

Hepatitis C Resource List: Free, Low Cost, and Sliding Fee Scale Services in the Portland Area

Date of Last Revision: April 4, 2002

MEDICAL CARE:			
Place	Services Available	Insurance/Cost	Notes (if applicable)
PRIMARY CARE PROVIDERS			
<p>Legacy Health/Good Samaritan Hospital</p> <p>1200 NW 23rd Avenue Portland, OR 503.413.7074</p>	<ul style="list-style-type: none"> • Primary care medical services • Specialty care 	OHP-Open card and other insurance accepted. Call for eligibility.	Call for information, eligibility, and appointment. Interpreter services available
<p>Multnomah County Health Department Primary Care Clinics: 503.988.3816</p> <p>Westside- 426 SW Stark-5th FL La Clinica de Buena Salud Mid-County-12710 SE Division East County- 600 NE 8thSt-Grhm SE Health Ctr- 3653 SE 34th NE Health Ctr- 5329 NE MLK N Portland- 9000 N. Lombard St.</p>	<ul style="list-style-type: none"> • Primary medical care services • Specialty referrals available • HCV/HIV/STD screening and testing for highest risk clients • HAV/HBV vaccinations for HCV+ and others at risk 	<p>For both the uninsured and insured. Accept OHP Care Oregon and some private insurance.</p> <p>Services for homeless clients available.</p> <p>Call for financial and clinic eligibility.</p>	<p>Clinics have various hours/times of operation.</p> <p>Most clinics are closed to new patients as of this writing; however, call 503.988.3816 for eligibility and appointment information.</p>
<p>OHSU Community Health Centers</p> <p>Gabriel Park 503.494.9992 Sellwood 503.418.1800 Richmond 503.418.3900 Beaverton 503.418.2000 Tigard 503.418.4000</p>	<ul style="list-style-type: none"> • Primary care services • HAV and HBV vaccines • HAV, HBV, and HCV screening and testing • Appointment with PCP required for consultation 	<p>Most insurance accepted. Some OHP-Open card. No sliding fee scale. Private pay accepted.</p> <p>Call for eligibility and appointments with primary care physician.</p>	Flexible hours. May be up to two-week wait list to see physician.
<p>OHSU Family Practice Center Emma Jones Hall/Family Practice 3181 SW Sam Jackson Park Rd. Portland 97201-3098 503.494.8573</p>	<ul style="list-style-type: none"> • Primary care services • HAV and HBV vaccines • HAV, HBV, and HCV screening and testing • Works with OHSU Gastroenterology/Hepatology 	<p>OHP-Care Oregon. Most insurance accepted.. Call for eligibility.</p> <p>Call for appointment with primary care physician.</p>	<p>May be up to 8 weeks for initial primary care appointment. Closed to new clients as of Oct. 17, 2001.</p> <p>On bus route #8 from downtown Portland.</p>
<p>Old Town Clinic 219 W. Burnside Portland, OR 97209 503.241.3836</p>	<ul style="list-style-type: none"> • Full primary care services to low income and homeless persons • Hepatitis screening, testing, and care follow-up 	Accept OHP. Sliding fee scale available. No one turned away for inability to pay.	<p>Services for low income and homeless individuals and families.</p> <p>Appointments and Walk-in Services: Open M, Tues, W, F from 9-12 and 1:30 to 5pm. Thursday 9-12 only.</p>

