

Oregon Living Well with Chronic Conditions



September 2009 Newsletter

Oregon WISEWOMAN Program Brings Living Well and Tomando Control to Low-Income Women with Chronic Conditions

The Oregon WISEWOMAN (Well-integrated Screening and Evaluation for Women Across the Nation) program aims to reduce chronic disease by promoting early detection, risk factor screening, risk reduction and access to medical treatment for low-income Oregon women. To participate, women must be receiving screening services through the Oregon Breast and Cervical Cancer Program. Women that participate in WISEWOMAN are provided blood pressure, body mass index (BMI), cholesterol, and blood glucose screenings. Women that are screened through WISEWOMAN are referred to local Living Well or Tomando Control programs to help them better manage their chronic conditions. Current WISEWOMAN providers are located in the following areas:

- Confederated Tribes of Warm Springs
- Harney County
- Jackson County
- Marion County
- Multnomah County
- Umatilla County
- Union County
- Wheeler County
- Yamhill County

For more information about the Oregon WISEWOMAN program, or to learn about how to bring the Oregon WISEWOMAN program to your community, contact David Hudson at david.r.hudson@state.or.us or visit www.healthoregon.org/wh/wisewoman.



Living Well Calendar of Events

Reimbursement Workgroup meeting—September 9 at 1:00 pm

Marketing and Recruitment Workgroup meeting—September 22 at 10:00 am

Living Well Network meeting—October 7 at 10:00 am

Kate Lorig to Deliver Keynote Address at Living Well Forum

The fifth annual Living Well Forum will take place on May 6 and 7, 2009 at the Best Western Agate Beach Inn in Newport, Oregon. The keynote address will be delivered by Kate Lorig, RN, DrPH, the Director of the Patient Education Research Center and Professor of Medicine at Stanford University. Dr. Lorig is one of the original developers of the Stanford Chronic Disease Self-Management Programs, including Living Well with Chronic Conditions. Dr. Lorig will help Living Well Forum participants think through how to assure quality and fidelity of Living Well programs during a time of growth, and how quality assurance and fidelity can help better position Living Well programs for reimbursement.

More information on the fifth annual Living Well Forum will be available in the coming months at www.healthoregon.org/livingwell.