AND
 - Housing Cards (Like Section 8 in State – address differences between benefits and actual costs
 - Health Related Service Needs (waiver awareness education
3. PSRB Time Limits AND Contract Language: State Trauma Policy (2)

Additional Goals:

4. Engage with organizations doing Hill Day at the State (OCBH)
5. Prior Authorization (clarify)
6. CCO Administration to include peer positions

Technology, Training & Access

This committee will complete open projects through December 2024 and pass remaining work back to the Council.