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<p>Portland Adventist Health Convenient Care 18750 SE Stark Street Gresham, OR 503.666.6717</p>	<ul style="list-style-type: none"> • Urgent care services • HBV vaccines • HAV, HBV, -Referred to Rockwood • Walk-in services—first come first served 	<p>Payment at time of service. No sliding fee scale. Some OHP and private insurance accepted. Call for eligibility. Must see PCP for consultation before blood work. Cost for consult is \$ 90-111, not including labs and X-ray for uninsured.</p>	<p>Business hours: M-F: 8am to 9pm Saturday: 9am-5pm Sunday: 9am-5pm</p>
<p>Providence Ambulatory Care and Education 5050 NE Hoyt, Suite 540 Portland, OR 97213 503.215-6600</p>	<ul style="list-style-type: none"> • Primary medical care and support services for the uninsured • On-site social worker 	<p>For the uninsured. Sliding fee scale available.</p>	<p>For individuals and families. Some coordination of care.</p>
<p>Providence Health Systems Primary Care 4104 SE 82nd Portland, OR 503.215.9850 OR Gateway Family Center 1321 NE Ste 200 99th/Halsey-Behind Mervyns 503.215.4250</p>	<ul style="list-style-type: none"> • Primary medical care services. No urgent care. 	<p>OHP-Providence Care Oregon (82nd only) and OHP- Providence (Gateway Only). Call for information on private insurance accepted. Private pay accepted.</p>	<p>At Gateway, need to walk-in to schedule appointment if it is a family. Individuals may call. From time of walk-in, appointment may be 4 weeks out. Call for location specific information and scheduling.</p>
<p>Westover Heights 2330 NW Flanders, Suite 207 Portland, OR 97210 503.226.6678</p>	<ul style="list-style-type: none"> • Gonorrhea, Chlamydia, HIV, Herpes, Syphilis, and Hepatitis A, B, and C Testing 	<p>Some Private Insurance. No OHP or sliding fee. Call for costs.</p>	<p>Private clinic providing full STD and infectious disease testing and follow-up care.</p>
COMPLEMENTARY AND ALTERNATIVE CARE PROVIDERS			
<p>Institute for Traditional Medicine – Immune Enhancement Project (IEP) 2017 SE Hawthorne Blvd. Portland, OR 503.233.4907</p>	<ul style="list-style-type: none"> • Services for HIV, Hepatitis C, Cancer, & Multiple Sclerosis, Diabetes • Acupuncture • Herbal treatments 	<p>Acupuncture visits \$25/treatment with fifth treatment free (\$100/5 treatments). Sliding scale available. Must fill out form. Only a certain number of slots available. Herbs – One granular formula and two tableted formulas approximately \$40/month at cost so no sliding scale.</p>	<p>Patients bring Hepatitis test results. Usually treat patients for three months to see if treatment works. Acupuncture once every week or two weeks depending on circumstances (financial and physical.) If HIV+ also, can apply for Ryan White funding to cover costs.</p>

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<p>Keivan Jinnah, ND, LAc. Clinton Street Health Care</p> <p>2700 SE 26th Ave., Suite D Portland, OR 97202 503.234.6556</p>	<ul style="list-style-type: none"> • Complementary and/or alternative primary care services • Chinese herbs • Supplements • Acupuncture • Hepatitis C specialty 	<p>OHP-Open Card accepted and covers visits. Sliding fee available based on need. Call for information.</p> <p>For out of pocket, first visit is \$120. with additional visits \$60. Supplements range from \$45-\$150.</p>	<p>Works in complement or as an alternative to western medicine. To optimize health and wellness among persons with Hepatitis C. Treatment is individualized.</p> <p>Patient visits occur on M, W, & F's.</p>
<p>National College of Naturopathic Medicine</p> <p>2220 SW 1st Ave. Portland, OR 97201 503. 255.7355</p>	<ul style="list-style-type: none"> • Teaching Clinic – Naturopath and 4th year students • Private Naturopaths • Full service lab • Full service medicinary 	<p>New visit to teaching clinic -\$ 65. Return visits are based on duration of visit - \$30 - \$ 70. Offer a sliding fee scale: \$20-\$25 per visit. Must bring proof of income and speak with the office manager.</p> <p>New patients only: If client brings 3 cans of food, office visit is \$20 Private ND visits \$ 65-\$120/visit. No reduced fee/payment plan for lab or medicinary. Blood draw \$40.50 and Homeopathic remedies \$5 - \$6.50.</p>	<p>On bus route where bus stops every hour. More frequent bus two to three blocks away.</p> <p>Open M – F 8:00 a.m. – 6:00 p.m., Sat 9:00 a.m. – 1:00 p.m.</p> <p>Offer \$10 clinic once a month on specific topic i.e., women's health, allergies, arthritis etc.</p>
<p>Open Gate Acupuncture Clinic</p> <p>1011 E. Burnside Portland, OR 97214 503.232.3857</p>	<ul style="list-style-type: none"> • Acupuncture • Herbal treatments • Jin Shin Jyutsu services 	<p>Acupuncture visit - \$25 - \$50.</p> <p>Sliding fee scale available.</p>	<p>Use western diagnosis and also do a Chinese diagnosis. Cost and number of visits vary from patient to patient.</p> <p>www.teleport.com/~herbs4u/</p> <p>On bus 12, 19, and 20 routes.</p>
<p>Oregon College of Oriental Medicine (OCOM) Acupuncture and Herbal Clinic</p> <p>10525 SE Cherry Blossom Drive, Portland 503.253.3443</p>	<ul style="list-style-type: none"> • Acupuncture • Herbal treatments • Herbal Dispensary on site • Consultation with herbal intern 	<p>Intern clinic \$40 for 1st visit and \$30 each visit thereafter. Sliding fee scale available based on annual income and number of dependents.</p> <p>Herbal consult available on sliding scale from \$15 for 1st visit and \$10 for returning to \$30 for 1st visit and \$20 for returning. Senior fee \$20/per visit/ Student fee \$15 per visit</p>	<p>Open Sat, 8:30 a.m. – 5:30 p.m. M 8:30-6:00/Tue 8-8/W 8:30-7:00/Th 8-8 /Fri 8:30-6:30</p> <p>Herbal consult available M, and Thursday. Bus 15</p>

