

## LANE COUNTY

### *Center for Family Development*

1258 High St

Eugene

Program Contact: Shanti Rios

Phone: (541) 342-8437

ASAM

Cannabis Youth Treatment

CBT - Cognitive Behavioral Therapy

CBT - Cognitive Behavioral Therapy (Trauma Focused)

CBT - Cognitive Behavioral Therapy for Child Sexual Abuse (CBT-CSA)

CBT - Cognitive Behavioral Therapy for Childhood Anxiety Disorder

CBT - Cognitive Behavioral Therapy for Depression in Adolescents

CBT - Cognitive Behavioral Therapy for Schizophrenia and Other Psychotic

Contingency Management (w/o community reinforcement)

Co-Occurring Disorders: Integrated Dual Diagnosis Disorders

DBT - Dialectical Behavioral Therapy for Adolescents

DBT - Dialectical Behavioral Therapy for Substance Abuse

Drug Court

Eye Movement Desensitization and Preprocess (EMDR)

Family Psychoeducation

Matrix Model

Motivational Interviewing

Multisystemic Therapy

Parent Management Training

Relapse Prevention

Seeking Safety

Solution-Focused Brief Therapy

Wraparound

### *Centro Latino Americano*

944 West 5th Ave

Eugene

Program Contact: Basilio Sandoval

Phone: (541) 687-2667

12-step Facilitation

ASAM

Motivational Enhancement Therapy (MET)

Motivational Interviewing

***Direction Service Counseling***

576 Olive St

Eugene

Program Contact: Jacqui Lichtenstein LCSW, Ph.D.

Phone: (541) 344-7303

CBT - Cognitive Behavioral Therapy

CBT - Cognitive Behavioral Therapy (Trauma Focused)

CBT - Cognitive Behavioral Therapy for Child Sexual Abuse (CBT-CSA)

CBT - Cognitive Behavioral Therapy for Childhood Anxiety Disorder

CBT - Cognitive Behavioral Therapy for Depression in Adolescents

Contingency Management (w/o community reinforcement)

Family Psychoeducation

Parent Management Training

***Emergence***

84 Centennial Loop

Eugene

Program Contact: Michael Bean

Phone: (541) 393-0777

ASAM

DBT - Dialectical Behavioral Therapy

Moral Reconciliation Therapy

Motivational Enhancement Therapy (MET)

Motivational Interviewing

***Jasper Mountain***

37875 Jasper Lowell

Jasper

Program Contact: Dave Ziegler, PhD

Phone: (541) 747-1235

CBT - Cognitive Behavioral Therapy (Trauma Focused)

CBT - Cognitive Behavioral Therapy for Child Sexual Abuse (CBT-CSA)

CBT - Cognitive Behavioral Therapy for Childhood Anxiety Disorder

Eye Movement Desensitization and Preprocess (EMDR)

Medication Management

Multidimensional Treatment Foster Care

Prolonged Exposure Therapy for Posttraumatic Stress

Second Step

Solution-Focused Brief Therapy

Wraparound

***Lane County Health & Human Services***

125 E 8th Ave

Eugene

Program Contact: C.A. Baskerville

Phone: (541) 682-3031

Communities That Care  
Incredible Years  
Parenting Wisely  
Reconnecting Youth (RY)  
Second Step  
Strengthening Families Program (SFP)

***Laurel Hill Center***

2145 Centennial Plaza

Eugene

Program Contact: Mary Alice Brown

Phone: (541) 984-3109

DBT - Dialectical Behavioral Therapy  
Strengths Model of Case Management  
Supported Employment  
Supported Housing

***Looking Glass Adolescent Recovery Program***

20 E 13th

Eugene

Program Contact: Chris Rubin

Phone: (541) 485-8448

CBT - Cognitive Behavioral Therapy  
CBT - Cognitive Behavioral Therapy (Trauma Focused)  
Motivational Interviewing  
Solution-Focused Brief Therapy

***Looking Glass Center Point School***

1790 W 11th Ave #A

Eugene

Program Contact: Lynda J. Whitener, M.S.

