

BAKER COUNTY

Mountain Valley Mental Health

2200 Fourth St

Baker City

Program Contact: Vicki Long

Phone: (541) 523-3646

- CBT - Cognitive Behavioral Therapy (Trauma Focused)
- CBT - Cognitive Behavioral Therapy for Child Sexual Abuse (CBT-CSA)
- CBT - Cognitive Behavioral Therapy for Childhood Anxiety Disorder
- CBT - Cognitive Behavioral Therapy for Depression in Adolescents
- Collaborative Problem Solving
- DBT - Dialectical Behavioral Therapy
- Illness Management and Recovery
- Seeking Safety
- Solution-Focused Brief Therapy

New Directions Northwest, Inc.

2610 Grove Street, PO Box 1005

Baker City

Program Contact: Darlen Scheler

Phone: (541) 523-8364

Strengthening Families Program (SFP)

New Directions Northwest, Inc.-Baker House

2100 Main Street

Baker City

Program Contact: Bart Murray, CEO

Phone: (541) 523-3126

- 12-step Facilitation
- ASAM
- CBT - Cognitive Behavioral Therapy
- Co-Occurring Disorders: Integrated Dual Diagnosis Disorders
- Individual Drug Counseling
- Matrix Model
- Motivational Enhancement Therapy (MET)
- Motivational Interviewing
- Relapse Prevention
- Seeking Safety

New Directions Northwest, Inc.-Blue Mtn Addictions

2100 Main Street

Baker City

Program Contact: Bart Murray, CEO

Phone: (541) 523-3126

12-step Facilitation

ASAM

CBT - Cognitive Behavioral Therapy

Individual Drug Counseling

Matrix Model

Motivational Interviewing

Seeking Safety

New Directions Northwest, Inc.-Elkhorn Adolescent Treatment Center

2100 Main Street

Baker City

Program Contact: Bart Murray, CEO

Phone: (541) 523-3126

12-step Facilitation

ASAM

CBT - Cognitive Behavioral Therapy

Individual Drug Counseling

Matrix Model

Motivational Interviewing

Seeking Safety

New Directions Northwest, Inc.-Powder River

2100 Main Street

Baker City

Program Contact: Bart Murray, CEO

Phone: (541) 523-3126

12-step Facilitation

ASAM

CBT - Cognitive Behavioral Therapy

Individual Drug Counseling

Matrix Model

Motivational Enhancement Therapy (MET)

Motivational Interviewing

Relapse Prevention

Seeking Safety

New Directions Northwest, Inc.-Recovery Village

2100 Main Street

Baker City

Program Contact: Bart Murray, CEO

Phone: (541) 523-3126

12-step Facilitation

ASAM

CBT - Cognitive Behavioral Therapy

Co-Occurring Disorders: Integrated Dual Diagnosis Disorders

Individual Drug Counseling

Motivational Enhancement Therapy (MET)

Motivational Interviewing

Relapse Prevention

Seeking Safety

Supported Housing