

factsheet

MARCH 2016

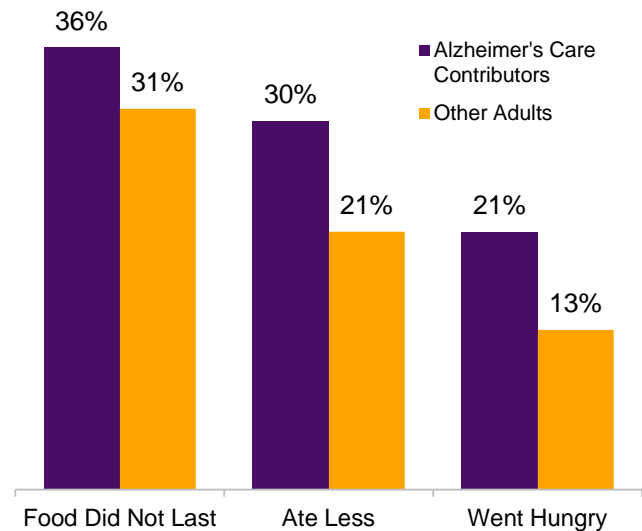
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2016 Alzheimer's Disease Facts and Figures

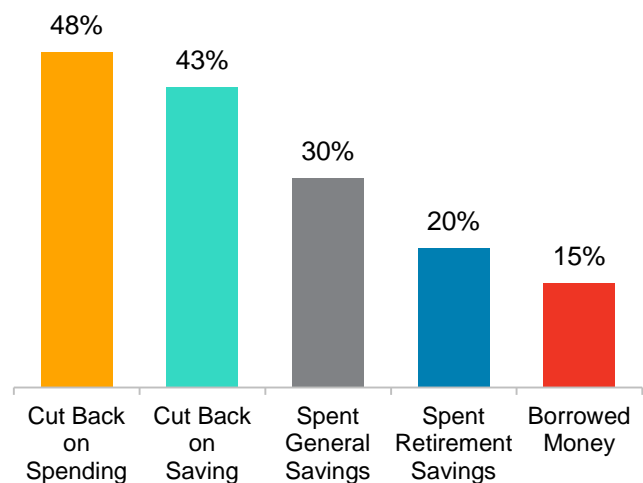
Alzheimer's takes a devastating toll – not just on those with the disease, but on entire families.

- Nearly half of care contributors – those who are caregivers of someone with Alzheimer's and/or contribute financially to their care – cut back on their own expenses (including food, transportation and medical care) to pay for dementia-related care of a family member or friend.
- Care contributors are 28 percent more likely than other adults to eat less or go hungry because they cannot afford to pay for food.
- One in five care contributors cut back on their own doctor visits because of their care responsibilities. And, among caregivers, 74 percent report they are "somewhat" to "very" concerned about maintaining their own health since becoming a caregiver.
- On average, care contributors lose over \$15,000 in annual income as a result of reducing or quitting work to meet the demands of caregiving.
- In total, 15.9 million family and friends provided 18.1 billion hours of unpaid care in 2015 to those with Alzheimer's and other dementias. That care had an estimated economic value of \$221.3 billion.

Consequences of Not Being Able to Afford Food, by Percent of Individuals



Financial Steps Taken to Help Pay for the Needs of Someone with Alzheimer's, by Percent of Care Contributors



Facts in Your State

The 2016 Alzheimer's Disease Facts and Figures report also contains state-by-state data on the impact of the disease. Find the full report and information on your state at www.alz.org/facts.

