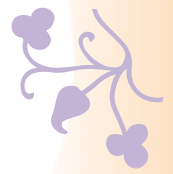


HIV Testing During Pregnancy



Contact Info:
Oregon HIV/AIDS Hotline
1-800-777-AIDS (2437)

HIV/STD/TB Program
971-673-0153

Why Should I Get an HIV Test?

- Many people who have HIV don't know that they are infected. If you have HIV you could give the virus to your unborn baby as well as other loved ones.
- Women who have HIV can get treatment during pregnancy that can lower the chances of giving it to their babies from about 25% to only 2%.

Where Can I Get an HIV Test?

- An HIV test should have been ordered with your other prenatal lab tests. You should ask your prenatal care provider to make sure the HIV test was done
- Most local health departments offer free or low-cost HIV tests. Other health clinics such as Planned Parenthood also do HIV tests.
- In most communities a person can be tested without giving their name. To find out more, call your local health department or the state HIV Program (971-673-0153).

What If I Test Positive for HIV?

- Most people do not have HIV infection. If you do have it, your health care provider will help you get treatment. It will nearly eliminate the chance of giving HIV to your baby. It may also help you live a longer healthier life.
- If you are HIV-positive you should not breastfeed your baby. HIV is found in breast milk and can infect your baby after it is born.
- Your sex partner/s should also be tested for HIV. If you use drugs and share equipment with others they should be tested too. If you have a partner with HIV you should be tested again later in pregnancy.
- If you need help or have questions call your local health department or the state HIV Program (971-673-0153).

