



# CPR & FIRST AID

- ✓ \*Part of the CPR and First Aid training can be completed online. However, CPR training must include **in-person instructor-led practice and assessment** to ensure the technique can be performed in an emergency.
- ✓ If you have completed an online CPR/First Aid training before 6/30/2022, your renewal date is the expiration on that card. You do not need to retake a course until your card expires.
- ✓ CPR and First Aid training must include pediatric CPR to count toward your licensing requirements.
- ✓ It is highly recommended that you begin scheduling your renewal CPR/First Aid certification months before the expiration date to ensure that you have a seat in a class before your card expires.
- ✓ You may qualify for reimbursement of your CPR/First Aid training. <https://wou.edu/tri/forms/> Current RS, RF, & CF providers, Aide I, and Assistant I positions may qualify for reimbursement.

## LOCATING CPR & FIRST AID TRAINING

**NOTE:** Many CPR training organizations offer a variety of CPR/First aid training options to meet the needs of multiple audiences. **When registering for a class, ensure that you are signing up for Pediatric CPR.**

LOCATION	MORE INFORMATION
ORO Training Calendar	<a href="https://calendar.oregonregistryonline.org/">https://calendar.oregonregistryonline.org/</a> Search for CPR, and locate a class in your county. Click on the title for the class/date/language you are interested in, and follow the instructions to register under the Contact Information.
Your Regional CCR&R Agency	<a href="http://triwou.org/projects/ccccrr">http://triwou.org/projects/ccccrr</a> Below the map on this website, you will find links to your local CCR&R website. In addition, their CPR/first aid training is often located on the ORO training calendar above. You can also contact the CCR&R by email/phone if you have additional questions or training needs.
Local Hospitals and Fire Departments	Find your local hospital, medical center or Fire Department on the internet. Look for keywords or tabs that indicate: "Classes, Events, Services, Resources, etc." When you see a search bar, you can type in the word CPR to find results on that website.
Local Community Colleges	Search for your local community college on the internet. When you see a search bar, you can type in the word "CPR" to find results more quickly. Look for keywords or tabs that indicate: "Classes Schedules, Community Education, Health Education, etc."
American Red Cross	<a href="https://www.redcross.org/take-a-class">https://www.redcross.org/take-a-class</a> American Red Cross may have classes in your area.
American Heart Association	Offers CPR/first Aid training through various training centers/sites throughout the state. <a href="https://cpr.heart.org/en/course-catalog-search">https://cpr.heart.org/en/course-catalog-search</a> Choose search classes near me.
American Safety & Health Institute/Medic/ HSI	<a href="https://emergencycare.hsi.com/locate-a-training-center">https://emergencycare.hsi.com/locate-a-training-center</a> Provides contact info for training centers that cover your area.