



Family Caregiver Support Program

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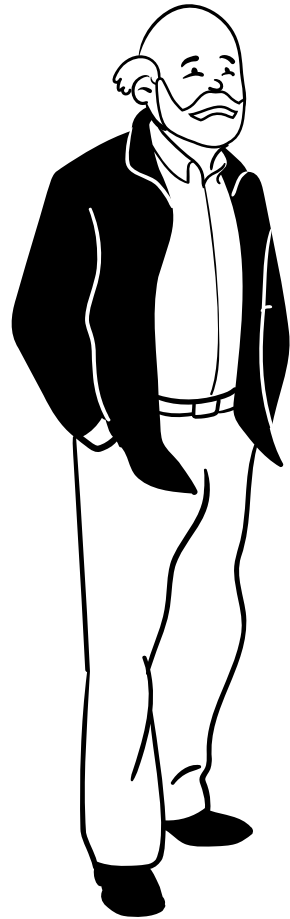
Community Services and Supports Unit

Americas with Disability Act (ADA)

32nd Celebration July 12, 2022



Family Caregiver Support Program



The National Family Caregiver Support Program (NFCSP) was established in 2000 as Title III E under the Older Americans Act and was officially launched a year later - February 2001.

Family Caregiver Support Program

Our program standards are meant to provide support to unpaid caregivers who care for their loved one to help prevent or delay placement into a long-term care setting. The program is designed to ease the stresses of Caregivers.

Family Caregiver Support Program

A Family Caregiver is anyone who provides assistance to another person so that person can maintain an independent lifestyle.

Family Caregiver Support Program

What do Family Caregivers do?

“Family caregivers operate as extensions of health care systems performing complex medical and therapeutic tasks and ensuring care for their care recipient adherence to therapeutic regimens. They operate as home-based “care coordinators” and personal advocates for care recipient.”

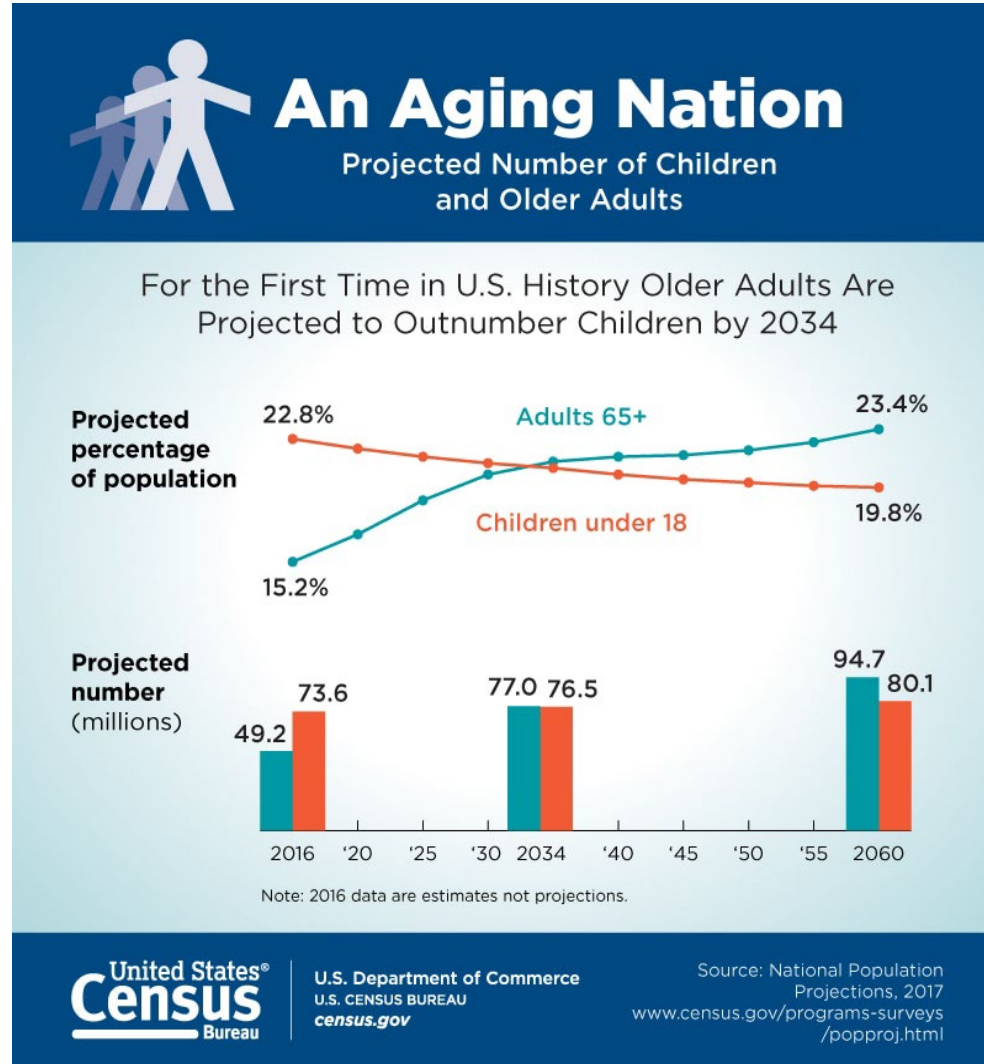
Family Caregiver Support Program

- The fastest-growing age group is 85 and older.
- 35 million older Americans today will increase to 70 million in 2030.

