



OBNE Newsletter

The Newsletter from the Oregon Board of Naturopathic Examiners

Fall / Winter 2009

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OUR NAME IS CHANGING, effective January 1, 2010 our new name is

Oregon Board of Naturopathic Medicine

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A Quick Word About CE Requirements

The Board of Naturopathic Examiners is in the process of amending its licensing rules concerning Continuing Education (CE).



The amended rules increase the number of CE hours required for an active license. The increase would be incremental over four years, beginning with the annual renewal period that commences on January 1, 2010. The amended rules also remove certain limitations on how CE credits may be obtained. Naturopathic physicians should plan their CE activities accordingly.

Check out page 4 for answers to some of the questions you may have.

A complete copy of CE requirements, statutes, and rules can be found at the Board's web site www.obne.state.or.us. Once there select the Laws and Rules or CE link from the left side navigation bar.

Remember that it is every licensee's responsibility to become familiar and knowledgeable of OBNE' Statutes and Rules

Renewals are due by December 15, 2009

Other Dates to Remember!

OBNE Public Meeting Dates:

- ◆ December 7, 2009*
- ◆ February 1, 2010*
- ◆ April 5, 2010*
- ◆ June 7, 2010*
- ◆ August 2, 2010
- ◆ October 4, 2010*
- ◆ December 6, 2010*

Formulary Council Public Meeting:

March 17, 2010*



*Meeting dates are tentative and may be changed. In the event of a change, notice will be posted ASAP.

2009-2011 CHANGES to ORS 685 and OTHER STATUTES

These bills have an effect on the Naturopathic Board in some manner. Some affect the operation of the Board; others affect the practice of Naturopathic Medicine. Detailed information on bills passed during this session can be found at <http://www.leg.state.or.us/searchmeas.html>

HB 2058 Standardizes health profession regulatory boards. Declares emergency, effective on passage.

HB 2059 Requires health professional licensee to report prohibited or unprofessional conduct of another licensee to regulatory board responsible for licensee. Requires board to report prohibited conduct to law enforcement agency. Requires licensee arrested for felony or convicted of misdemeanor or felony to report conviction or arrest to licensee's board.

HB 2118 Requires that public members of health professional licensing boards review investigatory material and report concerning complaint against licensee. Allows health professional regulatory board to obtain fingerprints for purpose of conducting criminal background checks on licensees, applicants for license, board employees, volunteers or applicants for employment. Allows board to release or withhold personal electronic mail address, home address, and personal telephone number for person licensed by board. Requires release of information if request for information is made for public health or state health planning purpose. Standardizes and modifies certain provisions for membership and appointment of health professional regulatory boards, appointment of executive directors and reporting and auditing of certain board activities.

HB 2345 Directs Department of Human Services to establish or contract to establish impaired health professional program. Specifies components of program. Directs Department of Human Services to contract with independent third party to establish monitoring entity for impaired professionals. Authorizes health profession licensing boards to participate in impaired health professional program.

Specifies procedures by which board may refer licensee to program. Applies to licensees identified by health profession licensing boards, and disciplinary proceedings commenced, on or after July 1, 2010.

HB 3022 Relating to the expedited treatment of partners with a sexually transmitted disease.

SB 131 Changes the name of the Board of Naturopathic Examiners to the Oregon Board of Naturopathic Medicine

SB 132 Amends the civil penalty authority of the Board of Naturopathic Examiners to be \$5,000 throughout the statute; modifies authority to write rules to plain language.

SB 327 Permits Council on Naturopathic Physicians Formulary to determine drugs that Naturopathic physicians prescribe and to establish a formulary of permitted drugs. Expands the scope of drugs that can be prescribed.

SB 355 Establishes a Prescription Monitoring Program with a required fee to all practitioners in Oregon who have authority by licensure to prescribe

SB 670 Adds professions to list of public or private officials required to report abuse of elderly person or child. Exempts privileged communications to psychiatrist or psychologist from mandatory abuse reporting requirement.

SB 5527 OBNE 2009-2011 Budget (Operation funds)

FROM THE BOARD CHAIR

Rick Marinelli, ND, LAC

Dear Colleagues,

As we move towards the end of the year, it is a good time for reflection on the changes occurring around us. Health reform is in the air with some recognition that health prevention and a more inclusive provider base is crucial to serving our country's needs. There is acknowledgement that primary care is lacking in numbers as well as in a health-oriented approach. There is an understanding that basic health service needs can be greatly improved and result in greater disease prevention and decreased costs associated with chronic disease.

