

Grade 5 Sexual and Reproductive Anatomy Lesson: Online/Offline Adaptation



Erin’s Law Toolkit Lesson

Before implementing the lesson below, please review:

1. The guidelines at the top of the [Erin’s Law Toolkit](#) and the [Key Tips for Sex Ed & Erin’s Law Instruction During Distance Learning](#) for important tips on building safe and inclusive distance learning environments.
2. The original lesson, which is linked at the top of the table.

5	Lesson: Sexual and Reproductive Anatomy (Spanish version) Rights, Respect, Responsibility (3Rs) Curriculum Oregon Adaptation by Multnomah County Health Department
Topics	Anatomy, Bullying and Abuse Prevention, Consent and Boundaries
Related Oregon Health Education Standards	HE.1.4.6 Identify human reproductive systems including reproductive anatomy and function. HE.1.4.11 Understand importance of treating others with respect regarding gender expression and sexual orientation. HE.1.5.6 Discuss human reproductive systems including reproductive anatomy and function. HE.3.5.4 Demonstrate how to access sources of medically-accurate information about human sexual and reproductive anatomy.
Distance Adaptations (Online)	<p>Note to teacher:</p> <ul style="list-style-type: none"> - The lesson below was adapted using a student-led model (access Google Classroom versions), provided by Advocates for Youth. - Tip: Use Google Forms to collect the responses to questions, assignments, and/or create assessments/quizzes. - Download both the original lesson plan and revised slides. - We recommend printing out the slides for yourself, so you can demonstrate, pointing to body parts in your recorded or live instruction. <p>Online lesson: This lesson is about body parts that make up our sexual and reproductive anatomy. It contains diagrams of genitals just so you are not surprised when you open the PowerPoint.</p> <p>Task 1 (15 minutes) Open and review the PowerPoint slides and complete the quizzes below:</p>

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	<p>Match the body parts in the Person with a Penis diagram to the numbers below: (Choices: Bladder; Penis; Testicles; Urethra; Seminal Vesicles; Scrotum)</p> <ol style="list-style-type: none">1.2.3.4.5.6. <p>Match the body parts in the Person with a Uterus diagram to the numbers below: (Choices: Vagina; Uterus; Ovary)</p> <ol style="list-style-type: none">1.2.3. <p>Match the body parts in the External Anatomy diagram to the numbers below. (Choices: Vagina; Urethra; Clitoris)</p> <ol style="list-style-type: none">1.2.3. <p>Answer the following question:</p> <ul style="list-style-type: none">• Where are some good places someone could go to learn more about the reproductive system? <p>Task 2 (10 minutes)</p> <p>Next watch the Amaze video Taking Care Of Your Body During Puberty and respond to the reaction questions below:</p> <ol style="list-style-type: none">1. The video suggested people going through puberty could take a daily shower, use soap, wash their hair and use deodorant to try and reduce the strong smell of body odor. Why do you think it can be hard for some kids to start doing some of these things on a regular basis?2. The video suggested people going through puberty could wash their

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	<p>face with warm water and soap daily, use acne cream and maybe get medication from a doctor to treat acne, sometimes called pimples. If getting pimples is so normal during puberty, why do you think so many kids are embarrassed by it?</p> <p>3. The video suggested people going through puberty should get plenty of sleep, get enough daily exercise, drink enough water and eat healthy food to take care of their bodies. What are two other ways that people going through puberty can take care of themselves?</p> <p>Task 3 (10 minutes) Choose one of the three Amaze videos to watch and respond to the questions underneath that video title. Watch one of the following videos: A) Does Breast Size Really Matter? B) Does Penis Size Really Matter? or C) Bodies Different Shapes and Sizes: All Beautiful</p> <p>And answer the questions below:</p> <ol style="list-style-type: none"> 1. What are two things you learned as a result of watching this video? 2. Would you recommend other kids your age to watch this same video? Why or why not? <p>Task 4 (5 minutes) Lastly, submit all completed assignments to your teacher.</p>
<p>Distance Adaptations (Offline)</p>	<p>Offline activity:</p> <ul style="list-style-type: none"> ● Provide printouts for parents and caregivers of the images/slides and descriptions. ● Parents/caregivers can point to each body part on the PowerPoint slides and explain its name and its function (using the lesson text) ● Complete the matching activity for the last 3 slides to check for understanding (Task 1). <p>Offline key points for caregivers and family discussion:</p> <ul style="list-style-type: none"> ● Remind your child that it is their body and they have the right to say who touches their body, when, and how. They also have the right to know the names of their body's parts.

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	<ul style="list-style-type: none">• Make sure to point out that sex is assigned at birth, but may not match how someone identifies. For example, someone with a vulva and vagina may identify as a boy, and that's ok.