

Adult Foster Home Provider Alert

Policy updates, rule clarifications and announcements

Date: Oct. 21, 2024
To: APD Adult Foster Home Providers
From: Safety, Oversight and Quality Unit
Topic: **Updates for this Respiratory Season**

The Centers for Disease Control and Prevention (CDC) has detailed information on their website about the upcoming respiratory season and what you can keep those around you safe from exposure.

Each year, respiratory viruses are responsible for millions of illnesses and thousands of hospitalizations and deaths in the United States. In addition to the virus that causes COVID-19, there are many other types of respiratory viruses, including flu and respiratory syncytial virus (RSV). The good news is there are actions you can take to help protect yourself and others from health risks caused by respiratory viruses.

Screening

Per guidelines from the CDC active screening of all visitors is no longer a requirement however it is still strongly encouraged that those visiting any long-term care setting ensure they are not experiencing any symptoms of flu, RSV, COVID-19, or other illness, and delay their visit if they are not feeling well.

Isolation Protocols

If a resident or caregiver is feeling unwell, they should stay away from others until they are beginning to feel better and have been fever free, without the help of medication, for 24-hours. Extra precautions for the following five (5) days will help to reduce the risk of further spread. Masking and social distancing can go a long way in helping to keep those around you protected.

APD means Aging and People with Disabilities. APD adult foster homes are licensed to care for adults who are older and adults with physical disabilities.

Reporting

AFH licensees or their designee must also continue notifying [local public health](#) and their licenser each time there are two or more newly identified COVID-19 positive residents and when an outbreak has occurred, as well as when the outbreak has ended. They are no longer required to notify the Safety, Oversight and Quality team.

Respiratory Virus Guidance Snapshot

Core Prevention Strategies

- Immunizations
- Hygiene
- Steps for Cleaner Air
- Treatment
- Stay Home and Prevent Spread*

Additional Prevention Strategies

- Masks
- Distancing
- Tests

***Stay home and away from others until,**

- Your symptoms are getting better
- and
- You are fever-free (without meds)

for 24 hrs

Then take added precaution for the next 5 days

Layering prevention strategies can be especially helpful when:

- ✓ Respiratory viruses are causing a lot of illness in your community
- ✓ You or those around you have risk factors for severe illness
- ✓ You or those around you were recently exposed, are sick, or are recovering

CDC

If you have any questions, email the adult foster home policy team at apd.afhteam@odhs.oregon.gov

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