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<p>Outside In 1236 SW Salmon, Portland 503.223.4121</p>	<ul style="list-style-type: none"> • Naturopathic care • Chiropractic care • Acupuncture 	<p>Free for homeless people and youth under 21. Chiropractic, Acupuncture, and Naturopath. Sliding fee scale only .Appointment recommended.</p>	<p>Naturopathic Care: M – Th, 1:00 p.m. to 4:00 p.m. Chiropractic Care: Every other Wed., 9 am –12 pm Acupuncture: M – F, times vary. Call first</p>
<p>Portland Alternative Health Center (PAHC)-Program of Central City Concern 1201 SW Morrison Portland, OR 503.228.4533</p>	<ul style="list-style-type: none"> • Eastern/ Western medicine • Acupuncture & Massage • Chinese Herbs/Homeopathy • Chiropractic care • Hydrotherapy • Counseling (nutrition, MH) • HCV/HIV/STD testing • Mentoring /Drug Free Housing 	<p>Anyone interested in alternative health service. No addiction history required. Must be drug free to access services. OHP (Open Card, Care Oregon) & Providence accepted with referral from PCP. Accept private insurance. Call for eligibility & appointments.</p>	<p>Acupuncture M – F, 8:30 a.m. to 10:15 a.m. and 4:00 p.m. to 6:15 p.m.</p> <p>Naturopaths available M, W, F from 3:00 p.m. to 5:15 p.m. and Th, from 8:30 a.m. to 11:15 a.m.</p> <p>Call for information.</p>
SPECIALTY CARE PROVIDERS AND CLINICS			
<p>Multnomah County Health Department: Disease Control and Occupational Health/Traveler’s Clinic 426 SW Stark, 9th Floor Portland, OR 97204 503.988.3406</p>	<ul style="list-style-type: none"> • HAV and HBV vaccinations for health science students & employees and for traveler’s 	<p>\$25 for HBV Blood Test for work or school requirements and \$45 each for HAV and HBV vaccinations. No sliding fee scale or tax subsidy available.</p> <p>Call for information and appointments.</p>	<p>Appointments M, W, F mornings and Tuesday and Thursday afternoons for occupational Health Services. Travelers’ Clinic: Wednesday’s afternoon appts available until 6:30 pm. Official documents of immunization are provided.</p>
<p>Multnomah County Health Department: STD Clinic 426 SW Stark, 6th Floor Portland, OR 97204 503.988.3406</p>	<ul style="list-style-type: none"> • HIV, STD, and Hepatitis C screening and testing • HAV and HBV vaccines for persons at risk and <18 • Treatment for sexually transmitted diseases • Birth control services for teens 	<p>OHP accepted. Most private insurance plans accepted. Private pay available. Sliding fee scale.</p>	<p>Appointments encouraged for guaranteed service. Walk-in hours available.</p> <p>Clinic hours are: M, T, F: 9am-5pm Wednesday: 1pm-5pm Thursday: 9am-6pm</p>
<p>OHSU Division of Gastroenterology and Hepatology Physician’s Pavilion-Suite 310 3181 SW Sam Jackson Park Rd. Portland 97201-3098 503.494.8577</p>	<ul style="list-style-type: none"> • Full spectrum medical treatment for HCV+ • Liver biopsies, PCR, ALT/AST tests, TIPP, and other procedures • Education and full HCV evaluation 	<p>Accept OHP and other private insurance. Private pay accepted. Must be referred by primary care provider. Call for eligibility and appointments.</p>	<p>On bus route #8 from downtown Portland.</p> <p>Weekly Hepatology Clinic on Wednesdays.</p>

