

Oregon Living Well With Chronic Conditions



Living Well Network Meeting

The next meeting of the Oregon Living Well Network will take place on **Wednesday, March 4** from 3:00-7:00 pm in the Phoenix Room at the **Phoenix Inn Bend**, located at 300 NW Franklin Avenue.

The purpose of this meeting is to provide an update on the Living Well Network's successes over the last year, develop a vision for chronic disease self-management programs statewide, and develop priorities for the Living Well Network and workgroups for the next year.



Please join us – all individuals and organizations currently involved in chronic disease self-management programs are invited to attend. Your input will help shape the Living Well Network and future chronic disease self-management efforts statewide!

Please note that dinner will be served at this meeting. The meeting agenda and materials will be available online shortly at <http://oregon.gov/DHS/ph/livingwell/partners.shtml#network>.

Large Print Leader's Manual

Large print copies of the Chronic Disease Self-Management Program Leader's Manual are now available in electronic format. These materials from Stanford are available to licensed organizations. Contact us if you would like to be sent a copy for use in your area.

Contact Us:

living.well@state.or.us

Toll-free:
(888) 576-7414 *or*
(971) 673-0984

Fax: (971) 673-0994
TTY: (971) 673-0372

Living Well Leader Training in Eastern Oregon!

The Oregon DHS is sponsoring a Living Well Leader training on **April 27-30, 2009** in La Grande, OR. If you or someone you know would like to attend this training, please contact living.well@state.or.us or 1-888-576-7414 for more information and application materials. You don't live in Eastern Oregon? Please tell your contacts in the area about this exciting training opportunity!



Funding Opportunity – Reducing Women’s Health Disparities

The Office of Women’s Health has released a Request for Applications to support projects, activities, or events that address racial, ethnic, geographic or socioeconomic disparities in women's health.

Examples of activities may include: health walks, health fairs, health workshops, train the trainer health workshops, educational materials, and speaker fees for activities and events.

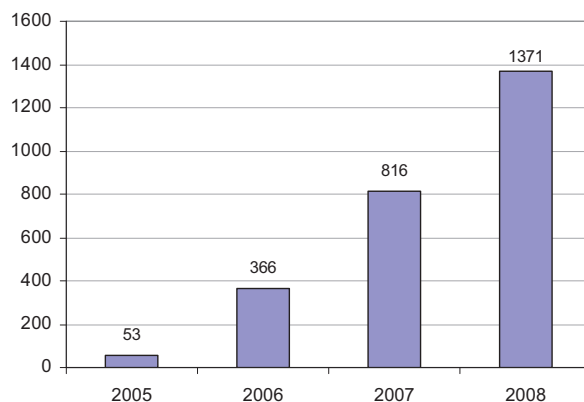


To review the Request for Applications and other funding opportunities, visit <http://www.womenshealth.gov/fund/>. During the review process, the Office on Women's Health may contact the Oregon DHS Women's Health Program to inquire about applications. For this reason, the DHS Women’s Health Program would like to keep applications on file to best support Oregon applicants. Please contact Emilee Coulter-Thompson at emilee.i.coulter-thompson@state.or.us if you intend to apply.

Available February 13th: Living Well Data Report

The biannual Living Well Data Report is being updated to include program and participant data from August 2005-December 2008. This report is the first to include participant data from Positive Self-Management programs. Take a look at how Living Well has grown since 2005! The new data report will be available online next Friday at <http://oregon.gov/DHS/ph/livingwell/pubs.shtml>. If you’d like more specific data on your county, please contact us at living.well@state.or.us or 1-888-576-7414.

Total Participants By Year



Coming Soon!

- The Living Well Annual Forum will be held March 5th at the St. Charles Medical Center in Bend. You may still register to join the annual meeting bringing together organizations and individuals involved in chronic disease self management programs. Please register by February 20th by visiting www.healthoregon.org/livingwell or by calling (888) 576-7414.
- County Fact Sheets will be available soon! The number of programs, participants, leaders and other information by county is included on these useful fact sheets.
- Marketing materials in Spanish will be available soon to promote Tomando Control de Salud programs in your community.