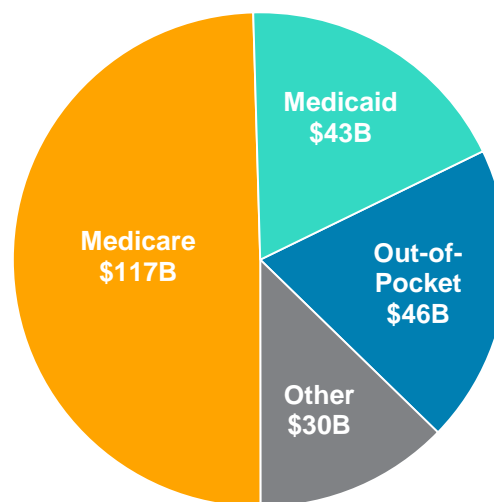
The number of Americans living with Alzheimer's disease is growing – and growing fast.

- Today, 5.4 million Americans are living with Alzheimer's disease, including an estimated 200,000 under the age of 65. By 2050, up to 16 million will have the disease.
- Nearly two-thirds of those with Alzheimer's disease – 3.3 million – are women.
- By 2025, 20 states will see at least 35 percent or greater growth in the number of people with Alzheimer's.
- Someone in the United States develops Alzheimer's every 66 seconds. In 2050, someone in the United States will develop the disease every 33 seconds.

The growing Alzheimer's crisis is helping to bankrupt Medicare.

- In 2016, the direct costs to American society of caring for those with Alzheimer's will total an estimated \$236 billion, with just under half of the costs borne by Medicare.
- Nearly one in every five Medicare dollars is spent on people with Alzheimer's and other dementias. In 2050, it will be one in every three dollars.
- Average per-person Medicare spending for those with Alzheimer's and other dementias is three times higher than average per-person spending across all other seniors. Medicaid payments are 19 times higher.
- Unless something is done, in 2050, Alzheimer's will cost \$1.1 trillion (in 2016 dollars). Costs to Medicare will increase 365 percent to \$589 billion.

2016 Costs of Alzheimer's = \$236 Billion



Alzheimer's is not just memory loss – Alzheimer's kills.

- Alzheimer's disease is the 6th leading cause of death in the United States and the 5th leading cause of death for those aged 65 and older.
- In 2013, over 84,000 Americans officially died *from* Alzheimer's; in 2016, an estimated 700,000 people will die *with* Alzheimer's – meaning they will die after having developed the disease.
- Deaths from Alzheimer's increased 71 percent from 2000 to 2013, while deaths from other major diseases (including heart disease, stroke, breast and prostate cancer, and HIV/AIDS) decreased.
- Among 70-year olds, 61 percent of those with Alzheimer's are expected to die before the age of 80 compared with 30 percent of people without Alzheimer's – a rate twice as high.
- Alzheimer's is the only cause of death among the top 10 in America that cannot be prevented, cured, or even slowed.



ALZHEIMER'S STATISTICS OREGON

U.S. STATISTICS

Over **5 million** Americans are living with Alzheimer's, and as many as **16 million** will have the disease in 2050. The cost of caring for those with Alzheimer's and other dementias is estimated to total **\$236 billion** in 2016, increasing to **\$1.1 trillion** (in today's dollars) by mid-century. Nearly **one in every three seniors** who dies each year has Alzheimer's or another dementia.



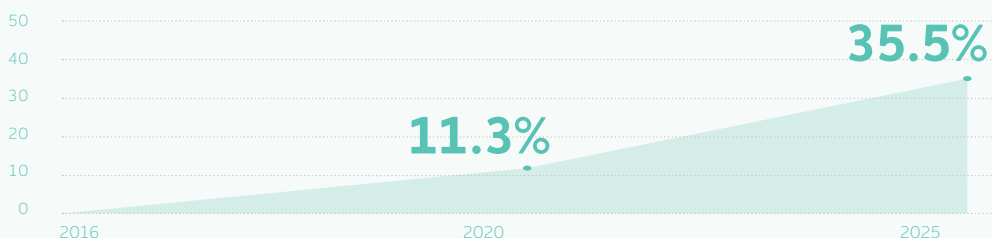
For more information, view the **2016 Alzheimer's Disease Facts and Figures** report at alz.org/facts.

