

TO: FRIENDS AND FAMILY

FROM: OREGON DEPARTMENT OF CORRECTIONS

HEALTH SERVICES DIVISION

RE: EHR PROJECT

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When you visit your healthcare providers, they sometimes use short words or a few letters that you may see or hear but don't know what they mean. They use these shortcuts to help them work faster and communicate better.

As the Health Services Division gets closer to using the new Electronic Health Records (EHR) system, it is important we review the meaning of some medical abbreviations with adults in custody, and with you as their friend or family member.

Here are some common medical abbreviations:

| ABBREVIATION | MEANING | INFORMATION |
|--------------|-------------------------|---|
| BP | Blood Pressure | The force of your blood pushing against the |
| | | walls of your arteries. |
| HR | Heart Rate | The number of times your heart beats in |
| | | one minute. |
| SpO2 | Blood Oxygen Saturation | A measurement of how much oxygen your |
| | | blood is carrying. |
| NPO | Nothing by mouth | Instructions given to not eat or drink the |
| | | evening before a blood draw. |
| A1c | Hemoglobin A1c | A blood test that measures average blood |
| | | sugar levels over a 3-month period. |

Here are some abbreviations sometimes used in electronic health records (EHR):

| ABBREVIATION | MEANING | INFORMATION |
|--------------|-----------------------------|---|
| HIE | Health Information Exchange | HIEs help to facilitate the exchange of data |
| | | between EHRs |
| EMAR | Electronic Medication | Part of the EHR where we record the |
| | Administration Record | medication you are given. |
| CDS | Clinical Decision Support | Built into the EHR, this tool assists your |
| | | healthcare provider in making informed |
| | | decisions about your health. |
| CPOE | Computerized Provider Order | A provider uses this in the EHR to |
| | Entry | electronically order treatment services (such |
| | | as medication or labs) instead of writing the |
| | | orders on paper. |

Knowing some of these abbreviations can help your family member or friend feel more confident during healthcare visits and to stay involved in their own health!