



### Details about the 2024 – 25 Mental Health Community of Practice

#### Mental Health Community of Practice (CoP) featuring the School Mental Health Quality Assessment

This eight-part virtual Mental Health Community of Practice will focus on the School Mental Health Quality Assessment. The CoP will focus on SHAPE's School Mental Health Quality assessment and together we will learn how to use this tool to better support student mental health.

#### Community of Practice Overview:

The CoP will run from October to June (skipping December), once per month from 2-3 pm, with one 90-minute kick-off in October. Sessions will be recorded and made available on ODE's Professional Learning Opportunities website.

- October 16th: Overview of School Mental Health Quality Assessment tool, the 7 domains of the assessment with a focus on implementation, benefits to ESDs/districts, and Q&A time
- November 20th: Needs Assessment/Resource Mapping
- January 22nd: Teaming
- February 19th: Mental Health screening
- March 19th: Mental Health Promotion and Prevention & Tier 1 Interventions
- April 16th: Tier 2 and 3 Interventions
- May 21st: Funding and Sustainability
- June 18th: Impact

#### Intended Participants:

This CoP aims to establish a consistent cohort of ESDs using a train-the-trainer model to train ESDs in the assessment process to support and train schools and districts that are interested in using the SHAPE assessment tool. ESDs can identify 1-2 districts that are interested in participating in the assessment for their school or district. We recognize that not all schools and districts are connected to an ESD, so schools and districts that are interested and willing to use the assessment are welcome as well. This includes contracted therapists who provide services to students at school. Ideally, we'll have the same people attend each session to create a cohort of individuals who understand enough about SHAPE's School Mental Health Quality assessment and the implementation process to be able to coach others through the process. While everyone is welcome, we are capping each session at 50 participants so please register ASAP due to limited space.

#### Contact Us:

Email Nat Jacobs with any questions: [Nat.Jacobs@ode.oregon.gov](mailto:Nat.Jacobs@ode.oregon.gov)