Phone: (541) 868-0661

CBT - Cognitive Behavioral Therapy (Trauma Focused)

***Options Counseling Services***

1255 Pearl #102

Eugene

Program Contact: Rhonda Estabrook

Phone: (541) 687-6983

CBT - Cognitive Behavioral Therapy  
DBT - Dialectical Behavioral Therapy  
Wraparound

***OSLC Community Programs - FFT***

315 West Broadway

Eugene

Program Contact: Kathleen Nutt

Phone: (541) 743-4351

Functional Family Therapy

***OSLC Community Programs - OCP***

315 West Broadway

Eugene

Program Contact: Kathleen Nutt, LCSW

Phone: (503) 743-4351

Multidimensional Treatment Foster Care

***OSLC Community Programs - PMT***

315 West Broadway

Eugene

Program Contact: Kathleen Nutt, LCSW

Phone: (541) 743-4351

Parent Management Training

***Peace Health Counseling Services***

1525 12th St #22

Florence

Program Contact: Lisa Long

Phone: (541) 902-0408

DBT - Dialectical Behavioral Therapy

Solution-Focused Brief Therapy

***Prevention and Recovery Northwest***

1188 Olive St

Eugene

Program Contact: Ann-Marie Bilderback

Phone: (541) 484-9274

12-step Facilitation

Motivational Interviewing

Relapse Prevention

Solution-Focused Brief Therapy

***Relief Nursery***

1720 W 25th Ave

Eugene

Program Contact: Kevin Burns

Phone: (541) 343-9706

CBT - Cognitive Behavioral Therapy

CBT - Cognitive Behavioral Therapy (Trauma Focused)

CBT - Cognitive Behavioral Therapy for Child Sexual Abuse (CBT-CSA)

CBT - Cognitive Behavioral Therapy for Childhood Anxiety Disorder

Motivational Interviewing  
Parent Management Training  
Solution-Focused Brief Therapy

***ShelterCare***

PO Box 23338

Eugene

Program Contact: Chris Steele

Phone: (541) 686-1262

Co-Occurring Disorders: Integrated Dual Diagnosis Disorders  
Strengths Model of Case Management  
Supported Employment  
Supported Housing

***South Lane Mental Health***

410 North 9th

Cottage Grove

Program Contact: Tom Wheeler

Phone: (541) 942-2850

Assertive Community Treatment (ACT)  
CBT - Cognitive Behavioral Therapy for Depression in Adolescents  
Eye Movement Desensitization and Preprocess (EMDR)  
Medication Management  
Supported Housing

***The Child Center***

3995 Marcola Road

Springfield

Program Contact: B. Wellard

Phone: (541) 726-1465

CBT - Cognitive Behavioral Therapy (Trauma Focused)  
CBT - Cognitive Behavioral Therapy for Child Sexual Abuse (CBT-CSA)  
CBT - Cognitive Behavioral Therapy for Childhood Anxiety Disorder  
CBT - Cognitive Behavioral Therapy for Depression in Adolescents  
Collaborative Problem Solving  
Contingency Management (w/o community reinforcement)  
Family Psychoeducation  
Home-Based Behavioral Systems Family Therapy  
Life Skills (Botvin)  
Medication Management  
Second Step  
Solution-Focused Brief Therapy  
Strengths Model of Case Management  
Wraparound

***White Bird Clinic-Chrysalis Program***

323 E 12th Ave

Eugene

Program Contact: Larry Weinerman

Phone: (541) 683-1641

12-step Facilitation

ASAM

CBT - Cognitive Behavioral Therapy

CBT - Cognitive Behavioral Therapy for Substance Abuse

DBT - Dialectical Behavioral Therapy

Relapse Prevention

Solution-Focused Brief Therapy

***Willamette Family, Inc.***

687 Cheshire

Eugene

Program Contact: Micki Knuckles

Phone: (541) 343-2993

12-step Facilitation

ASAM

Brief Strategic Family Therapy (BSFT)

Buprenorphine

CBT - Cognitive Behavioral Therapy (Trauma Focused)

Contingency Management (w/o community reinforcement)

Motivational Interviewing

Multidimensional Family Therapy

Relapse Prevention

Seeking Safety

Wraparound

***Workdrug Free***

PO Box 10732

Eugene

Program Contact: Chris O'Neill

Phone: (541) 344-1232

Team Awareness (for the Workplace)