

ASPIRATION PROTOCOL

Name: _____

CALL 911 IF PERSON:

- IS BLUE OR NOT BREATHING
- IS WHEEZING AND WORKING REALLY HARD TO BREATH
- APPEARS GRAVELY ILL OR YOU ARE CONCERNED ABOUT THEIR IMMEDIATE HEALTH AND SAFETY
- OTHER _____

1. Start emergency procedures as trained.
2. Notify Supervisor Case Manager Physician _____
 Nurse Other _____
3. After the person is stable, document incident in:
 Medical notes Incident report Other _____

Describe how you know this person is at risk for aspiration (include diagnosis, history and special considerations - i.e.: "only eats for certain staff"):

Prevention: Consider all below and 0 all decided upon

- Eating or drinking instructions
- Thickened fluids, consistency: _____ Special utensils used for eating: _____

- Staff must be trained to feed person
- Keep upright for _____ minutes after meals
- Elevate head of bed _____ degrees
- Food texture: _____

- Toothbrushing instructions _____
- Other: _____

Signs and Symptoms of Aspiration

- Breathing is rapid or difficult
- Gagging/choking during meals
- Persistent coughing during or after meals
- Wheezing
- Person's temp above _____ or below _____
- Other (specific to this person): _____

Interventions:

IF ANY SIGNS AND SYMPTOMS ARE OBSERVED:

1. ****STOP FEEDING/EATING IMMEDIATELY****(Until told to restart the meal)
2. Keep person sitting upright and encourage to cough
3. Call: Supervisor Nurse Physician _____
4. If no response from above call within _____ minutes, call: _____
or: take to _____
5. Document incident in: Medical notes Incident Report Other _____
6. Tell work/ home How: _____

Completed by: _____ Date: _____
Review dates: _____