At a recent four-day pain management meeting I attended last week, the theme was integrated medicine. Integrated medicine is focusing on patient-centered healthcare and combining approaches from conventional, traditional, and progressive models. This means using dietary supplements, botanical medicines, body-mind approaches, acupuncture, manual hands on healing, mindfulness, qigong, therapeutic movement, pharmacology, injection therapies, medical devices, and much more in partnership with the patient. Does all of this sound familiar?

Naturopathic physicians have been officially serving the state of Oregon since 1927 when our Legislature granted licensure. Since then we have maintained a proud tradition of healthcare that is safe, eclectic, progressive, and cooperative. With this year's legislative changes, naturopathic physicians will be in the position to truly embody the model of integrated practice utilizing the full complement of approaches and therapies in healthcare. As comprehensive, prevention-oriented primary care providers, naturopathic physicians should be sought after by insurers, governmental agencies, community clinics, and hospitals to serve their patients in a whole practice way. Will this dream come to be? If not now, when? If not you, then whom?

With privilege comes responsibility. It is our responsibility to maintain the highest standards possible in our education, professional ethics, patient care, and interaction with other health professionals. It is our responsibility to use the great privilege of being licensed naturopathic physicians to go out into our communities and get engaged in helping to improve health, prevent disease, inspire service, and work to our common goals of naturopathic medicine. You are the ambassadors of our medicine that has the opportunity to do great things. Don't hide your light. Get out there and do great things. ~R. Marinelli, ND, LAC



Meet Your Board Members

Rick Marinelli, ND, LAC, Board Chair — A member since 2003, Dr. Marinelli has been in private practice in Portland since 1982, is a lecturer and a licensed Acupuncturist. He has served as Board Chair since 2006.

Michelle Homer, ND — Member since 2007, Dr. Homer practices pediatrics at her private practice in Southern Oregon.

Donna Beck, ND— A member since 2008, Dr. Beck has a private practice, and is an educator and Chair of Academic Affairs Committee at NCNM

Glenn Taylor, Public Member — A member since 2006, Mr. Taylor currently serves as the Operations Manager for a Portland area non-profit, Saturday Academy.

Yi-Kang Hu, Public Member — A member since 2006, Dr. Hu is a licensed Oregon attorney. He volunteers with Legal Aid Services of Oregon.

Sara Ohgushi , ND —Newly appointed, Dr. Ohgushi has been in private practice since 2000, certified in natural childbirth.

Patrick Chapman, ND — Newly appointed, Dr. Chapman has been licensed since 2004 with a private practice in Portland, and he is an adjunct faculty at NCNM.

Elaine Gillaspie, ND— Dr. Gillaspie has been in private practice since 1984. She is certified in natural childbirth. Dr. Gillaspie will be completing her term on the Board in December 2009. Her service has been appreciated.

Interested in becoming a Board member? More information can be found at <http://www.oregon.gov/OBNE/BOARD.shtml>

Formulary Council Members

Kevin Wilson, ND — Licensed since 1983, serving as the FC Chair

Rick Marinelli, ND — OBNE representative to the Formulary Council

Cathy Rakers, RPh — Licensed pharmacist working in Portland

Michael Mockler, RPh — Licensed pharmacist living and working in Lincoln City

Dohn Kruschwitz, MD — Educator at NCNM in Portland

John Block, BPharm, PhD — Professor Emeritus, Medicinal Chemistry and College of Pharmacy OSU

Anne Blair, PhD, MBA — Directs technology transfer at Providence Health & Services, Oregon since 2004



The next Formulary Council meeting is tentatively scheduled for March 17, 2010

To submit an individual drug or classification of drugs for consideration, please download the application found at www.oregon.gov/OBNE

Why does the Board need your address and contact information?

- ◆ So you can receive important and informational Board mailings
- ◆ So you can receive information on proposed rule changes and have the ability to provide your input
- ◆ So you can be contacted if a complaint is filed against you or you are needed for other Board business
- ◆ So you can receive your license renewal form in a timely manner
- ◆ So that you are not in violation of OAR 850-050-0130 which requires all licensees to notify the Board in writing within 30 days of any change of residence, practice and/or mailing address

CE FAQ's—BIG CHANGES COMING JANUARY 2010



Why an increase in CE hours?

Simply put, for increased professionalism.

Who is effected?

All naturopathic physicians holding an active license will see an increase in the number of hours annually required. Other licensees will see that the options for obtaining hours is changing.

When will this new requirement take effect?

New requirements will take effect January 1, 2010

How many hours of CE will be required?

For the annual renewal period beginning on January 1, 2010, you will need to obtain at least 35 hours of approved CE. At least 10 of these hours must be in pharmacology and at least 2 of these hours must be in medical ethics.

