ADL ASSISTANCE TYPES AND NEED LEVELS

ADL	Assist	Full Assist
Mobility – Ambulation	Minimal – Independent inside the home or care setting; receives hands-on assistance outside Substantial – Hands-on assistance inside the home or care setting at least one day each week totaling 4 days each month	Hands-on assistance throughout the activity each time it is attempted.
Mobility – Transfers	Hands-on assistance at least one day per week totaling four days per month	Hands-on assistance throughout the activity each time it is attempted.
Eating	Hands-on or cueing assistance at least one day per week totaling four days per month. This care is not continuous, but the provider must be within sight & immediately available each time the consumer eats.	Always require 1-on-1 assistance through all task; Or constant cueing to prevent choking or aspiration.
Elimination – Bladder & Bowel	Hands-on assistance at least one day per week totaling four days per month	Hands-on assistance throughout the activity each time it is attempted.
Elimination – Toileting	Hands-on assistance or cueing to prevent incontinence at least one day per week totaling four days per month	Hands-on assistance **OR** constant cueing throughout the activity each time it is attempted.
Bathing	Hands-on assistance, cueing or stand-by presence at least one day per week totaling four days per month	Hands-on assistance throughout the activity each time it is attempted.
Personal hygiene	Hands-on assistance, cueing or stand-by presence at least one day per week totaling four days per month	Hands-on assistance throughout the activity each time it is attempted.
Dressing	Hands-on assistance, cueing or stand-by presence at least one day per week totaling four days per month	Hands-on assistance throughout the activity each time it is attempted.
Grooming	Hands-on assistance, cueing or stand-by presence at least one day per week totaling four days per month	Hands-on assistance throughout the activity each time it is attempted.

ADL ASSISTANCE TYPES AND NEED LEVELS

Keys: Cueing | Hands-on | Monitoring | Reassurance | Redirection | Set-up | Stand-by | Support

Ambulation → Hands-on

Transfers → Hands-on

Eating → Hands-on | Cueing

Bladder → Hands-on

Bowel → Hands-on

Toileting → Hands-on | Cueing

Bathing → Hands-on | Cueing | Stand-by

Personal Hygiene → Hands-on | Cueing | Stand-by

Dressing → Hands-on | Cueing | Stand-by

Grooming → Hands-on | Cueing | Stand-by
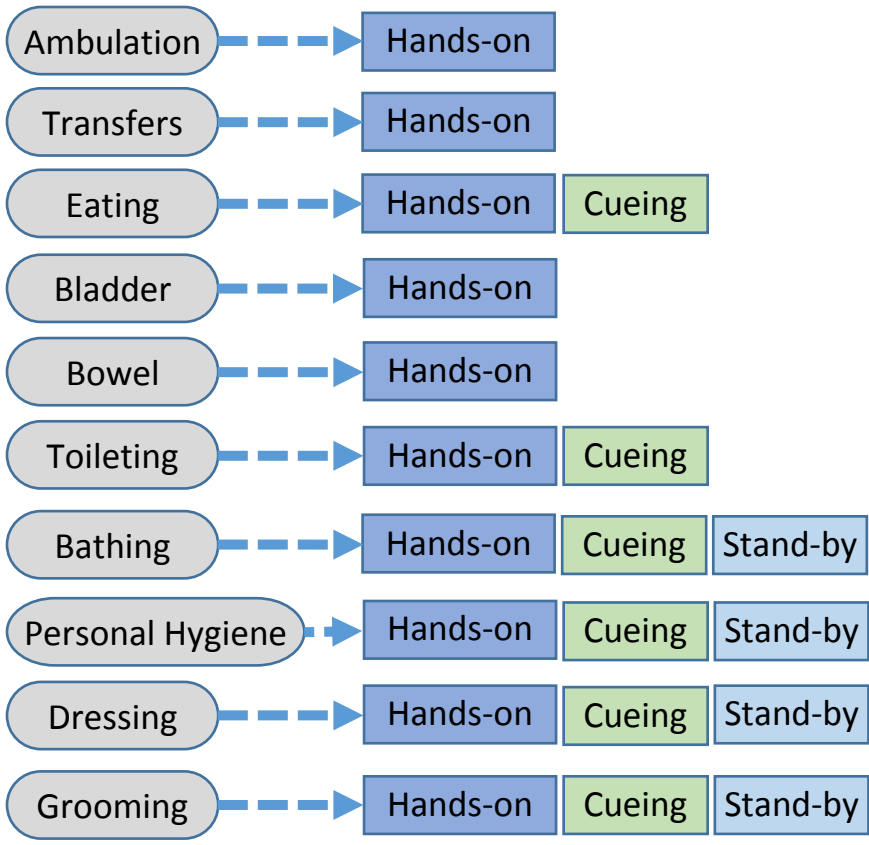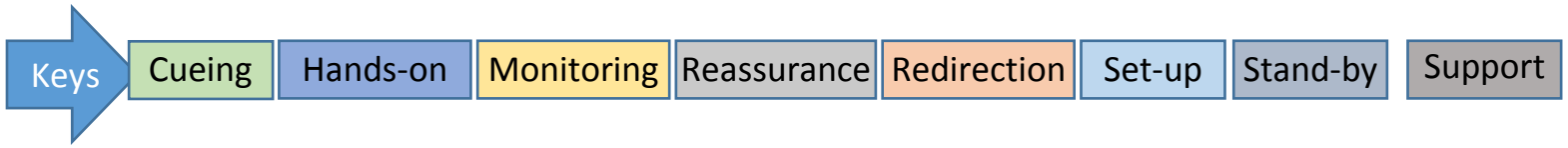
A consumer must require **_Hands-on_** assistance throughout each task of Bathing, Personal hygiene, Dressing and Grooming to be considered a full assist.