65+ Number of people aged 65 and older with Alzheimer's by age*

Year	65-74	75-84	85+	TOTAL
2016	9,400	25,000	27,000	62,000
2020	12,000	29,000	28,000	69,000
2025	13,000	40,000	32,000	84,000

* Totals may not add due to rounding

Percentage change from 2016



+ Medicaid costs of caring for people with Alzheimer's, 2016

\$225 MILLION

Number of deaths from Alzheimer's disease in 2013

- 6th leading cause of death in Oregon
- 10th highest Alzheimer's death rate in America

1,312

Number of Alzheimer's and dementia caregivers, hours of unpaid care, and costs of caregiving

Year	Number of Caregivers	Total Hours of Unpaid Care	Total Value of Unpaid Care	Higher Health Costs of Caregivers
2013	173,000	196,000,000	\$2,446,000,000	\$100,000,000
2014	175,000	199,000,000	\$2,422,000,000	\$105,000,000
2015	178,000	202,000,000	\$2,480,000,000	\$110,000,000



cognitive decline in oregon

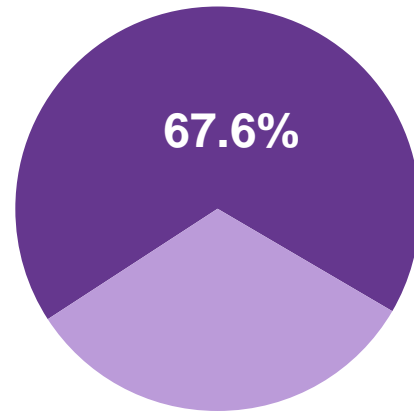
DATA FROM THE 2013 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Oregon, 10 percent of those aged 45 and over report they are experiencing confusion or memory loss that is happening more often or is getting worse.

More than two-thirds of them have not talked to a health care professional about it.

For those with worsening memory problems, more than half say it has interfered with household activities and/or work or social activities.

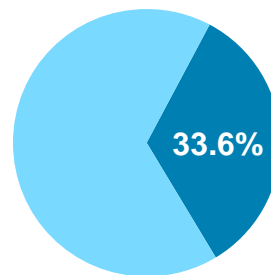
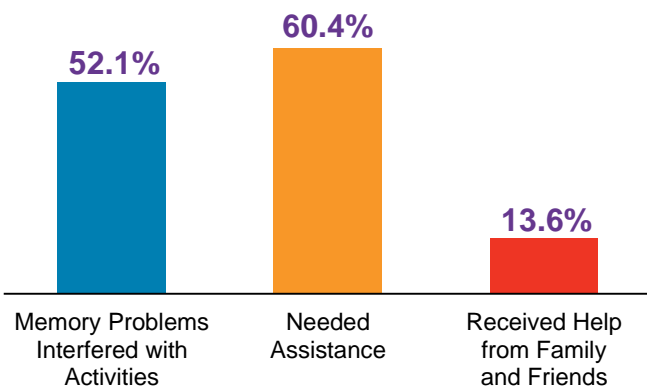
Percent with memory problems who have not talked to a health care provider



Percent of Those Aged 45+ Reporting Worsening Memory Problems in Previous 12 Months

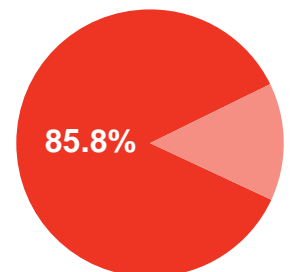
All	Gender		Age			
	Men	Women	45-54	55-64	65-74	75+
10.0%	11.3%	8.9%	10.8%	8.2%	7.9%	15.1%

Percent with memory problems who say it created difficulties and burden



Percent with memory problems who live alone

Percent with memory problems who have at least one other chronic condition*



This Fact Sheet is supported by Cooperative Agreement #NU58DP006115-01 from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the Alzheimer's Association and do not necessarily represent the official views of the CDC.

*Defined as arthritis, asthma, COPD, cancer, cardiovascular disease, and diabetes