Beginning January 1, 2011, you will need to obtain at least 40 hours of approved CE. At least 10 of these hours must be in pharmacology and at least two of these hours must be in medical ethics.

As of January 1, 2012, you will need to obtain at least 45 hours of approved CE. At least 10 of these hours must be in pharmacology and at least two of these hours must be in medical ethics.

For the annual renewal period beginning on January 1, 2013, and for each annual renewal period thereafter, you will need to obtain at least 50 hours of approved CE. At least 10 of these hours must be in pharmacology and at least two of these hours must be in medical ethics.

Will I be able to get all of my CE credit by taking online CE classes?

Yes, under the amended rules, it will be possible to receive all of your required CE credits by taking approved online classes. Audio- and video-taped CE can be used to satisfy your CE requirement as well. The amended rules will no longer require in-person or live CE.

Where can I find information about online CE classes?

The Board's website provides several online options. The links found at the following site are offered only as suggestions only. The Board does not have the expertise to approve online CE programs, individually or by source. <http://www.oregon.gov/OBNE/Onlineoptions.shtml> Many of the classes are free and can be completed at your own pace at your own time.

Are any other rules effected by this change?

Yes, OAR 850-030-0195 reflects this changes for the active renewal requirement, and OAR 850-035-0230 allows the ND with a natural childbirth certificate to use all required OB hours to count towards your active renewal.

Will there be a limit to the number of hours I can obtain in one subject area?

No, the limit on the number of hours you can obtain in any one subject will be lifted beginning with the 2010 renewal period. Annually, you can get all of your hours in one subject area, as long as you make certain that at least 10 of these hours are in pharmacology and two hours are in ethics.

Besides taking CE classes, what are other ways in which I can get CE credit?

With the new rule, you may continue to receive CE credit for participation in Board-approved activities listed in OAR 850-040-0210(6). These include literature review, writing articles related to naturopathic medicine, research and teaching. The amended rules will remove the current upper limit on how many CE credits may be obtained for literature review and writing articles with the 2010 renewal. This means that you will be able to apply for CE credits for the actual time spent on these activities.

Again, who is effected and when will these changes take effect?

All licensees holding an active license will be effected by the changes to your Continuing Education requirements. Changes to OAR 850-040-0210 will take effect January 1, 2010.

I did more than 25 hours of CE, can I use the extra CE hours for next year?

No, except as approved in OAR 850-040-0210(8), which allows CE obtained in December that is not used in the year it is obtained may be credited the following year.

Will I have to send all of my course completion certificates to OBNE?

No, however, in case of an audit, you must keep these certificates and your personal records for a period of at least five years.

HELPFUL HINTS TO EASE THE CE APPLICATION SUBMISSION

- ◆ Include a time-based schedule of activity
- ◆ List qualifications of all presenters
- ◆ Remember all programs must be professional level programs, directed to healthcare professionals and relevant to naturopathic medicine
- ◆ Pharmacy, OB, Ethics, and Pain specialty credit must be requested with a detailed time line devoted to each topic
- ◆ Submit your application, with supporting documentation, within 30 days after completion of CE activity

License Renewal Update and Reminders

In our continuing effort to create a quicker and more seamless renewal process, the OBNE encourages all licensees to renew online

Some changes are effective with this renewal

Effective October 1, 2009 SB355 established a new fee for Naturopathic physicians.

SB 355 establishes in the Department of Human Services a Prescription Monitoring Program (PMP) for monitoring and reporting prescription drugs dispensed by pharmacies in Oregon that are classified in Schedules II through IV. The information obtained in this program will be available to Naturopaths and other health care providers for the purpose of evaluating the need for or providing medical or pharmaceutical treatment.

As of October 1, 2009, Naturopathic physicians authorized to prescribe or dispense controlled substances in Oregon are being assessed a \$25 per year fee to support this program. This is a mandatory fee for licensees with a license in Active status.

By November 1, all licensees should receive a renewal notice via email to the last email address on record. If you do not use email, you will be mailed a paper renewal by November 1. If you have not received your renewal form by November 15, you will need to contact the OBNE office. It is your responsibility to make certain the Board has current address information on file. OBNE will not be responsible for undeliverable mailings. If you fail to

submit a completed renewal by December 15, you will need to submit the late fee and completed renewal by December 31, 2009. If your renewal is not postmarked by December 31, your license will lapse and you will not be able to practice until your license is brought back to good standing. For more information regarding licensure, please review OAR Chapter 850, Division 30.

