**Bend-LaPine Nutrition Services**

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**001780 - Sauce, Queso Cheese, HM**

**Recipe HACCP Process: #3 Complex Food Preparation**

Source: BSH 2018 Number of Portions: 80 Size of Portion: 2 oz.

Alternate Menu Name: Queso Cheese Sauce

900584s CHEESE, AMERICAN, REDUCED FAT, SLICED. 5 LB

900791s BUTTER BULK-UNSALTED. 5 TBSP

900132s MILK, 1%: EBERHARD'S. 36 OZ

002020 GARLIC POWDER. 1/4 CUP

903135s CUMIN, GROUND. 1/4 CUP

002026 ONION POWDER. 1/4 CUP

901848s ROASTED RED PEPPERS, ROLAND. 10 OZ

799947 PEPPERS,CHILI,GRN,CND. 2 1/2 CUP

901592s PEPPER, CAYENNE, GROUND. 1/2 TSP

\*Nutrients are based upon 1 Portion Size (2 oz.)

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Calories | 128 | kcal | Cholesterol | 27.75 | mg | Sugars | \*1.72\* | g | Calcium | 172.58 | mg | 70.30% | Calories from Total Fat |
| Total Fat | 10.02 | g | Sodium | 306.90 | mg | Protein | 5.68 | g | Iron | 0.12 | mg | 39.20% | Calories from Sat Fat |
| Saturated Fat | 5.59 | g | Carbohydrate | 3.71 | g | Vitamin A | 428.94 | IU | Water¹ | \*5.30\* | g | \*0.00%\* | Calories from Trans Fat |
| Trans Fat² | \*0.00\* | g | Dietary Fiber | 0.20 | g | Vitamin C | 5.19 | mg | Ash¹ | \*5.28\* | g | 11.58% | Calories from Carbohydrates |
|  | 17.72% | Calories from Protein |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.