

Minutes

Mental Health & Addictions Committee

Governor's Commission on Senior Services

March 25, 2004

Keizer, Oregon

Attendees: Mary Lawrence, Vice-Chair; Bob White; Mariana Bornholdt; Estill Deitz; Remona Simpson; Dolores Hubert; Pat Andeen; Lucille Pugh; Maria Smith; Adelina Sampang; Barbara Brewer-Nelson, Elaine Barrett; Harvey Roth; and Ham Jackson

Staff: Sherry L. Whitehead
Guests: Sandra Moreland
Excused: John Brenne & Tim Malone

Called Meeting to Order

Approved February 2004 Minutes as amended.

Announcements

Last year GCSS and the Mental Health Planning and Management Advisory Council asked for a Governor's proclamation declaring May Mental Health Awareness Month.

MOTION: That we send a letter with a "draft" proclamation to the Governor requesting May be declared Mental Health Month. (Mariana Bornholdt) *Passed*

Action items:

Assigned to:

Deadline:

Send letter with a draft of proclamation to the Governor requesting May be declared Mental Health Month.

Jane-ellen

4/21/04

Send a letter to Erin Kelly-Siel regarding recognition of May's senior events; Older Americans Month, Health & Fitness Month, and Mental Health Month.

Jane-ellen

4/21/04

Elder Suicide Prevention Workgroup

Mariana gave us an update regarding the ongoing development of a comprehensive plan for early intervention to prevent or reduce older adult suicide. The committee discussed the issue of depression caused by loss and despair. "Suicide is death by depression." Also discussed were the warning signs of suicide. It was determined that primary care physicians have minimal time to really diagnose a suicidal patient. Psychotherapy and medication can help prevent suicide.

Office of Mental Health and Addiction Services (Sandra Moreland)

Barbara Cimaglio, Prevention Manager, has accepted a position in Vermont as head of their mental health agency and Mike Morris has accepted the position as the Mental Health Policy Manager. They are still working on the Evidence Based Practice for Geriatric Mental Health Training, which will be held in September 2004. Sandra is trying to pinpoint a date in May or June for the Pre-Admission Screening Resident Review (PASRR) training. They have coordinated a workgroup to develop the administrative rule changes on the Enhanced Care Services.

Mental Health Planning & Management Advisory Council (PAMAC)

Mariana gave us an update on PAMAC. The purpose of the meeting was to consider PAMAC's response to the Governor's Mental Health Task Force's invitation to Oregonians to bring current public mental health issues to their attention at the Task Force's March 25, 2004 meeting.

The Governor's Mental Health Task Force

Dolores Hubert will be giving testimony to the Governor's Mental Health Task Force regarding five recommendations from GCSS:

1. There needs to be designated older adult programs throughout the state.
2. The community-based mental health system needs to be understandable and integrated with all shareholders.
3. Incentives need to be offered to primary care physicians to encourage them to provide routine mental health assessments.
4. With the increasing numbers of older adults and the lengthening life span the need to plan now to meet the needs for diagnosis, early intervention, and develop treatment protocols.
5. There is a pressing need to develop a workforce with special training in gerontology and geriatric mental health.

Action Item:	Assigned To:	Deadline:
Include at the mental health legislative concepts and background information in next months meeting packet.	Staff	4/15/04

Next Meeting

- Finalize Legislation for Senior Mental Health Services
- Discuss and finalize next steps on Legislative proposals
- Brainstorm tools for local SACs to use on senior mental health issues
- Watch and discuss suicide prevention video
- Pat Andeen will bring a PSSR evaluation for review and let us know the name change for Tualatin Valley Older Adult Services