Caregiving is expected to increase in the future due to:

- Growth of older population
- Smaller family size
- Increase in two-earner households
- Long distance caregiving

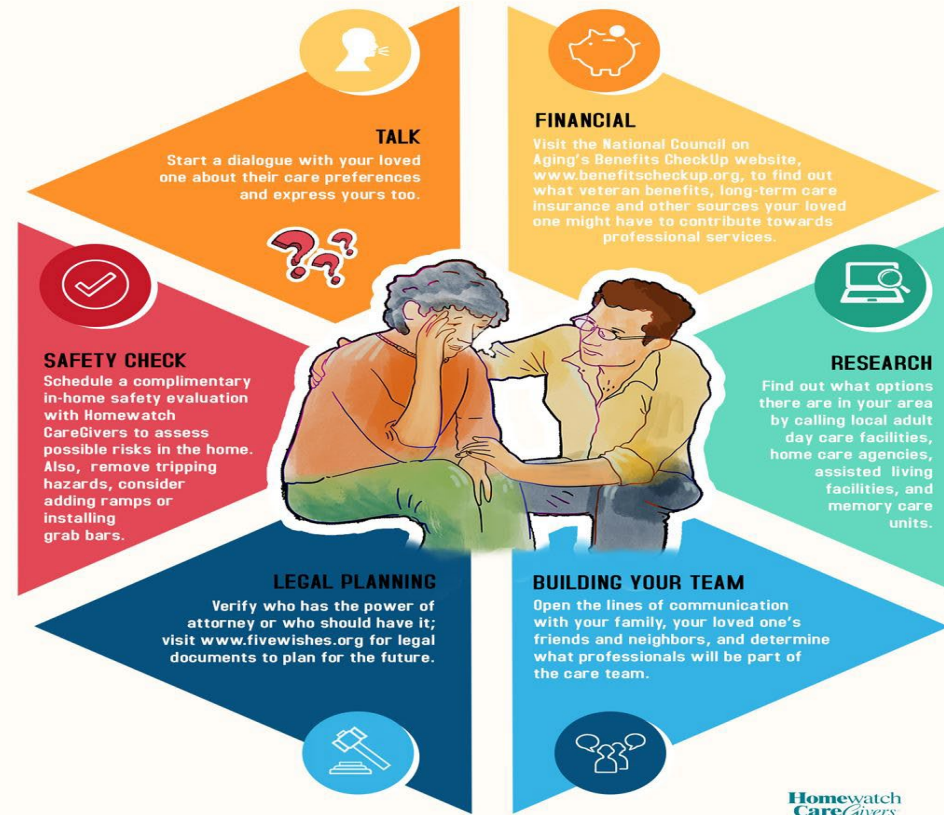
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Family Caregiver Support Program

PREPARE TO CARE

IF A LOVED ONE NEEDS ASSISTANCE AT HOME, ARE YOU READY?



Homewatch
CareGivers
hwog.com

Family Caregiver Support Program



Questions to ask yourself before becoming a caregiver:

- How will becoming a caregiver affect my finances?
- Will becoming a caregiver affect my mental and emotional health?
- Will I need to hire additional help?
- How will becoming a caregiver affect my relationships?

Family Caregiver Support Program

Family Caregivers Support Program focus is to ease the stressors of being a Caregiver.

Family Caregiver Support Program

The Program provides services for both programs:

- Relative as Parents Program (RAPP)
- Caregivers for Older Adults (FCSP)

Types of Services

1. Case management
2. Counseling
3. Information and assistance
4. Respite care
5. Training
6. Support groups
7. Supplemental services

Family Caregiver Support Program

RAPP - Eligibility

- Older relatives (not parents) age 55 and older providing care to children under the age of 18; or
- Older relatives, including parents, age 55 and older providing care to adults ages 18-59 with disabilities



Family Caregiver Support Program

FCSP - Eligibility

- Adult family members or other informal caregivers 18 and older providing care to individuals 60 years of age and older
- Adult family members or other informal caregivers 18 and older providing care to individuals of any age with Alzheimer's disease and related disorders



Family Caregiver Support Program

To find the number for your local Family Caregiver Support Program, call the Aging and Disability Resource Connection toll-free 1-855-673-2372 or 1-855-ORE-ADRC

Or find them online at www.ADRCofofOregon.org

