

Quality Health Systems Committee  
Project Workday Summary  
Friday March 7, 2008

Present: Dr. Andy Ahmann, Dr. Ruth Medak, Dr. Monica Hunsberger, David Fischer, Joyce Carmella, Tracy Robichaud, Laura Saddler, Sarah Bartlemann, and Brad Hall.

QHSC Work plan Discussion:

The group identified its work task and briefly addressed the committee's history. A brainstorm session yielded a rich source of topics to work on. As that list was reviewed several topics were identified to belong in the other workgroups area of focus. Then as the prior QHSC objectives were reviewed two remained on this year's list, namely the use of electronic tracking systems to identify patients with diabetes and ensuring appropriate care and providing easy access to proactive planned support to assist Oregonians with diabetes. However, because the new topics overlapped with those objectives the framework was rearranged.

The following is the current list of objectives:

- 1) Access for Oregonians with diabetes.
  - Access to services through provider referral, improve availability, increase use of medical homes/tobacco cessation services/Living well program
  - New target population to reach out with specific initiatives to people with post-partum care needs or depression
  
- 2) Health systems to identify and coordinate care for Oregonians with diabetes.
  - Provide screening and referral to case management
  - Use of EHRs and registries
  - Improving health system connections

Next steps involve the process of clarifying the above list of objectives with the committee, then developing the work plan specifics of: action, resources needed, anticipated outcomes & performance measures, the lead, and the timeframe.

Then the work plan will be shared with the Oregon Diabetes Coalition.

Oregon Diabetes Coalition  
 Awareness & Education Workgroup  
 2008 Workday Summary: 3/7/08

Compiled by Carrie Washburn Beck 3/20/08

Represented organizations at the break-out session:

DHS – Heart Disease and Stroke Prevention Program	McKesson Corporation
DHS – Oregon Diabetes Program	Metropolitan Family Services
DHS – Oregon Genetics Program	Mid Rogue Independent Physician Association (Mid Rogue IPA)
FamilyCare, Incorporated	MIKE Program
GlaxoSmithKline	ODS Companies
Haggen Pharmacy	Oregon Department of Education
Immigrant and Refugee Community Organization - National Cambodian American Diabetes Project (NCADP)	Oregon Lions Sight & Hearing Foundation
Legacy Emanuel Children's Diabetes & Endocrine Center	U.S. Food and Drug Administration

The group decided to focus on 3 of the 6 objectives outlined in 'Oregon's Action Plan for Diabetes' (<http://www.oregon.gov/DHS/ph/diabetes/docs/2005plan.pdf>):

Goal #1: Oregonians know the impact of diabetes and take action to decrease their risk of developing diabetes.

Objective #2: Identify at-risk populations and reduce disparities among Oregonians by increasing access to and improving diabetes education.

Some strategies identified were 1) assess the Spanish translation of the Diabetes Care Card 2) determine other languages for the Diabetes Care Card to be translated into 3) invite and partner with school organizations, community-based organizations, physical activity, nutrition and tobacco organizations, national voluntary and non-profit organizations, health care providers and diabetes educators

Goal #2: Oregonians affected by diabetes are able to manage their disease to prevent complications.

Objective #1: Increase availability and accessibility of culturally and age appropriate health care, education, and community resources to help Oregonians manage diabetes.

Some strategies identified were 1) determine methods to promote Living Well with Chronic Conditions 2) Partner with community-based organizations who support/fund wellness/lifestyle schools programs 3) Develop marketing, dissemination, and evaluation plan for Care Card and Diabetes Resource Bank

Objective #2: Increase the percentage of Oregonians affected by diabetes who understand, value, and carry out self-management behaviors to reduce complications and improve quality of life.

