

## What is Gestational Diabetes?

Gestational diabetes is a condition during pregnancy marked by high blood sugar levels and other diabetic symptoms in a woman who has not previously been diagnosed with diabetes.

- Gestational diabetes is major risk factor for developing type 2 diabetes.
- Women who have had gestational diabetes have a **20 to 50 percent** chance of developing type 2 diabetes in the next 5 to 10 years.

## Gestational Diabetes in Oregon

- In 2005, **4%** of all births in Oregon were to mothers with gestational diabetes.
- In Oregon, the percentage of births to mothers with gestational diabetes varies by racial/ethnic group and tends to run higher among groups with higher prevalence of diabetes overall:
  - **8%** of all births to Asian women were to mothers with gestational diabetes
  - **6%** of all births to Latina women were to mothers with gestational diabetes
  - **4%** of all births to Native American women were to mothers with gestational diabetes
  - **3%** of all births to African American women were to mothers with gestational diabetes

Oregon Vital Statistics, Birth Certificate Data, 2005



Oregon Diabetes Coalition

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