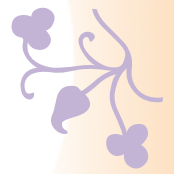


Pregnant Women Need Shots Too!



Need more information? Contact
The Oregon State Immunization Program
at 971-673-0300, or log onto the website at:
www.healthoregon.org/imm

Which immunization shots are safe while I am pregnant?

Safe and Recommended:

Tetanus & Diphtheria (Td)
Flu

Ask Your Doctor about these:

Hepatitis A
Hepatitis B
Pneumococcal
Tdap (tetanus, diphtheria, pertussis) currently
recommended after delivery

Which shots should I not receive while pregnant?

MMR (measles, mumps, and rubella) and Varicella (chickenpox)

- » Could harm the baby you are carrying because they are live vaccines.
- » Get these shots when you are not pregnant.
- » Protect your children by getting your MMR and Varicella vaccines before you become pregnant or after a delivery.

Can children in my household get shots while I am pregnant?

During your pregnancy, it is safe for you and your other children to receive all their routinely recommended vaccines.

Does breastfeeding interfere with vaccination?

No, if you are breastfeeding, you may take any vaccine without danger to your baby.
Your breast milk will not interfere with the vaccines that your child is given.

Where can I get shots?

- » Your doctor
- » County health department
(some shots available for uninsured)
- » Local pharmacist

