If you retired …	The COLA paid August 1 was…											
	1998	**1999**	**2000**	**2001**	**2002**	**2003**	**2004**	**2005**	**2006**	**2007**	**2008**	**2009**
Prior to 8/1/98	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%
8/1998 to 7/1999		1.89%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%
8/1999 to 7/2000			2.00%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%	2.00%
8/2000 to 7/2001				2.00%	2.00%	2.00%	1.73%	2.00%	2.00%	2.00%	2.00%	2.00%
8/2001 to 7/2002					2.00%	1.24%	1.36%	2.00%	2.00%	2.00%	2.00%	2.00%
8/2002 to 7/2003						0.77%	1.36%	2.00%	2.00%	2.00%	2.00%	2.00%
8/2003 to 7/2004							1.36%	2.00%	2.00%	2.00%	2.00%	2.00%
8/2004 to 7/2005								2.00%	2.00%	2.00%	2.00%	2.00%
8/2005 to 7/2006									2.00%	2.00%	2.00%	2.00%
8/2006 to 7/2007										2.00%	2.00%	2.00%
8/2007 to 7/2008											2.00%	2.00%
8/2008 to 7/2009												2.00%