Annual Renewal Fees:

- ◆ \$275 for an active license
- ◆ \$125 for an inactive license
- ◆ \$15 for a retired license
- ◆ \$60 for a certificate of special competency in natural childbirth



License Renewal link is at: www.oregon.gov/OBNE

A completed renewal application will consist of the following items:

- ◆ Complete renewal form with all information updated
- ◆ License fee(s)
- ◆ Completed affidavit confirming completion of CE
- ◆ Late fee, if applicable (\$75 if postmarked later than 12/15; \$150 if postmarked later than 12/31)

HINTS TO STAY "OUT OF TROUBLE"

The Board believes that all licensees want to practice responsibly. Here are a few reminders that we hope will help you in your practice:

- ◆ Communicate clearly with your patients. Remember they may need a little more patience to understand their health care needs. Make sure s/he knows her/his options for treatment plans
- ◆ Keep complete and accurate charts for each patient. The board has some guidelines posted at www.oregon.gov/OBNE/PopDocs/Charting.pdf
- ◆ Check the Formulary before you prescribe. www.oregon.gov/OBNE/rules/850-060-0225.pdf and www.oregon.gov/OBNE/rules/850-060-0226.pdf
- ◆ Refer when appropriate. Know what your limits are and use the skills of others towards your patients best interest
- ◆ Make sure your advertising is not misleading. Advertisers will take your money, it is your responsibility to be certain your advertising is truthful
- ◆ Should a complaint be filed against your license, cooperate with the Board during its investigation
- ◆ Contact the Board if you have questions on practice

Board Disciplinary Actions

When looking for discipline on a specific doctor, you will find any formal action taken by the board posted on the individual doctors information <http://obne.oregonlookups.com/>

| Case # | Violation | Action |
|------------|--|---|
| N08-08-18A | ORS 685.110 (1), (25), OAR 850-060-0220; 850-030-00110(2);850-050-0190(4) Misrepresentation on application | License issued with Letter of Reprimand, 10 additional hours of Ethics CE, Meet with Director quarterly over two years, \$2,500 civil penalty |
| N08-08-19A | ORS 685.110 (1), (25), OAR 850-060-0220; 850-030-00110(2);850-050-0190(4) Misrepresentation on application | License issued with a Letter of Reprimand |
| N08-09-22 | ORS 685.110(15) and OAR 850-050-0190(3) (a) Unprofessional conduct that may have caused patient harm | Consent Order with a Letter of Reprimand, one year probation, an additional 9 hours on Opioid prescribing, addiction and charting |
| N08-12-24 | ORS 685.110 (1) , and (25) and OAR 850-035-0230(5) Misrepresentation on renewal for Natural Childbirth Certificate | Denied renewal of certificate to practice natural childbirth |
| N08-12-24 | ORS 685.110(9) Excessive or habitual use of controlled substances, intoxicants, or drugs | License was suspended until Cognitive assessment was complete. Now under a Consent Order with probation for five years, cannot keep controlled substances or nitrous oxide on premises, may not order, prescribe, or administer controlled substances, must submit to random urine analysis |
| N08-12-27 | ORS 685.100(15),(25) and OAR 850-050-0190 (3) Sexual impropriety with a patient, Lack of adequate documentation | Consent Order with a Letter of Reprimand, three years probation, three additional hours on ethics, \$1,000 civil penalty, may not enter into a sexual relationship with anyone that was a patient, may not treat anyone that licensee has had or is having a sexual relationship with |
| N09-01-02A | ORS 685.110 (1), (25), OAR 850-060-0220; 850-030-00110(2) Misrepresentation on application | Settlement Agreement and Consent Order denying licensure, \$3,500 civil penalty |
| N09-01-03A | ORS 685.110(15) and OAR 850-050-0190(3) Standard of Ethics of the profession | License issued with five years probation |

F.Y.I

There were 35 tracked complaints in 2008, 9 were against non-licensed (and unqualified) persons.

To date, of the 22 complaints in 2009, 7 are for unlicensed practice.

Only after the Board has taken final action in an investigation is anything public, and then only the final action.

