

# Create a Safe Home Environment



In an emergency, call 9-1-1.  
For more safety information, go to [www.safekids.org](http://www.safekids.org).  
Oregon Poison Center: 1-800-222-1222

**For free help with smoke alarms, call your local fire department, non-emergency number.**

- Install smoke alarms with 10-year batteries on every level and in sleeping areas. Test them monthly.
- Set your water heater temperature at 120 degrees.
- Always check the water temperature in the tub.
- Keep hot liquids (coffee, tea) in non-spill cups.
- Use safety gates at both the top and bottoms of stairs.
- Do not use infant walkers and use safety straps for babies in high chairs and swings.
- Keep cribs and beds away from windows and away from hanging window blind or drapery cords. Remove toys, blankets, bumper pads and mobiles from cribs.
- Check to make sure your crib meets Oregon safety standards. (See page 39 in this handbook).
- Inspect toys often for choking hazards. Keep older children's toys with small parts in storage containers with secure lids, and away from infants and toddlers.
- Keep medicines, vitamins, razors, cleaning supplies, pesticides, pet food, houseplants, beer, wine and liquor out of children's reach.
- Store firearms unloaded and locked up, with ammunition stored and locked separately.
- Empty all buckets after use and store upside-down.
- Children are never to be left alone in a bathtub, even for a second.



**“Childproofing” is not perfect. It is important to watch your kids all the time, especially in the kitchen and bathroom.**

**Learn first aid and CPR.**

**Post the Oregon  
Poison Center  
number on or  
near phones,  
cell phones.  
1-800-222-1222**