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<p>OHSU Internal Medicine-Division of Adult HIV/AIDS/Outpatient Clinic</p> <p>3181 SW Sam Jackson Park Rd. Portland 97201-3098 503.494.8562</p>	<ul style="list-style-type: none"> • Full-spectrum medical, case management, and support services for HIV and HCV+ • HAV/HBV vaccinations • HCV screening and testing • Behavioral health counseling 	<p>Accept OHP (Care Oregon), OMIP, and Private Insurance. Will assist with OHP enrollment. No cost service for eligible clients.</p> <p>Research/clinical trials ongoing. Call for eligibility and appointments.</p>	<p>On bus route #8. 3rd Floor of Outpatient Client. Confidential services.</p> <p>Will see HCV+ (non-HIV+) clients for service through clinic.</p>
<p>The Oregon Clinic</p> <p>10535 NE Glisan, Suite 200 Portland, OR 97220 503.258.1755</p>	<ul style="list-style-type: none"> • Hepatology/Liver Specialists • Hepatitis care and treatment 	<p>On the Providence Health Plan. Accept some OHP. Call for insurance eligibility.</p>	<p>Requires a referral from PCP and completion of the Hepatitis Questionnaire. Form can be faxed; referring physician will be notified shortly after review regarding client eligibility for Hepatitis C care.</p>

EYE AND DENTAL CARE PROVIDERS

<p>Gresham Eye Clinic</p> <p>503-255-2291</p>	<ul style="list-style-type: none"> • Eye screening, testing, and care 	<p>Accept OHP Open Card. Call for fees.</p>	
<p>Multnomah County-Dental Clinics</p> <p>503.988-3816 for information</p>	<ul style="list-style-type: none"> • Full routine and urgent dental care services 	<p>Accept OHP-open cards. For uninsured persons. Sliding fee scale with \$25 minimum. Call for eligibility.</p>	<p>Two NE and two SE clinic locations. Call information line for information, appointments and eligibility.</p>
<p>Neighborhood Health Clinics: SE and NE locations</p> <p>503.288.5995</p>	<ul style="list-style-type: none"> • Dental services 	<p>For persons without insurance. Services on sliding fee scale. Minimum is \$25. Call for appointment.</p>	<p>Evening clinic hours. Call for locations and appointment.</p>
<p>OHSU Dental Clinic</p> <p>503.494.8867</p>	<ul style="list-style-type: none"> • Full routine and urgent dental services; no implants 	<p>Some OHP and insurances accepted. Call for eligibility and costs.</p>	<p>Call for eligibility, appointments, and information. On bus #8.</p>
<p>Pacific University (34th/Powell)</p> <p>503.988.3506</p>	<ul style="list-style-type: none"> • Eye Care 	<p>Accept OHP Open Card. Call for eligibility and appointments.</p>	<p>Call for hours of operation.</p>

SUPPORT GROUPS and SERVICES:

Place	Services Available	Insurance/Cost	Notes (if applicable)
<p>Danzine/ Hep C Peer Support</p> <p>PO Box 40207 Portland, OR 97240 503.234.9615 www.danzine.org Email: danzine@danzine.org</p>	<ul style="list-style-type: none"> • Peer support, education, and information for women and men living with Hepatitis C. • Free anonymous X-change 	<p>No fee for support from facilitator, Sarah.</p> <p>Call for information.</p> <p>Free X-change.</p>	<p>Persons living with Hepatitis C are available for telephone and in-person support. Peers act as a resource and support related to testing, prevention, treatment, and community resources. Leave message and your call will be returned as soon as possible.</p> <p>X-change every Fri evening 7:30pm-9pm off SE Ash and 82nd (one blk off Burnside—look for white van).</p>

