

Oregon Youth Addiction Alliance Meeting Notes

Oregon Alcohol and Drug Policy Commission
Oregon System of Care Advisory Council

Friday, November 22, 2024
3:00 p.m. – 5:00 p.m.

Chairs: Kamryn Berk, Kaleb Gамbee

Vice Chair: Erica Fuller

Members: Ashlie Kangas, Maddie Dunn, Araceli Granados, Gio Dillanes, Michael Liang, Tony Vezina, Kati Jokinen, Miranda Steward, Annette Majekodunmi

Staff: Joyleen Carter, Wes Rivers, Jummy Akinyode, Shaunte Duron-Okotete, Susan Fischer-Maki

Welcome and Intros

- Kaleb welcomed the group to the space and reminded folks that the meeting is recorded for note taking purposes only. We will not post video of the meeting on the website - only notes and meeting materials.
- Kaleb walked through the group agreements:
 - Be present and involved
 - What is shared in this space, stays in this space.
 - Varied and opposing ideas are welcome. Challenge ideas, not people.
 - Use the names and pronouns people introduce themselves with.
 - Focus on our shared purpose: improving the system for Oregon youth.
 - Listen actively – respect others when they speak and avoid interrupting.
 - Honor those with quieter voices. If you tend to talk more, give others space to speak. If you are quieter, try to speak up.
 - Be mindful of power dynamics in the room.
 - Avoid acronyms!
 - Avoid problem-solving for one person's situation or crises.
 - Propose solutions whenever possible — don't just value the problem.
 - Adults must take youth adult partnership training before attending regularly.

Introductions and Icebreakers

- Kamryn led the group in a round of icebreakers. Voting members briefly shared aloud (and members of the public shared in the chat):
 - Name, Pronouns
 - Where you are from/a little about yourself
 - Adults: What is a recent meaningful partnership you have had with youth and/or individuals with lived expertise?
 - Youth: What is a recent meaningful partnership you have had with adults?

Charter Building

- Kaleb spent some time going through the charter draft. The draft is attached to the notes.
- The draft Charter is divided into the following sections and was drafted by the youth leadership of the OYAA:
 - Purpose
 - Overview and Function
 - Accountability and Reporting
 - Membership
 - Meeting Agendas and Committee Meetings
 - Approval
- Decision Making: Susan from Common Thread brought some suggested charter language for consensus-based decision making using the core values of the group (noted in red in the draft). Overall, the proposal tries to come to unanimous consensus (everyone agrees or is comfortable with the decision) and then if we can't, try to move forward with the majority's opinion, and carefully discuss and document opposing viewpoints.
 - Annette and Kaleb introduced the [GARE tool for equitable decision making](#). The tool is meant to ensure that decision making is inclusive and does not have unintended consequences for people not in the room.
- Discussion:
 - One youth asked if people could make comments directly in the charter document.
 - Response from staff: Yes! We would love that – you can add comments in the document or send your comments to the facilitation team.
 - Two youth from the public asked about the membership and if we know how many youth will be involved over the course of the planning process.
 - Response from staff: Right now 8 youth are appointed to the group as voting members – however we encourage any youth to come and participate in meetings. We will also have opportunities in the future for more youth to get involved in projects.
 - One member asked if we had a deadline for developing the charter.
 - Response from staff: We need to have a working draft to the full Alcohol and Drug Policy Commission in January. However, we can continuously revisit it and make edits as we go.
 - One youth member suggested we work on an amendment clause to reflect this.
 - Overall: people voiced general approval of the current charter draft.

Training, Education and Technical Assistance

- Kamryn opened the floor for a discussion on training and technical assistance the group needs to be successful. Kamryn talked a bit about some of the things youth had brought up in the past:
 - Overdose response or naloxone training
 - Shelagh Johnson from ODE is happy to connect regarding schools and trainings.
 - Trauma informed practice
 - Education about the state of youth substance use in Oregon

- Suggestions for training from members:
 - How government works? Describing the system we are trying to change.
 - Youth Mental Health
 - Peer supports and recovery mentor training - maybe partner with MACHBO
 - Youth Mental Health First Aid
 - Qualified Mental Health Associate and Qualified Mental Health Professional Training
 - Youth Leadership Training
- Question from the group: How do we partner with schools and other groups to make these trainings available for more youth? Would love to provide opportunities for youth to get certified recovery mentor training before they graduate so that when they turn 18, they can enter the workforce.
 - Point of clarity: Right now, we are discussing trainings for voting members and youth and adults from the public who are engaged with OYAA consistently. However, we can use this as an idea for our comprehensive plan – we will need to think of ways to provide more trainings for youth across the state.

Public Comment

- One youth from the public: real appreciation for people coming into this room to work together. Suggested that we do more to intentionally reach out to youth – ensure we are hearing from many voices in the younger community.
- Greg Hutson from Oregon Department of Human Services commented that it is really exciting that youth are leading in this space. His agency is working on supports for youth with substance use disorder in child welfare -- really want to hear from OYAA on how to do that.
- Question from youth: What schools are partnering with OYAA?
 - The goal is that the comprehensive plan will reach all schools - 197 districts.
 - Staff have relationships with many of these districts.
 - Every school district is required to have a Substance Use Prevention and Intervention Plan - updated annually. OAR 581-022-2045. This could be an “in.”

Closing

- Kaleb provided the through-line of the conversation (a one-line summary of the meeting’s theme or feeling): “This is a space where we want everyone to be successful.”
- Group did a quick check in: generally folks are feeling good and supported so far. A lot of pride and appreciation in the youth leadership.
- We presented what is coming up next:
 - On December 6th we will meet again from 3-5pm.
 - We will revisit the charter (please make comments on the document before then).
 - We will start to dive into the subject matter – discuss what the group has worked on so far with respect to youth treatment and recovery and what is coming up already.