Self-preservation → Cueing | Hands-on | Monitoring | Reassurance | Redirection | Support

Decision making → Cueing | Hands-on | Monitoring | Redirection | Support

Ability to make self-understood → Cueing | Monitoring | Reassurance | Redirection | Support

Challenging behaviors → Cueing | Hands-on | Monitoring | Redirection
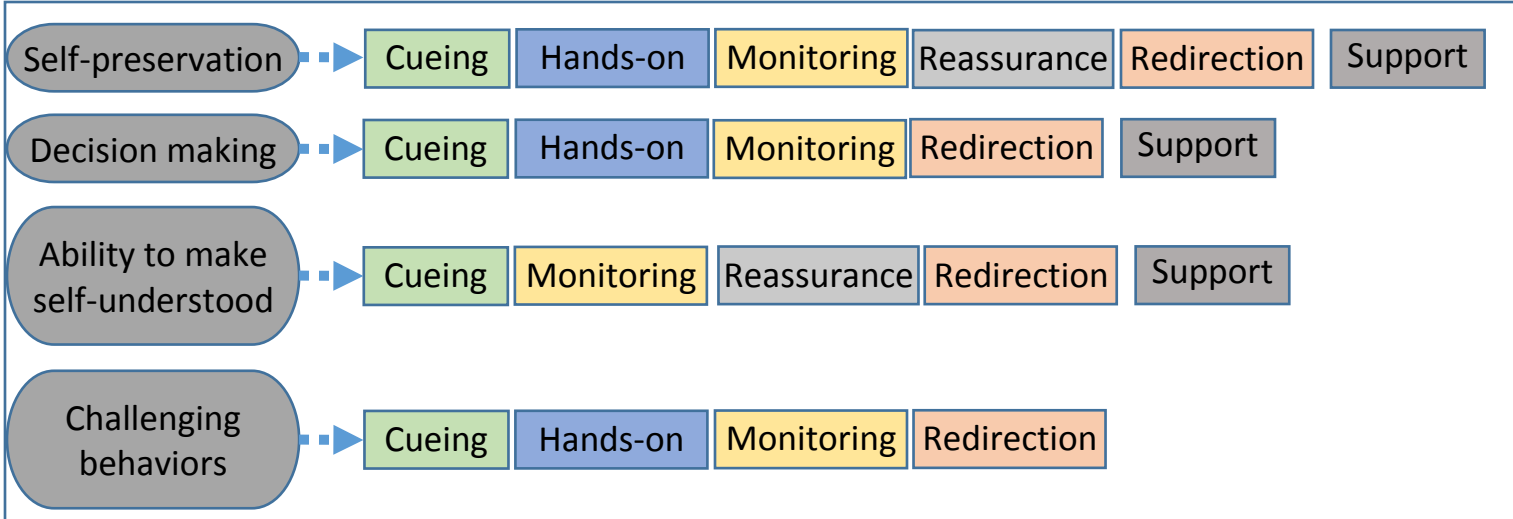
Assistance types of Monitoring and Support are not valid for consumer requiring full assistance