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<p>Miss Mona's Rack 628 East Burnside 503.231.8006</p>	<ul style="list-style-type: none"> • Prevention supplies including a variety of condoms, razors, toothbrushes, etc. • Information in English and Spanish 	<p>\$.25 cent health supplies. Information is free/gratis.</p>	<p>Store hours: Tuesday-Saturday from 10am to 7pm. Between Plaid Pantry and Union Jacks. Bus # 12, 19, and 20.</p>
<p>Hepatitis C Action Network/Milwaukie Area Support 4811 SE Jennings Ave. Milwaukie, OR 503.353.8808</p>	<ul style="list-style-type: none"> • Peer education and support for men and women living with Hepatitis C. • Open forums for affected friends and family 	<p>No fee for participation. Call for information or show up!</p>	<p>Support, education, and socializing for persons living with Hepatitis C. Group meets every 2nd Wednesday of the month from 7-9pm.</p>
<p>Legacy Health/Good Samaritan Hospital Neurological Sciences Center (2nd Floor Conference Room) Good Samaritan Hospital 1040 NW 22nd Avenue Portland, OR 503.413.7348 (main line)</p>	<ul style="list-style-type: none"> • Support group for persons living and affected by Hepatitis C • Peer and community education about HCV prevention and care • Open meetings 	<p>No fee to participate.</p>	<p>Peer support and education. Meetings are on the 3rd Tuesday of each month at 6:30p.m.</p>
<p>Mount Hood Medical Center 24800 SE Stark Street Gresham, OR 97030 503.674.1122 or MAIN: 503.413.7348</p>	<ul style="list-style-type: none"> • Support group for persons living with/affected by Hepatitis C. 	<p>No fee to participate.</p>	<p>Hep C support and education. Meetings are on the 2nd Wednesday of each month from 6:30pm to 8:30p.m. Call for information.</p>

ALCOHOL AND DRUG TREATMENT AND SUPPORT SERVICES:

Place	Services Available	Insurance/Cost	Notes (if applicable)
<p>Alcohol and Drug Help line Toll Free: 1-800-923-4357</p>	<ul style="list-style-type: none"> • Information and referral 	<p>Free to callers.</p>	<p>LOCAL: 503-244-1312</p>
<p>De Paul Treatment Center 1312 SW Washington St. Portland, OR 97205 503.535.1166</p>	<ul style="list-style-type: none"> • A&D assessment and evaluation • Outpatient and residential treatment for alcohol and drug addiction--Adult and Youth • HIV/HCV screening, testing, and education with clients. 	<p>Accept OHP, private insurance, and private pay. Sliding fee scale. Clients are assisted with OHP application. Call for eligibility and appointments.</p>	<p>Need TB clearance to participate. Client requires detoxification. Call admissions office for an assessment or appointment.</p>
<p>Harm Reduction Info Line 503-280-1611</p>	<ul style="list-style-type: none"> • Needle exchange hours 	<p>Free information.</p>	<p>Call 503-280-1611 for recorded message. Can leave a message at the tone for follow-up.</p>

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<p>Hooper Detoxification Center: Central City Concern 20 NE MLK Portland, OR 97232 503.238.2069</p>	<ul style="list-style-type: none"> • Sober house and Detox • A&D assessment, evaluation, case management, and counseling • Acupuncture • HCV/HIV screening, testing and education for clients. 	<p>Accept OHP, private insurance and private pay. No cost to client if unable to pay. Sliding fee scale. Clients are assisted with OHP application.</p> <p>Call for eligibility.</p>	<p>Need TB clearance to participate. TB test offered at location. Must line up at location at 7:30am for assessment and triage.</p> <p>Must have 30 days from last Hooper release to re-enroll.</p>
<p>Central City Concern— Portland Alternative Health Center (PAHC) 503.228.4533</p>	<ul style="list-style-type: none"> • Mentor Program • Drug Free Housing 	<p>Must be drug free to access services. Call for eligibility & appointments.</p>	<p>Call for information. <i>SEE LISTING UNDER MEDICAL</i></p>

MENTAL HEALTH SERVICES:

