

ATAB 9: Mental Health, Crisis Lines and Child Welfare Office Contacts

County	Mental Health Organization	General Access Number	Crisis Number	DHS Child Welfare
Baker	New Directions Northwest Inc.	541-523-7400	541-519-7126	541-523-6423
Malheur	Lifeways	541-889-9167	541-889-9167	541-889-9194
Morrow	Community Counseling Solutions	541-676-9161	911	541-481-9482
Umatilla	Community Counseling Solutions	541-922-6226 Hermiston 541-276-6207 Pendleton	866-343-4473	541-567-2253 Hermiston 541-276-9220 Pendleton
Union	Center for Human Development	541-962-8800	541-962-8800 Ext. 6	541-963-8571
Wallowa	Wallowa Valley Center for Wellness	541-426-4524	541-398-1175	541-426-4558

Parenting Support, Early Childhood and Family Services

211info

Parenting support, early childhood, and family services
 CALL: **211** or **1-866-698-6155** and listen for the “parenting” option
 TEXT: “children” or “ninos” to **898211**
 EMAIL: children@211info.org
 WEBSITE: <https://www.211info.org/family/>

Oregon Family to Family Health Information Center

Children and youth with special health needs
 CALL: **855-323-6744** (English) **503-931-8930** (Español)
 EMAIL: contact@oregonfamilytofamily.org
 WEBSITE: <https://www.ohsu.edu/oregon-family-to-family-health-information-center>

Oregon and National Crisis Lines

988 Suicide & Crisis Lifeline

Available 24/7: suicide prevention and crisis resources
 CALL/TEXT: **988** (English & Español)
 CHAT: https://988lifeline.org/chat/#specialized_services (available to all, but especially useful for persons who are deaf or hard of hearing)

YouthLine

Available 24/7: teen-to-teen crisis and help line
 Teens respond 4-10pm Monday-Friday
 CALL: **877-968-8491**
 TEXT: “teen2teen” to **839863**

The Trevor Project

Available 24/7: crisis intervention and suicide prevention for LGBTQ young people under 25
 CALL: 1-866-488-7386
 TEXT: “**START**” to **678678**

Veterans Crisis Line

Available 24/7: suicide prevention and crisis resources
 CALL/TEXT: **988** (English & Español)
 CHAT: https://988lifeline.org/chat/#specialized_services (available to all, but especially useful for persons who are deaf or hard of hearing)

