Submit 1 month menu for meals and snacks to be served.

Site Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Month/Year \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week 1** | **Monday \_\_\_\_\_\_** | **Tuesday \_\_\_\_\_\_** | **Wednesday \_\_\_\_\_\_** | **Thursday \_\_\_\_\_\_** | **Friday \_\_\_\_\_\_** |
| **Breakfast**  Fruit/Vegetable  Bread/Grain  Milk |  |  |  |  |  |
| **Lunch**  Meat/Meat Alternate Fruit/Vegetable  Fruit/Vegetable  Bread/Grain  Milk |  |  |  |  |  |
| **Snack**  Component 1  Component 2 |  |  |  |  |  |
| **Week 2** | **Monday \_\_\_\_\_\_** | **Tuesday \_\_\_\_\_\_** | **Wednesday \_\_\_\_\_\_** | **Thursday \_\_\_\_\_\_** | **Friday \_\_\_\_\_\_** |
| **Breakfast**  Fruit/Vegetable  Bread/Grain  Milk |  |  |  |  |  |
| **Lunch**  Meat/Meat Alternate Fruit/Vegetable  Fruit/Vegetable  Bread/Grain  Milk |  |  |  |  |  |
| **Snack**  Component 1  Component 2 |  |  |  |  |  |

One Month Menu (Rev 1/22) *This institution is an equal opportunity provider.*

Site\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Month/Year \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week 3** | **Monday \_\_\_\_\_\_** | **Tuesday \_\_\_\_\_\_** | **Wednesday \_\_\_\_\_\_** | **Thursday \_\_\_\_\_\_** | **Friday \_\_\_\_\_\_** |
| **Breakfast**  Fruit/Vegetable  Bread/Grain  Milk |  |  |  |  |  |
| **Lunch**  Meat/Meat Alternate Fruit/Vegetable  Fruit/Vegetable  Bread/Grain  Milk |  |  |  |  |  |
| **Snack**  Component 1  Component 2 |  |  |  |  |  |
| **Week 4** | **Monday \_\_\_\_\_\_** | **Tuesday \_\_\_\_\_\_** | **Wednesday \_\_\_\_\_\_** | **Thursday \_\_\_\_\_\_** | **Friday \_\_\_\_\_\_** |
| **Breakfast**  Fruit/Vegetable  Bread/Grain  Milk |  |  |  |  |  |
| **Lunch**  Meat/Meat Alternate Fruit/Vegetable  Fruit/Vegetable  Bread/Grain  Milk |  |  |  |  |  |
| **Snack**  Component 1  Component 2 |  |  |  |  |  |

One Month Menu (Rev 1/22) *This institution is an equal opportunity provider.*