CIGARETTES, CHEW, AND VAPE ARE EXPENSIVE. QUITTING IS FREE.



Find free tools to help you or a loved one quit at QuitTobaccoOregon.com





SMOKEFRÉE Oregon

Before you dispose of butts and ashes, make sure they are out.

Put them in water or sand before discarding in trash.





SMOKING MATERIAL FIRES ARE PREVENTABLE!

CONTENT COURTESY OF THE OREGON LIFE SAFETY TEAM



OREGON STATE FIRE MARSHAL

503-934-8228 oregon.gov/osfm osfmce@osfm.oregon.gov











SMOKE**FREE**OPESON

FOR LIFE-THREATENING EMERGENCIES, CALL 9-1-1.



SMOKING MATERIAL FIRES ARE PREVENTABLE

Safety information from the Oregon State Fire Marshal and your local fire agency

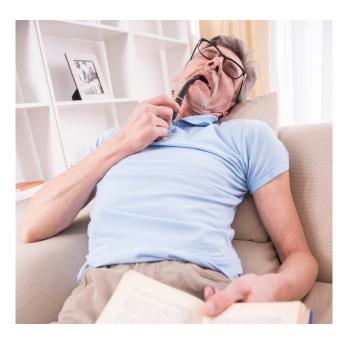


SMOKING FIRE PREVENTION SAFETY CHECK LIST

Choose to smoke outside.
Be alert when smoking.
Do not smoke in bed.
Use deep, sturdy ashtrays.
Check for butts in and around furniture before going to bed.
Never smoke around medical oxygen.
Use water to make sure cigarettes and ashes are out – all the way .
Keep cigarettes, lighters, and other smoking materials up high and out of reach of children.
Make sure you have working smoke alarms on every level of your home and inside every bedroom.
Know two ways out of your house, in case of fire. Have a home escape plan and practice it with your family.

To prevent a smoking-related fire, stay alert.

You will not be alert if you are sleepy, have taken medicine or drugs that make you drowsy, or have consumed alcohol.





If you smoke, choose to smoke outside.

Many things in your home can catch fire if they touch something hot like a cigarette or ashes. It is always safer to smoke outside.



Do not smoke in bed.

Mattresses and bedding can catch fire easily.



If medical oxygen is used in the home, the amount of oxygen in the air, furniture, clothing, hair, and bedding can increase, making it easier for a fire to spread. This means that there is a higher risk of fires and burns.

Never allow anyone to smoke where medical oxygen is used. Wherever you smoke, use deep, sturdy ashtrays.

If ashtrays are not available, use a metal can or pail. Place the ashtrays or metal cans away from anything that can burn.



Keep cigarettes out of vegetation, potted plants, landscaping, mulch, bark dust, or other similar items - they can easily catch fire.