Place	Services Available	Cost	Notes
<p>Multnomah County Mental Health Crisis Line 503-988-4888</p>	<ul style="list-style-type: none"> • Crisis counseling • Referral and resource information for walk-in clinics • Open 24 hours 	<p>Free call-in and support.</p>	<p>Counselors are trained in providing mental health and brief crisis counseling. Limited assessment, evaluation and coordination of care.</p>
<p>Mt. Hood Mental Health- Gresham 400 NE 7th Gresham, OR 503.661.5455</p>	<ul style="list-style-type: none"> • Mental health crisis triage and support 	<p>Walk-in services available, regardless of ability to pay.</p>	<p>Call 503-988-4888 or Walk-in Monday-Friday from 9am-5pm. Take the MAX train to Gresham Central Station and walk South across the street.</p>
<p>Cascadia Behavioral Health Care, Inc. 525 NE Oregon St., Suite 220 Portland OR 97232 Office: 503.238.0780 Intake/Eligibility: 503.231.3050</p>	<ul style="list-style-type: none"> • Mental health treatment and support services • A&D programs • Case management and counseling • Housing for eligible clients • HIV and GLBT services 	<p>OHP Care Oregon, Open Card, and Family Card accepted. Some private insurance accepted. Private pay accepted. No sliding fee scale. Ryan White Funds for HIV+. Call for eligibility.</p>	<p>Call for Intake Monday through Friday 9am to 5pm. Programs scattered throughout county. Crisis walk-in's at 2415 SE 43rd (off Division) M-F from 9am to 9pm and Saturdays 1pm to 4pm. Call 503.238. 0705.</p>
<p>OHSU Behavioral Health 621 SW Alder, Suite 520 Portland, OR 503.494.4745</p>	<ul style="list-style-type: none"> • Outpatient services for mental health and addictions 	<p>Accept most OHP and other private insurance. Call for eligibility and appointments.</p>	<p>On most bus and MAX lines into downtown Portland.</p>
<p>UNITY Mental Health Services-Downtown 400 SW 12nd Ave. Portland, OR</p>	<ul style="list-style-type: none"> • Crisis mental health counseling 	<p>Free walk-in services for persons in crisis.</p>	<p>Crisis walk-in services M-F from 1pm to 5pm.. No appointment necessary. Bus #20 westbound or MAX eastbound to 11th Avenue in downtown Portland.</p>

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503.215.7082			
UNITY Mental Health -West 710 SW 2 nd Ave. Portland, OR 503.225.6499 or 503.228.0373 MAIN	<ul style="list-style-type: none"> • Mental health counseling and case management • Medication management 	Call for eligibility and appointments.	For persons with chronic mental illness or in mental health distress.
HOTLINES AND OTHER IMPORTANT NUMBERS:			
American Liver Foundation	24-hour hotline, Free, Toll-free: 1-800-GO-LIVER (800-465-4837) or 1-888-4-HEP ABC .		
Multnomah County Information and Referral	For information on all county services and programs. Free. Open M-F from 9am-5pm. Local: 503-988-3816 .		
Multnomah County Mental Health Crisis Line	24 hours/7 days. Free. Brief counseling and information about crisis walk-in services. Mobile crisis services available. 503-215-7082 .		
Oregon AIDS/STD Hotline	Open M-F 9am-6pm; Saturday 12-6pm. Free. Call toll-free 1-800-777-AIDS (2437) or local: 503-223-AIDS .		
Oregon Health Plan Applications and Status	Call 1-800-359-9517 for application packet or 1-800-943-9249 interactive voice recording for status of application. Open business hours and Free.		
Oregon Safe Net	Free Maternal and child health hotline. How to apply for food stamps, OHP information, where to access food/clothing/shelter. Information and referral to low-cost health and social services. Call 1-800-Safenet (800-723-3638) . Open 8am-5pm.		
Portland Women's Crisis Line	Information/Referral Crisis intervention and counseling. Emergency transportation to safety. 24 hours a day/7 days a week. Free. Call 503-235-5333 .		
United Way-"Guideline" Information and Referral	Information and referral for emergency health and basic needs/social services. M-F 8am-5pm. Free. Call 503-222-5555 .		

**Multnomah County Health Department does not endorse these programs/treatments, but present them as options when seeking medical and complementary resources. Created and maintained by the HIV and Hepatitis C Programs at the Multnomah County Health Department. Call 503-988-3030 x 251 or 244 with comments.