An identified strategy was 1) Refer/support/partner with Living Well with Chronic Conditions and Tomando Control de Su Salud (Spanish language version)

Next Steps:

- 1) Determine meeting frequency and other meeting logistics via email
- 2) Carrie Washburn Beck to transcribe notes from flipcharts, develop Workgroup Work Plan, and send to Workgroup members for feedback
- 3) Work Plan will then be reviewed and approved by the ODC Administrative Committee
- 3) Workgroup members to sign up for committee using the recruitment form; Workgroup members to also consider signing up for ODC listserv and Newsletter

Access to Data Workgroup  
Project Workday Summary  
Friday March 7, 2008

The **Access to Data Workgroup** had a very productive workday.

We had representatives from the *American Diabetes Association*, the *Northwest Portland Area Indian Health Board*, *OHSU's Center for Women's Health*, the *Oregon Adult Immunization Coalition*, *Portland State University's School of Public Health*, the *Oregon Diabetes Program*, the *Oregon Heart Disease & Stroke Prevention Program*, and the *Childhood Diabetes Database*.

Brainstorming during our break out sessions led to over two-dozen approaches to address our four state plan objectives. We then focused on two ideas to fully flesh out for the upcoming year:

- 1) Partner with Policy & Advocacy workgroup to update and develop new fact sheets for the 2009 legislative session.
- 2) Strategically identify existing and potential data sharing partners, engage them, and identify any barriers to their involvement with ODC.

Next steps will be clarifying the details for the two new goals by completing the work plans, setting up our next face-to-face meeting and divvying up tasks for our goals.

**Policy Workgroup Summary**  
ODC Workday  
Friday, March 7, 2008

**Present:** Bruce Boston, MD (OHSU Division Head, Pediatric Endocrinology), Nina Fekaris, RN (Oregon School Nurses Association/Beaverton School District), Julie Fitzgerald (OHSU Foundation, Director of Development), Judy Fry, RN, CDE (Oregon Diabetes Educators/American Association of Diabetes Educators), Beth Gebstadt (Director of State Alliances, American Heart Association, American Stroke Association), Susan Good (OMAP, Disease Management/Prevention Coordinator), Jessica Kendall (Multnomah County Diabetes Coalition), Jackie May (Oregon Commission for the Blind, Senior Instructor), Jane Moore (DHS Health Division, Manager Health Promotion and Chronic Disease Prevention), Joe Neron (Pacific University College of Optometry, Interim Clinical Director SE Eye Center).

**Discussion Facilitated by:** Bev Bromfield (Program Manager, American Diabetes Association) &  
Judy Fry, RN, CDE (Oregon Diabetes Educators)

**GOAL OF DISCUSSION:** Review current ODC policy goals and activities.  
Identify strategies in process of being met or that haven't been addressed.  
Identify needs and action steps to ensure current strategies are attained.

**DISCUSSION SUMMARY:**

***Objective 1: Promote and implement a diabetes related policy agenda.***

Focus of discussion addressed the need to increase partnerships and supportive alliances to help build an advocate base for moving potential policies that could be introduced in the 2009 legislative session via HB3486. A list of organizations along with contact names was generated.

Next Steps: Those present agreed to make contact by the end of June. To help foster relationship building the workgroup identified the need for support materials – to help gain a better understanding of their role, the issues and what type of support is needed from organizations.

***Objective 2: Strengthen and increase awareness about diabetes related rights.***

Given discussion among those present it became clear an awareness campaign to increase knowledge of advocacy resources is needed in the community. Tools identified to help promote advocacy resources include:

- a) General newsletter article about tools to assist those experiencing discrimination, availability of legal advocates through the American Diabetes Association and how to become a Diabetes Advocate to support issues of concern for people with diabetes.
- b) Promote access to resources via the American Diabetes Association by increasing visibility through organizational weblinks.
- c) Development of a 1-2 page fact sheet identifying issues, background, purpose/goal, cost of diabetes and other related statistics, and general information about the policy group. Fact sheet to be available by second week in April (in time for the annual meeting of the Oregon Diabetes Educators.)
- d) Initiate action to focus on high-risk populations by going to them to provide information about resources.