

Minutes

Mental Health & Addictions Committee

Governor's Commission on Senior Services

January 22, 2004

Keizer, Oregon

Attendees: Bob White, Chair; Mary Lawrence, Vice-Chair; Mariana Bornholdt; John Brenne; Estill Deitz; Dolores Hubert; Ham Jackson; Remona Simpson; Dolores Hubert; Pat Andeen; Sandra Moreland; Tim Malone; and Lucille Pugh

Staff: Jane-ellen Weidanz & Sherry L. Whitehead

Guests: Bob Lawrence

Excused: Ellie Spangler

Called Meeting to Order

Approved December 2003 Minutes with corrections to staff and discussion headings.

Announcements

The dissolution of the Clatsop and Tillamook County AAAs is on January 30, 2004. Mid-Willamette Valley Senior Services is administering the programs during the interim until SPD designates a new AAA.

Local Affiliations

Discussed the local affiliations list. The purpose was to see if there were local groups that members are involved with that could be helpful on senior mental health issues.

Action items:	Assigned to:	Deadline:
Update Local Affiliation list	Staff	01/23/04

Suicide Prevention Workgroup

Tim and Mariana are serving on a statewide planning group that is working on this issue. They have been reviewing data, discussing strategies, etc. At the last meeting the planning group watched a video on suicide prevention for older adults. Our Committee should watch the video at the next meeting.

Action items:	Assigned to:	Deadline:
Sandra Moreland will bring the video on Older Adult Suicide Prevention to view at the next Mental Health & Addictions Committee meeting.	Sandra Moreland	01/26/04

Office of Mental Health & Addictions Service (OMHAS) Update

Sandra Moreland gave an update. OMHAS is proceeding with the Recovery for Older Adults; Evidence-based Practices in Geriatric Mental Health conference, September 22, 2004, which GCSS has endorsed. OMHAS is very concerned about the impact of Disappropriations if Ballot Measure 30 fails.

Discussed Work plan

Finalized work plan with modification to goal #3.

MOTION: Table Goal #5, “Investigate possible linkages with law-enforcement,” to Planning Days. (John Brenne) *Passed*

Action items:	Assigned to:	Deadline:
Update work plan.	Jane-ellen	02/26/04

Mental Health Advocacy

Local advocacy update: Helen presented the Commission’s concerns regarding mental health issues to the SACs at this month’s O4AD meeting. The members present were very receptive to the issue and had ideas about how they could be involved. We need to keep them going on this issue through developing tools they can use at the local level; e.g. list of local contact and meeting times, fact sheets, and talking points.

Legislative Advocacy update: Discussed the best way to get mental health and addiction services for seniors included in the DHS/local budgets and programs. We need to advocate within DHS and with the Legislature directly.

MOTION: Send a letter to Barry Kast, Health Services, James Toews, SPD, Bob Nikkel, OMHAS and Barry Donenfeld, O4AD regarding the fact that seniors are consistently under-represented in the publicly funded mental health system and the problem should be addressed in the DHS legislative and policy packages. (John Brenne) *Passed*

Action items:	Assigned to:	Deadline:
Ask all local mental health and addiction advisory councils to send us their minutes.	Jane-ellen	02/26/04
Summarize mental health and addiction advisory council minutes and get to SACs at their quarterly meeting.	Sherry	Ongoing
Send letter to people listed in the above motion.	Jane-ellen	02/27/04

Legislative Concept Strategies

Discussed legislative strategy for Mental Health & Addictions recommendations.

MOTION: Recommend to the Commission that we adopt the following strategy/process for pursuing a legislative solution to the Commission’s concerns regarding Oregon’s mental health system:

- 1. Develop concept/language;**
- 2. Disseminate concept/language;**
- 3. Review feedback and incorporate appropriate suggestions;**
- 4. Contact groups and individuals who provided feedback with revised draft;**
- 5. Hold a meeting of interested parties;**
 - a. Identify friends and foes**
 - b. Develop consensus**
- 6. Identify legislator to introduce legislation; and**
- 7. Develop “campaign” material; fact sheet, etc.**

(Marina Bornholdt) *Passed*

Action items:	Assigned to:	Deadline:
Members should send their suggestion on what should be included in the legislation, so that a draft proposal can be developed at the February meeting. <i>(Email suggestions to Bob White)</i>	Members	02/13/04

Next Meeting

- Suicide Video
- Develop Draft legislative proposal
- Discuss who should get draft proposal
- Discuss tools for local SACs