

## School Connectedness

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### **Journal of School Health: School Connectedness – Strengthening Health and Education Outcomes for Teenagers**

All articles from this issue are available for download, including the Wingspread Declaration on School Connectedness

### **Improving the Odds: The Untapped Power of Schools to Improve the Health of Teens, 2002 (Add Health Monograph)**

One in a series of monographs based on the AdHealth Longitudinal study, this issue uncovers what encourages an adolescent to feel connected to school.

## Youth Development

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### **Growing Absolutely Fantastic Youth**

An expansive guide to best practices in healthy youth development – with an emphasis on the Minnesota community, 2000.

## email Newsletter

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### **eAdolescence**

A monthly newsletter that delivers a listing of adolescent health resources, publications and web sites. Organized around the National Initiative's 21 critical objectives for adolescent health. Subscribe by sending an email to [boche001@umn.edu](mailto:boche001@umn.edu).

## Violence

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### **Influencing Behavior: The Power of Protective Factors in Reducing Youth Violence, 2004 (Add Health Monograph)**

This issue – from the series of monographs based on Add Health – details the risk and protective factors associated with violence for adolescents.

## Sexual & Reproductive Health

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### **Mothers' Influence on Teen Sex: Connections that Promote Postponing Sexual Intercourse, 2002 (Add Health Monograph)**

Mothers' influence on teen sex through parental closeness and attitudes is explored in this issue from the series of Add Health monographs.

### **A Work in Progress V.2**

A cooperatively developed *Minnesota State Plan for Teen Pregnancy Prevention and Parenting*, 2003.

### **Newsletter – Healthy Youth Development at the PRC, 2005**

Developed by the Prevention Research Center, this is the first in a new series of newsletters focused on healthy youth development. Back issues specific to reproductive health issues are also available.



## adolescent health resources on the web!

The resources listed here – and many more – are available for free download at our website:

[www.konopka.umn.edu](http://www.konopka.umn.edu)

Most of these resources can be found in “publications” (left side navigation).

If you have problems locating something, send an email to [ahp@umn.edu](mailto:ahp@umn.edu) and we'll try to assist you.

DIVISION OF ADOLESCENT  
HEALTH & MEDICINE

DEPARTMENT OF PEDIATRICS

UNIVERSITY OF MINNESOTA



# THE KONOPKA INSTITUTE FOR BEST PRACTICES IN ADOLESCENT HEALTH

## Dr. Konopka's Legacy

The Konopka Institute works with community organizations, service providers, policy makers, and public agencies to prioritize interventions, policies and systems that show the greatest promise of supporting healthy youth development.

Dr. Gisela Konopka, DSW, serves as the Institute's namesake and inspiration. Renowned for her work "Requirements for the Healthy Development of Youth," Dr. Konopka continues to guide the Institute's work today.

## Work of the Institute

Acting as the **State Adolescent Health Resource Center (SAHRC)**, funded by HRSA/MCHB, Konopka staff provide technical assistance, training and resources for public health professionals focused on adolescent populations.



State Adolescent Health Resource Center

### GOALS

- † Increase attention to adolescents as a group within the state public health system
- † Increase the public health system's capacity to address adolescent health issues
- † Promote healthy youth development approaches and philosophies

**The Minnesota Youth Community Learning (MYCL) Initiative**, funded by the W.K. Kellogg Foundation, partners Konopka staff and local community coalitions in Cass Lake, Faribault, Fergus Falls, the Maple River area, McGregor, Minneapolis and Worthington.



### GOAL

- † To re-engage middle and high school students who are disconnected from learning and school through skill-based mentoring, parental education and support and community capacity building.

## A RESOURCE FOR ADOLESCENT HEALTH

Housed at the University of Minnesota, the Konopka Institute has working relationships with adolescent-focused organizations at the state, national and international levels.

Through our partnerships, connections and the resident expertise of our staff, the Konopka Institute has access to professionals from the fields of pediatrics, public health, nursing, law, public policy, social work, communications, youth development and education.

Call us with your questions about adolescent health issues like those listed below and we'll help you find answers with experts in the field and the latest research data.

Adolescent Development  
Adolescent Health Data and Analysis  
Adolescents with Special Health Care Needs  
Alcohol, Tobacco and Other Drugs  
Bullying  
Culturally-Appropriate Services  
Gay, Lesbian, Bisexual and Transgender Youth Health Care  
Juvenile Justice and Corrections

Mental Health and Suicide  
Nutrition, Obesity, Physical Activity and Diabetes  
Public Health Approaches to Adolescent Health  
Reproductive Health (Teen Pregnancy, HIV/AIDS, STDs)  
School Climate and Connectedness  
Youth Development  
Violence

*Gisela Konopka*

Konopka Institute for Best Practices in Adolescent Health

717 Delaware Street SE, 3<sup>rd</sup> Floor  
Minneapolis, MN 55414  
612.626.1980  
www.konopka.umn.edu

UNIVERSITY OF MINNESOTA