Notification: Communicable Disease Exposure

Use this notification message to alert staff members or caregivers, parents, and families when they or their child/student has been exposed to a communicable disease or when a communicable disease is circulating in the school community.

Dear Caregivers, Parents, and Families (or staff),

We were notified on [insert date] of a case of [insert disease] at [insert school] and determined that your student [you] may have been **exposed** to a person with [insert disease].

Please monitor your student, yourself, and household members closely for symptoms. Please keep your student home if you see any of these symptoms:

* + Fever of 100.4°F or greater
	+ Vomiting
	+ Diarrhea
	+ New difficulty breathing
	+ Serious, sustained cough
	+ Headache with stiff neck and fever
	+ Unusual behavior change, such as irritability or lethargy
	+ [add other symptoms as needed]

Families can help limited the spread of [insert disease] by following these tips:

* [insert disease specific tips here; they may include:
* Cover coughs and sneezes with the inside or your elbow, or with a tissue that you immediately throw away after use.
* Regularly wash hands with soap and water.
* Clean and disinfect all high-touch surfaces, including doorknobs, faucets, chairs, countertops, and tables.
* Get a flu shot and stay up to date on [vaccinations](https://www.oregon.gov/oha/ph/preventionwellness/vaccinesimmunization/gettingimmunized/pages/gettingimmz.aspx?utm_source=OHA&utm_medium=egov_redirect&utm_campaign=https%3A%2F%2Fgetvaccinated.oregon.gov%2F#/), including those for COVID-19.
* Consider wearing a mask in crowded indoor spaces.]

If you have questions, please contact [insert contact]. If you have questions or concerns about your child’s health, please contact your doctor. If your are worried about paying to see your doctor, the Oregon Health Plan (OHP) can help. OHP is **open to all children and teens** younger than 19, **regardless of immigration status** who meet income and other criteria.You can find help enrolling [here](https://healthcare.oregon.gov/Pages/find-help.aspx).

Thank you for your partnership in keeping our school community healthy.