When you have a chance please welcome our new licensees!*

Congratulations on all your hard work and welcome to the profession!

| Name | License # | Initial Date | Name | License # | Initial Date |
|----------------------|-----------|--------------|---------------------------|-----------|--------------|
| Nora Aaron, ND | 1693 | 9/29/2009 | Orna Izakson, ND | 1686 | 9/28/2009 |
| Tammy Ashney, ND | 1690 | 9/28/2009 | Emily Kane, ND | 1662 | 1/13/2009 |
| Maureen Barnhart, ND | 0873R | 10/15/2009 | Jennifer Karen-Flores, ND | 1687 | 9/28/2009 |
| Lindsey Baum, ND | 1694 | 9/29/2009 | Sara Kates-Chinoy, ND | 1697 | 9/30/2009 |
| Melissa Berry, ND | 1663 | 1/21/2009 | Jeffrey Kiker, ND | 1680 | 09/14/2009 |
| Jennifer Bogus, ND | 1675 | 5/19/2009 | Robyn Kutka, ND | 1709 | 10/19/2009 |
| Alisun Bonville, ND | 1711 | 10/19/2009 | Corie Linn, ND | 1688 | 09/28/2009 |
| Gene Bowman Jr., ND | 1432 | 10/5/2005 | Ruth Marleau, ND | 1661 | 01/07/2009 |
| Anna Boyd, ND | 1708 | 10/13/2009 | Jeffrey Massarone, ND | 1674 | 05/01/2009 |
| Pat Buckley, ND | 1248R | 1/1/2003 | Samantha Mathers, ND | 1703 | 10/02/2009 |
| Jennifer Carrol, ND | 1660 | 1/6/2009 | Justin Morse, ND | 1702 | 10/02/2009 |
| Carolle Chapman, ND | 1665 | 1/27/2009 | Skye Nehs, ND | 1683 | 09/25/2009 |
| Emily Cleveland, ND | 1684 | 9/29/2009 | Melinda Nickels, ND | 1669 | 03/10/2009 |
| Amanda Daeges, ND | 1685 | 9/28/2009 | Elena Panutich, ND | 1696 | 09/30/2009 |
| Karma Denmark, ND | 1667 | 2/12/2009 | Andrea Partel, ND | 1700 | 10/01/2009 |
| Kelly Donohue, ND | 1691 | 9/29/2009 | Camilla Petersen, ND | 1449 | 1/1/2009 |
| Brittani Dowse, ND | 1682 | 9/25/2009 | Angela Rademacher, ND | 1706 | 10/07/2009 |
| Vanessa Esteves, ND | 1671 | 4/7/2009 | Zia Robles-Hernandez, ND | 1657 | 01/01/2009 |
| Robyn Friedman, ND | 1672 | 4/13/2009 | Robert Ruiz, ND | 1681 | 09/25/2009 |
| Leslie Fuller, ND | 1692 | 9/29/2009 | Kathryn Sage, ND | 1704 | 10/02/2009 |
| Jill Ghormley, ND | 1654 | 1/1/2009 | Andrew Scott, ND | 1658 | 01/01/2009 |
| Kara Goyette, ND | 1678 | 6/19/2009 | Alexis Shields, ND | 1699 | 10/01/2009 |
| Casey Green, ND | 1679 | 7/7/2009 | Deanna Simonson, ND | 1705 | 10/19/2009 |
| Rebecca Green, ND | 1710 | 10/15/2009 | Allison Smith, ND | 1689 | 09/28/2009 |
| Marsha Hamilton | 1670 | 3/31/2009 | Lidia Tomulet, ND | 1668 | 02/25/2009 |
| Chikako Harper, ND | 1655 | 1/1/2009 | Shannon Weeks, ND | 1701 | 10/01/2009 |
| Sara Hart, ND | 1677 | 5/26/2009 | Abigail Wojcikiewicz, ND | 1673 | 04/22/2009 |
| Marleen Haverty, ND | 1676 | 5/19/2009 | Sharon Woodard, ND | 1659 | 01/06/2009 |
| Corey Hoffman, ND | 1707 | 10/08/2009 | Damon Ziemin, ND | 1664 | 01/22/2009 |
| Justin Hoffman, ND | 1695 | 9/29/2009 | | | |
| Nancy Hune, ND | 1666 | 2/3/2009 | | | |
| Martha Ingram, ND | 1656 | 1/1/2009 | | | |



*should you be interested in contacting any of these new licensees or anyone licensed by these Board for that matter, you will find contact information at the following link: <https://hrlb.oregon.gov/obne/licenseelookup/>

Licensed January through October 19, 2009



Oregon Board of Naturopathic Examiners

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Duties & Responsibilities of the OBNE

The OBNE was established by the 1927 Legislature to protect the citizens of Oregon. By setting and enforcing health care standards in the practice of Naturopathic medicine, we are committed to servicing our community.

The Oregon Board of Naturopathic Examiners is made up of seven members; five are Naturopathic physicians and two are public members. All members are appointed by the Governor and confirmed by the Senate.

The OBNE carries out the provisions of its authority by examining, licensing, educating, promoting excellence in care, investigating complaints, and enforcing disciplinary action when appropriate.

The OBNE is here to assist. Please feel free to contact this office with any questions you may have.

Your continued support is greatly appreciated!